



2149 E. Baseline Rd, Tempe, AZ 85283
PH (480) 345-0034 F (480)345-4033

MEHUL SHAH M.D. F.A.C.C., RAJIV ASHAR M.D. F.A.C.C., DHAVAL SHAH, M.D.

EXERCISE CARDIOLITE STRESS TEST

Patient Name: _____

You are scheduled for the following test on: _____ Check in time: _____

*****ALL TESTING IS DONE AT OUR TEMPE LOCATION*****

2149 E Baseline Rd Ste 103 Tempe, AZ 85283 480-345-0034

PREPARATIONS FOR YOUR TEST:

- Please eat a light, low fat meal 2 hours prior to test.
- Please increase your water intake 2 days prior to test.
- Allow 4 hours for testing
- Do not wear metal of any kind across the chest the day of testing.
- Please wear closed toed shoes and comfortable clothing for exercise

Please stop the following medications 24 hours prior:

- Cardizem
- Diltiazem
- Verapamil

Please stop the following medications 48 hours prior:

- Atenolol
- Betapace
- Bystolic
- Carvedilol
- Inderal
- Labetalol
- Metoprolol
- Nadolol
- Propranolol
- Sotalolol
- Tenormin

Any medications not listed can be taken as normal the day of your test.

****Please provide 24 hours notice to cancel or reschedule this test. There will be a \$100 charge for last minute cancellations or no-shows. This fee also applies if you cannot complete the test due to not following the above instructions.****

Your appointment for results is scheduled on _____ at _____
I acknowledge that I have received and understand these instructions.

Print Name

Signature

Date