




Del Norte Senior Center
 1765 Northcrest Drive
 Crescent City, CA 95531
 707-464-3069

Curb Side
 Lunch Served Daily
 Monday Thru Friday
 11:30a.m. TO 12:30p.m.



September 2021

SUN	MON	TUE	WED	THU	FRI	SAT
<p>Senior Information 464-3069 ext. 207</p>			1 Teriyaki Chicken, Green Beans W/Water Chestnuts & Mushrooms, Brown Rice and Sunny Fruit Salad	2 Italian Lasagna, Peas & Carrots, Romaine Salad w/Tomatoes & Peppers, Garlic Bread and Oranges	3 Gourmet Swiss Steak, Mashed Potatoes, Carrots, Spinach Salad, WW Bread & Pudding	4 
5	6 Labor Day Site Closed	7 Easy Egg Casserole, Oven Browned Potatoes, Spinach Salad, Harvest Muffin and Yogurt Cup	8 Roast Turkey w/Gravy, Mashed Potatoes, Dressing, Cranberry Sauce, Broccoli and Fruit Salad	9 Meat Loaf W/Gravy, Mashed Potatoes, Peas & Carrots, W/W Bread & Watermelon	10 Chinese Chicken Salad, W/ W Roll and Mandarin Oranges	11
12 	13 Spaghetti W/Meat Sauce, Green Beans, Romaine Salad, Garlic Bread	14 Spinach Enchilada, Spinach, Tangy Coleslaw Black Beans, Brown Rice and Fresh Fruit	15 ½ Tuna Salad w/Lettuce & Tomato on W/W Bread, Minestrone Soup and Fresh Orange	16 Chili Con Carne, Romaine Salad w/Peppers & Tomatoes, Fresh Orange & Yogurt Cup	17 Roast Pork, Sweet potato Apple Bake Peas, Tangy Coleslaw, W/W Bread & Apple	18 
19 Menu is Subject To Change Without Notice	20 Baked Diced Chicken, Mashed Potatoes & Gravy, Mixed Vegetables & W/W Roll	21 Spinach Lasagna, Green Beans, Garlic Bread & Jello	22 Orange Chicken, Rice, Oriental Vegetables & Cantaloupe	23 Beef Stew, Romaine Salad, Cornbread & Spicy Peach salad	24 Happy Birthday! BBQ Hamburgers, Macaroni Salad, Corn Salad, Watermelon & Cookies	25
26	27 Salisbury Steak W/Gravy, Mashed Potatoes, Spinach, Coleslaw W/Pineapple and W/W Bread	28 Ziti with Four Cheese, California Vegetables, Tossed Salad & Garlic Bread	29 Chef Salad, W/W Roll & Banana	30 Stir Fry Chicken with Vegetables, Rice, Sesame Ginger Cucumbers & Pineapple		HICAP AT DNSC 707-444-3000