

# THE MAINSTREAM



## POOL Rule Reminders

Please remember the wading pool is for children five and under and children MUST have a parent or guardian inside the fenced area supervising them. A lifeguard is not on duty in this area.

Children in the main pool with any type of swim aid (arm floaties, life vest, etc.) must be within arm's reach of their parent/guardian. Please keep your children safe.

Members, if you have guests at the pool, please make sure they are aware of our rules. Any rule violations will be affiliated with your membership.

## Hiddenbrook Homes Association

[www.hiddenbrookhomes.org](http://www.hiddenbrookhomes.org)

1508A Sadlers Wells Drive  
Herndon, VA 20170

Property Manager:

Lisa Cornaire

[hiddenbrook\\_homes@hotmail.com](mailto:hiddenbrook_homes@hotmail.com)

Office Hours

Tues. & Thurs. 2-5pm  
or by appointment

(703) 318-7159 - office

(703) 437-9737 - fax

(703) 437-9736 - pool

Mailing address:

PO Box 582, Herndon, VA 20172

## Claim Your Items

We are a little more than a month into pool season and the **lost and found** area is piling up.

Please check the area and claim any items that belong to you or your family.

## So Here's the Scoop.....

Last summer one of our S&T members brought an issue to the attention of our property manager and the management of NV Pools relating to our policy of adult swim breaks. In 1968 Congress enacted the Federal Fair Housing Act. The Act makes it unlawful for housing providers to discriminate against people based upon various protected categories. Age is one of these protected categories. The U.S. Department of Housing and Urban Development ("HUD") administers and enforces violations of the Act. Periodically, HUD will issue rules and guidelines explaining who is protected under the Act and how the Act is violated.

When this was brought to the attention of the Board, we asked our attorney to review the current pool rules and advise appropriate direction for our Swim & Tennis Club operations to ensure our adherence to these regulations. This topic is growing by leaps and bounds and is being included in the dialogue of countless associations throughout the U.S. Once we were made aware of it, we are fiduciarily required to address it within our organization.

What followed was changing some of the language in our rules and, most importantly, changing our swim break policy. Our attorney presented us with three acceptable options at which time we included those options in a survey mailed with the 400 swim & tennis dues notices mailed in February.

There just isn't any easy solution and since this is such a significant change, we felt the decision should be made by the membership instead of the Board alone. Out of 400 surveys mailed, 147 responses (37%) were received in time to set the structure for the 2018 swim season. The majority voted for the 15 minute "Lap Swim Only" for all ages and that was the policy we adopted. The other two options were no breaks at all, or everyone out of the pool for 15 minutes.

We researched how other pools in the area structure their lap swim procedures and selected two traditional types of lap swim patterns for our new rules. We instructed the lifeguards that if members were moving or swimming in a back and forth motion up and down the lanes, that this was acceptable to satisfy the lap swim criteria. The lane lines are up permanently now and members may swim or exercise in the lanes without the lap requirement during the other 45 minutes of each hour.

Even though we have received some positive feedback regarding this change, unfortunately our lifeguards are bearing the brunt of this decision from those who are not as agreeable to the change. They are trying to enforce our pool rules and getting pretty "beat up" in the process. Lashing out at them is not effective as they do not have the answers to the many questions they are being asked or the authority to make any changes or exceptions. Those questions or comments should be directed to the Board either in writing or while attending a Board meeting.

We knew this would be a difficult transition but didn't expect the backlash our guards are experiencing. Some of our guards are young kids, quite a few of them kids of members of this pool, it's their first "job", and some situations have been very intimidating for them. It's hard enough to get competent staff for our pool and this atmosphere doesn't help them want to be here this season or any season in the future. **The Board has the discretion to suspend any member(s) who abuse any of our guards and although that would be a last resort, the point needs to be made that it is an option for any unacceptable conduct.**

Ignoring the advice of our attorney could result in consequences of a much larger proportion. This was not an easy task and we did as much research as we could to discover what other options and best practices other associations have implemented. We gave notice of this impending change as early as February with follow up information in the interim before opening. We appreciate your input, and even though we can't please each and every one of you, we remain dedicated to finding the best systems and suitable compromises to meet the needs of all of our members.

We will re-visit the break policy after the end of this season and before the beginning of the 2019 season.

