

FRIENDSHIP “CHEKS”
Helping Others Develop Healthy Friendships
John Vawter and Jim Wetherbe

Choose—make a decision

Jesus was full of grace and truth, John 1:14

Jesus’ parable of the sower

“Walk with the wise & become wise; a companion of fools suffers harm.” Prov. 13:20

“Let us consider how we may spur one another to love and good deeds.” Hebrews 10:34

Humility and honesty—no competition

“I am gentle and humble in heart....” Matthew 11:29

Talents and differences...accept one another

Jesus “did not come to be served but to serve....” Matthew 20:28

Encourage—be positive people

“90% of helping is just showing up.” Dr. Jim Kok

“More help is given by friends than by pastors or counselors” Dr. Gary Collins

“Let your conversations always be full of grace, seasoned with salt, so that you may know how to answer everyone.” Colossians 4:6

Kindness—make others better

”...kindness, goodness.... Galatians 5:22-23

No triangulation (speaking about someone when they are not present)

“Let someone else praise you and not your own mouth....” Proverbs 27:2

Passion, pride and prejudice

Support—always be willing to help

“One who has unreliable friends soon comes to ruin, but there is a friend that sticks closer than a brother.” Proverbs 18:24

Personal Application

Let’s remember society’s mores and practices

Let’s be honest with who we are, how we were reared and its effects

Let’s be honest with how the men in our care were reared

What does a new follower of Christ know & what is their behavior and scar tissue?

Let’s ask God for wisdom as we minister to people