

# Perry County Senior Center

## Activities

**There is always something fun to do at our Centers.  
Join us early every morning for coffee and sweets, stay for  
conversation or bingo, and then enjoy our buffet at 11:15 am.**

- Every Tuesday and Wednesday-** Stronger Seniors Workout Program, a  
chairside exercise that is safe and easy to follow. 10 am
- 1st Tuesday every month - Serenity Hospice Bingo at 10:30 am**
- 1st Thursday every month - Ramona's Bingo at 10:30 am**
- 2nd Monday every month - Crown Hospice Bingo at 10:30 am**
- 2nd Tuesday every month - BJ Bingo at 10:30**
- 3rd Tuesday every month - Bank of Missouri Birthday Dinner.** The  
Bank of Missouri provides cake and ice cream for dessert, and makes the  
meal donation for anyone with a birthday that month.
- 3<sup>rd</sup> Tuesday every month - Perry County Health Department Blood  
Pressure Clinic at 10:30**
- 3<sup>rd</sup> Thursday every month - Barnwell Bingo - Join Vi and friends for a  
great time where everyone wins! Refreshments served. 12:15 pm**
- 3<sup>rd</sup> Thursday every month - Apple Project will be here to help with  
any kind of paperwork. Balance checkbook, Medicare or Social  
Security questions, and Insurance problems. Let them help you. All  
services at no charge!**
- 4<sup>th</sup> Wednesday every month - Crown Hospice Manicures with  
Shannon at noon!!**
- 4<sup>th</sup> Friday every month – Better Hearing Bingo at 10:30 am**

**Watch our menu for other special events like:**

- Mitch and Friends Music** - Join us for lively music and dancing, along  
with special refreshments. 9:30 am – lunch
- Holiday Parties** with games and special treats - 10:30 am
- Dinner Music and Sing-a-longs** with the Gillettes - 9:30 am