

# GET OVER YOURSELF!

## Overcoming the Selfie Culture

- 8/7 *Self Esteem and the Culture of Me*  
8/14 *Materialism and the Culture of Mine*  
8/21 *Entitlement and the Culture of Owed*  
8/28 *Spiritualism and the Culture of a Religion Smorgasbord*

### Intro:

- *People will be Lovers of the Themselves (2 Tim 3:1-5)*
- *Narcissism is more than just loving how you look, but rather it is more where you have an inflated or grandiose sense of self and that yourself is at the center of all things, and everybody else should recognize that.*
- *Humanity has always had narcissist, but what is new is that we live in a culture that embraces this way of thinking and encourages it as the normal behavior.*

### I. How Did We Get Here?

- *Not New*
  - *Narcissus and Greek Mythology*
  - *Adam and Eve and the desire to be "like God"*
- *We live in a time of peace and prosperity*
- *Self esteem movement which stated that low self-esteem was at the root of all bad behavior, including narcissism.*
  - *Not true because self esteem is new concept primarily exclusive to individualistic western societies*
  - *Not true because data doesn't support*
  - *Not true because Jesus tells us differently*
- *Self Esteem is important, but it became the excuse to make everything about yourself so you can feel better about yourself.*

### II. How Do We Overcome the Narcissism in us

- *Remember It's Not About You (Phil 2:3-4)*
- *Remember It is About Him (Mark 12:28-30)*
- *Remember It is About Others (Mark 12:31-34)*

### III. Living with a Humble View of Self in a Narcissistic World (Adapted from Max Lucado "Traveling Light")

- *Assess yourself honestly.*
  - *Made in God's Image*
  - *Broken By Sin*
  - *Redeemed by the Blood*
  - *Work in Progress*
- *Don't take success or yourself too seriously*
- *Celebrate the significance of others*
- *Don't demand your own parking place*
- *Never announce your success before it occurs*
- *Speak humbly (Prov 27:2)*
- *Live at the foot of the cross (Gal 6:14)*

*"Contemporary, psychologically oriented felt-needs preaching, has fed this narcissistic attitude toward Christian discipleship rather than confronting it. The result is a misshapen understanding of Jesus where he is viewed as an itinerant therapist or a cosmic Christian version of Dear Abby."*

*- Unknown*

*"Half the harm that is done in this world is due to people who want to feel important. They don't mean to do harm, but the harm does not interest them ... or they do not see it, or they justify it ... because they are absorbed in the endless struggle to think well of themselves."*

*-T.S. Eliot*

*"The narcissism of the world can be suppressed and even transformed, but it must first be confronted in us as we, who are saved by grace, say no to the world's deceitful call of self-worship and yes to Christ's liberating call of self-denial. This is a liberation that will allow us to make much of Christ, who did much to save us"*

*-Erwin Lutzer*

*"The desire to have a profound self-confidence without any selfdevelopment is becoming obvious in our culture. Self-esteem becomes a new form of entitlement. We have a right to feel good about ourselves."*

*- Terry Cooper (Psychologist) Sin, Pride & Self-Acceptance.*