

Vitamin	Benefit	Deficiency Status	Natural Source of food	R.D.A.	Vitamex™ Content
Vitamin A	Improvement in eye sight, Immune system, Skin texture, Antioxidant. Helps in for growth	Night Blindness, develop disease Skin, Eye and R.T.I., diffective teeth	Yellow fruits, dark green leafy vegetable, Egg, yolk, milk	5000 I.U. per day	3000 I.U./5 ml
Vitamin D	Prevent Rickets,increases absorption of calcium, strong bones, good body growth, Improves insulin level, Immune system	Disease, like Rickets, Tooth decay, Osteoporosis.	Green leafy vegetable, milk, fish.	400 I.U. per day	400 I.U./5 ml
Vitamin B1	Improves Nervous system, development of brain, formation of Red blood cell, muscle development, antioxidant	Loss of appetite, weakness, tiredness, mental depression, heart problem, paralysis, Beri beri	Meat, pork, whole grain, cereals, wheat germ.	3.0 mg per day	2.5 mg./5 ml
Vitamin B2	Formation of red blood cell, antibody production, Formation of proteins, Improvement in skin, hair, texture	Itching and burning of eyes, cracks, sores in mouth, dermatitis, migraine, headache, Anemia.	Wheat germ, whole grain, almonds, rice, mushroom, soyabean, eggs, milk, yogurt, sprouts, cereals.	3.0 mg per day	2.5 mg./5 ml
Vitamin C	Antioxidant, reduces wear and tear of body, healthy gums and teeth, reduces risk of cancer, protects against diseases. Anti-stress	Soft and bleeding gums, scurvy, Swollen and painful joints, tooth decay, slow healing of wounds.	Lemon fruits, orange, mango, plum, litchi, guava, strawberry, tamarind. Black current.	40 mg per day	50 mg/5 ml

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Nicotinamide Vitamin B3	Improves blood circulation, lowers cholesterol, development of brain, improves nervous system, protect against pollution, healthy skin.	Gastrointestinal disturbance, nervousness, headache, fatigue, depression, loss of appetite, bad breath, irritability.	Grain, meat, eggs, nuts.	50 mg per day	25 mg./5 ml
Vitamin B6	Strong nervous system, development of brain, formation of Red blood cell, Improve Immune system.	Nervousness, Insomnia, loss of muscle control, Anemia, dermatitis, loss of hair.	Cereals, beans, meat, poultry, fish.	1.3 mg per day	1 mg./5 ml
Vitamin B12	Blood formulation, increased energy levels, immunity booster, improves memory, increases concentration	Chronic fatigue, constipation, depression, drowsiness, dizziness, ringing in the ears, binge eating	Fish, shellfish, meat, liver, poultry, eggs, milk & milk products.	2.60 mcg per day	3 mcg./5 ml
D-Pantothenate Vitamin B5	Anti-stress vitamin, improves hemoglobin, regenerate cartilage, improves joints, builds antibodies, help in menopausal discomforts.	Painful & burning feet, skin abnormalities, retarded growth, dizzy spells, muscle cramps.	Grains, fruits, meat, nuts, milk & milk products	4.0 mg per day	5mg./5 ml

VitamexTM

Multivitamin Syrup



- We thank the **Ministries** and Administration of Women and Child Department, Tribal Department, Social Justice Departments for giving us the opportunity to supply **Vitamex**
- **Vitamex** is manufactured at a WHO-GMP certified facility
- All key vitamin ingredients are sourced from **DSM** which makes the quality of the product exceptional.
- All other vendors of excipient's and packing materials are among the topmost in their category. Ensuring they meet all guidelines of WHO-GMP standards.
- The pleasant taste of the product is palatable to the kids & the Pregnant mothers.
- Specially designed dispensing cup is provided with each bottle.
- Reputed transporters ensure that goods are delivered to the remotest destinations.
- Women & Child department through it's network of Anganwadi-sevikas, distribute the product & educate the beneficiaries on the Dose & frequency for consumption of **Vitamex**.
- There are about 91000 Anganwadi's located in urban & rural areas with about 451 CDPO's to monitor them.
- We have received many letters of appreciation from Anganwadi-Sevikas about the product efficacy.
- The results are very encouraging & we wish to be a part in the endeavor to eliminate the malnutrition menace.

We are proud to be associated with the **DSM** team for their superior quality of vitamins & social commitment true to their belief that adequate nutrition should be a human right for everybody, not only for those who can afford it.