## Be Vigilant

The board was recently notified of an attempted break in here in the neighborhood. The homeowners asked that the following information be shared. Around 3:10 PM, an individual knocked on our house door. When no one answered, this person attempted to open the lock on the door knob to get in. They were persistent- this lasted about 2-3 minutes. The deadbolt is what ultimately prevented them from getting in. Based on height/size the individual is believed to be male, around 6 ft tall. Individual was wearing a light tan/beige jacket or hooded sweatshirt. The hood was pulled up over head and covering most of the face. A police report was filed.

As a reminder to everyone, make sure you always secure your home and vehicle and if you see anything suspicious, it's always best to call the police and let them investigate. If you don't think the matter is an emergency, you should call the non-emergency line which is 703-691-2131.



### 4<sup>th</sup> of July Parade



Join us for the annual 4th of July Kids' Parade in the main parking lot at Dranesville Elementary School starting at 10 a.m. on July 4<sup>th</sup>.

Come dressed up if you'd like and bring your decorated ride-on toys.

Ice pops will be provided.

Parking is available in front of the school and on the street.

We could use some volunteers to help with this event. If you are available, email Joan at [Joanekoss@outlook.com](mailto:Joanekoss@outlook.com)

## Save the Dates!

Mark your calendars! **The Crab Feast is scheduled for August 25<sup>th</sup>.** Watch for details on how to sign up as well as to volunteer. Also, the **Dog Swim will take place on September 9<sup>th</sup>** from 7:00 – 8:00 p.m. Again, watch for further details in the August newsletter.

### Policy Resolution 18-1

In their June meeting the Board passed a new policy resolution regarding late fees for HOA dues. This policy is specific to HOA dues only. It has been posted to the website for anyone who'd like to read it.

## Your Hiddenbrook Hurricanes

### *By the Numbers*

**15,000+:** Kids compete in the Northern Virginia Swim League (NVSL) each summer

**265:** “Personal best” times set by kids on the Hiddenbrook swim team so far this season

**193:** Kids on the Hiddenbrook swim team this season

**141:** Swimmers on the team who are 12 years old or younger

**100:** Number of families who have a child (or children) on the team

**52:** Swimmers in our developmental Waterspouts program (ages 4 to 6)

**42:** The minimum number of parent volunteers required to run a meet each week

**15:** Consecutive wins by the Hurricanes from 2015 through 2017

**7:** Hiddenbrook Club Records broken so far this season (one of which had stood for 28 years!)

**4:** The Division in which we compete this season (out of 17 divisions; our highest placing since 1998)

**3:** Number of consecutive undefeated seasons (2015, 2016, 2017)

### *By the Letters*

The Hurricanes swim in “A” meets and “B” meets.

B meets are held on Monday evenings. No team score is kept and our swimmers have the opportunity to race and measure their individual times against the individual times of other swimmers in their age group. Swimmers can choose to swim races in two of the four competitive strokes: Freestyle, Backstroke, Breaststroke or Butterfly. As dusk falls and the bug spray begins to wear off, the B meet ends with swimmers competing in 100M Individual Medleys (one lap each of Butterfly, Backstroke, Breaststroke and Freestyle – all in one race). The results of the B Meets are eagerly anticipated each week as swimmers discover whether a new personal best time has nudged them higher on the Hurricanes top times list. So far this season, we have watched a 9-10 boy drop a jaw-dropping 20 seconds in his 50m Freestyle and a nail-biter of a race that earned a swimmer a win by a mere one-hundredth of a second.

The A meets do have team scores and are held on Saturday mornings. With only one heat per stroke or relay in each age group, the Hurricanes are limited to about six of the fastest kids per age group. This is where the Hurricanes top times list comes in. The A meet entries will change from week to week as swimmers move up and down the top times list. Additionally, summer commitments like vacation or camp and the occasional unexpected absence create an opportunity for the next swimmer.

During the meets swimmers compete with each other in events divided by age:

- 8 and under
- 9-10 year olds
- 11-12 year olds
- 13-14 year olds
- 15 and up

Sitting at the top of your age group is like being one of the oldest kids in elementary school – it’s a pretty good gig. Starting over at the bottom of the next age group can be humbling; you go from being the biggest and fastest kid in the competition to the smallest, but our swimmers have the chance to connect their hard work with visible progress as they rise to the occasion.

We are fortunate to have a tremendous group of kids who work hard at practice five mornings each week and compete fiercely at two meets each week from mid-June through the end of July.

