



Fall 2018 Intermediate Couples Ballroom Dance Lessons

If at least ten couples register by email before August 31, TBDC will sponsor a series of Intermediate Couples Lessons on **Tuesdays**, Sept 4th through Nov 20th, 7:30pm-8:30pm in the **Community Room** at the **McAbee Center** (3801 Loop Road; Tuscaloosa, 35404).

This lessons series will cover six ballroom dances:

Triple-Step Swing, Waltz, Foxtrot, Cha Cha, Rumba, and a dance to be determined by the students.

These 12 weekly lessons are designed for those who have completed TBDC's Introductory Ballroom Dance Classes (or the equivalent) and are comfortable with the basic steps. This intermediate course will be taught by professional dance instructor, **Victoria DaCosta-McKay (Let's Dance Studio, Northport)**.

Victoria will focus on adding additional patterns to dancers' repertoires while offering tips on technique. Dancers **must** have partners for this intermediate course. To facilitate executing the new dance patterns with style, Victoria asks that dancers wear ballroom dance shoes or leather-sole shoes. NO rubber-sole shoes and NO open-back shoes, please!

Cost of this entire course is \$60/dancer (\$120/couple) and for non-members this fee includes complimentary membership in the Tuscaloosa Ballroom Dance Club through May 31, 2019.

Questions? Contact Regina Noland at: regina001@aol.com or 758-4567

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