

3-D DANCE @ ROBIN'S NEST

Leaps & Beats

Learning Targets

Technique Learning Targets

Technique Learning Targets: Spatial awareness: dancing on your spot, travelling all around the room, travelling in a circle, travelling in a line. Correctly identifying body parts. Working from 1st position. Demi Plie, Tendu, hop, skip, and balancing on one foot. Working from 1st position. Identifying right foot/left foot. Isolations: head, shoulders, ribs, hips. Understanding simple Rhythms: single beat, double and triple rhythms. Weight shifting side to side and front to back. (in preparation for ball change and balance').

Performance Learning Targets

Memorizing movement sequences, understanding stage directions and parts of the stage, understanding the performance process, defining success by intangible benefits, understanding the value in hard work and preparation for a purpose. Learning to work with peers toward a common goal. Learning to accept constructive correction and recovering from mistakes.

Class Goals

1. Have Fun
2. Make Friends
3. Do My Best

