



PRACTICE SCHEDULE 2022/2023

Monday

Varsity: 6:45-8:00 am and 4-5:30 pm

JV: 3:45-5:00 pm

Tuesday

Varsity: 3:45-5:30 pm

JV: 6:45-8:00 am

Wednesday

Varsity: 6:45-8:00am and 5-6:30 pm

JV: 3:45-5:00 pm

Thursday

Varsity: 5:00-6:30 pm

JV: 3:45-5:00 pm

Friday

Varsity: 5:00-6:30 pm

JV: 3:45-5:00 pm