After three consecutive undefeated seasons, our first A meet for the 2018 season last Saturday versus Virginia Run (Centreville) ended in a narrow loss – Hiddenbrook 207.5 - Virginia Run 212.5. The teams were well matched and the meet was not decided until the last race! Some of the swimmers on the team have no memory of losing a meet but the team (and the parents) showed great sportsmanship, focusing on the dedication and preparation that led to such a close meet.

We have our next home meet this Saturday against Ravensworth (Springfield).

## Go Hurricanes!

### Stop the Rumor....

The Hiddenbrook Board has not discussed, nor entertained, the idea of closing the pool and filling it in. This rumor has been around for years and has re-surfaced once again. Please help us put this rumor to rest. If you have any questions regarding the pool, the tennis courts, the clubhouse or the grounds, please do not hesitate to call the main office number, send an email to the property manager or a board member. **The best way to get factual information is to attend a board meeting.** Everyone is always welcome and encouraged to attend board meetings to learn more about what we are discussing. **There is always a "Homeowner Open Forum" and "Swim and Tennis Club Open Forum" segment on our agenda and you do not have to stay for the entire meeting if you do not wish.** Board meetings are the third Tuesday of every month at 7:30 p.m. in the clubhouse.



## Hiddenbrook Board of Directors

(Meetings are held on the 3<sup>rd</sup> Tuesday of every month at 7:30 p.m. in the clubhouse)

President	Joan Koss	joanekoss@outlook.com
Vice President	Chaz Holland	chazholland2@verizon.net
Secretary	Paige Dyer	paige_dyer@icloud.com
Treasurer	Pam Spencer	pspencer11@cox.net
Director at Large	Kristin Leveto	kl123@cox.net

## Hiddenbrook Committee Chairs

ARC	Jason Wenrich	<a href="mailto:stringcheeseiphish@yahoo.com">stringcheeseiphish@yahoo.com</a>
Clubhouse	Pam Spencer	<a href="mailto:Pspencer11@cox.net">Pspencer11@cox.net</a>
Communications	Kristin Leveto	<a href="mailto:Kileveto@gmail.com">Kileveto@gmail.com</a>
Finance	Craig Graby	<a href="mailto:Craig@graby.net">Craig@graby.net</a>
Neighborhood Watch	VACANT	
Pool	Marcel van Vierssen	<a href="mailto:hbmarcelv@gmail.com">hbmarcelv@gmail.com</a>
Activities	VACANT	
Swim Team	Matt Pickworth	<a href="mailto:hiddenbrookswimteam@gmail.com">hiddenbrookswimteam@gmail.com</a>
Tennis	Charles Roswell	<a href="mailto:Roswells@icloud.com">Roswells@icloud.com</a>

If you are interested in joining any of the Hiddenbrook committees, please fill out the 'Committee Interest Form' from the documents page of the [www.hiddenbrookhomes.org](http://www.hiddenbrookhomes.org) website and send it in to our property manager, Lisa Cornaire at [Hiddenbrook\\_Homes@hotmail.com](mailto:Hiddenbrook_Homes@hotmail.com)

If you are interested in receiving a printed copy of our monthly newsletter, please email your request to [hiddenbrook\\_homes@hotmail.com](mailto:hiddenbrook_homes@hotmail.com).

# CLUBHOUSE CALENDAR

July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Clubhouse Rental 2pm Aerobics Makeup session	2 7 am Swim Swim Meet	3 6:30pm Aerobics	4 7 am Swim	5	6 7 am Swim 6:30pm Aerobics	7
8	9 7 am Swim	10 6:30pm Aerobics Clubhouse Rental	11 7 am Swim	12	13 7 am Swim 6:30pm Aerobics	14
15	16 7 am Swim Swim Meet	17 6:30pm Aerobics 7:30 pm Board Meeting	18 7 am Swim	19	20 7 am Swim 6:30pm Aerobics	21 Swim Meet
22	23 7 am Swim	24 6:30pm Aerobics	25 7 am Swim	26 6pm Swim Team Awards	27 7 am Swim 6:30pm Aerobics	28 5 pm Swim Team Banquet
29	30 7 am Swim Clubhouse Rental	31 6:30pm Aerobics	1	2	3	4

Are you interested in helping the community? We could use a **volunteer to compile this monthly newsletter**. (Any needed training can be provided.) Email Joan Koss at [joanekoss@outlook.com](mailto:joanekoss@outlook.com) for more details.