

**Brookfield Youth Junior Spartan Cheerleading Inc.**  
**Handbook 2018-2019**

**Our Mission**

The mission of this junior athletic program is to provide a physically and emotionally safe cheerleading program where children can learn the sport of cheerleading and gain athletic skills.

**Goals**

The goals of Brookfield Youth Junior Spartan Cheerleading Inc are to offer fourth through eighth grade individuals an athletic sport which develops safe and healthy cheerleading skills for the purpose of cheering at Junior Spartan football games, competing at local competitions and ultimately developing skills. This will provide Jr Spartan cheerleaders the opportunity and option to grow the Brookfield East Cheerleading teams as they reach the high school age.

**Expectations**

Brookfield Youth Junior Spartan Cheerleading Inc expects all athletes, coaches, parents, and other parties involved to be respectful of each other despite the circumstance.

**Attendance**

All athletes are expected to attend all practices, games, and events. If the athlete will need to miss a game or practice someone must either call, email or text the athlete's coach. If the athlete is going to miss a competition someone must notify their coach and the competition coordinator. We would like to know at least two weeks in advance if the athlete is going to miss a competition.

Athletes are expected to cheer at every football game during the season. They may have one excused absence during the football season. Any athlete missing more than one football game will be taken out of choreography for one competition. For example; if you miss two football games you will be "benched" for one competition, if you miss three football games you will be "benched" for two competitions, etc.

\*\* Please note if the athlete misses practices on a regular basis they may not be put into stunts at games and may be taken out of competitions as to promote safety and dedication\*\*

**Team Formats**

Athletes will be split based on grade level; elementary and middle school. In addition, we will be offering two levels of participation; football spirit squad & competition team. The football spirit squad will cheer at Jr Spartan Football games during September and October. The competitions teams will perform at local competitions mid November through early February. The purpose of the football spirit squad is to give everyone an opportunity to learn cheerleading and perform at games. The purpose of the competition

team is to give athletes the opportunity to perform at local competitions and experience a more intense and structured practice schedule. Athletes who want to be on the competition teams are expected to participate on the spirit squads.

### **Costs**

The program fees for the football spirit squad are \$175 for all ages. The program fees for the competition team are an additional \$200. Uniforms are an additional cost for both formats. In past years they have cost around \$125. There may be used uniforms available at a discounted price. Payment in full must be made before the athlete's uniform will be ordered. Uniforms ordered late will have a late fee added for covering shipping costs from the manufacturer. Additionally, athletes will need to purchase cheerleading shoes.

Athletes who have a past due balance will be asked to sit out and may not participate in practices or performances until their balance is paid.

### **Communication**

The key to success of any organization is its ability to communicate with all members all of the time, not just when there is an emergency. Our primary method of communication is email. Please ensure we have all current information to enable us to communicate with the athlete and their family. If a parent wishes to speak to a coach about an athlete on a practice day please do so before or after the practice as to not take away from valuable instruction time. Please see below for ways to contact us.

Team Email:  
jrspartancheerleading@gmail.com

Team Website:  
www.jrspartancheer.com

Team mailing address:     BYJSC  
                                  PO Box 705  
                                  Brookfield WI 53008-0705

### **Skills progression**

All athletes will learn the cheer language and 'build-up' their skills and show proper execution before advancing to the next skills. This will be done for safety precautions and to minimize any inherent risks.

## **Practices**

### **Schedule**

Practices for the football spirit squads will begin in mid July and the season will conclude at the end of October. Competition team practices will continue through early February.

Summer practice days – 2 times per week for all ages

-Mondays and Wednesdays 6-8pm at BEHS beginning 7/23/2018

School year practice days - At PPMS

– 1.75 hours 2X per week for 6-8<sup>th</sup> grade

-Mondays 6-7:45 pm

-Wednesdays 6:45-8:30pm

– 1.5 hours 1X per week for 4-5<sup>th</sup> grade

-Wednesdays 5:30-7pm

~Game schedule will be on website as soon as we get it from Jr Spartan Football. Parents are responsible for getting their athletes to all games, there are no buses provided.

~ Tentative competition schedule attached. Parents are responsible for getting their athletes to the competition, there are no buses provided.

### **Dress Code**

All athletes are expected to wear athletic clothing (t-shirt, shorts/pants and cheer shoes). Athletes need to come with their hair up and jewelry off for safety purposes.

### **Food/Drink**

As per instruction of the PPMS school, neither food nor drink should be brought to practice and is not permitted on the mats, the only exception is water. Gum is not permitted for safety purposes.

### **Phone Use**

All cell phones should be silenced and not used during the entire practice time. This includes games: we expect to see the athletes paying attention to the game. Exceptions are injury emergencies or if a parent needs to be reached for some other reason.

### **Injury**

If during a practice or performance an athlete is injured, we will follow the procedure outlined below

1. The head coach or supervisor at the time will address the situation.
2. Any treatment that can be done by the coach or supervisor will be done.
3. Parent will be called immediately by supervisor.