

Mass Intentions

Saturday	July 20, 2019
5:00 PM	Luis Buendia, Jr.
Sunday	July 21, 2019
8:00 PM	Angie Meza and Family – Healing
9:30 AM	Teresa Barnett – RIP
11:00 AM	Ignacio Torres – RIP
	Krista Gomez – RIP
11:30 AM	James and Grace Campbell – RIP
Monday	July 22, 2019
8:00A.M.	Jesus Adrian Soto – RIP, 9 th Anniversary
Tuesday	July 23, 2019
8:00A.M.	Damian Jesse Dominguez – Happy 2 nd Birthday
Wednesday	July 24, 2019
8:00 A.M.	Colleen Turner – RIP, Birthday Blessing
	Patrick Turner – Birthday Blessing
Thursday	July 25, 2019
8:00 A.M.	Blaze Anthony – RIP
Friday	July 26, 2019
8:00 AM.	Rev. Richard Perozich's Intentions

A Mind At Peace

Saint Augustine famously defined peace as “the tranquility of order.” We all intuit the truth of that statement. We know that if we ourselves are properly ordered — in the various dimensions of our lives, in our union of body and soul, of intellect, will, and passions — then we will be at peace, no matter the difficulties around us. By the same token, we know that if we lack that interior order — if we are at odds with ourselves — then no amount of external order can bring us peace.

But we live in a schizophrenic culture. As much as we might want that peace, we still desire the world's distractions. We love the gifts of the digital age: “Big Data,” connectivity, constant streaming, and so forth — even as we sense a need for quiet, for relief from information and communication overload. We want both the promises of the digital age and the habit of recollection (“mindfulness,” as it is now fashionable to say). It is increasingly clear how difficult it is to have both — to be at once digitalized and recollected.

Our tools have gotten in the way. Of course, all tools get in the way. While you use a hammer, you cannot shake hands. When you saw wood, you cannot write a letter. But what we experience now is different. Our tools — the new, digital technologies — do not just get in our way but get in the way of our selves. The insertion of digital technology into every sphere of life disconnects us not just from this thing or that but from our very selves. To think, reason, see, and touch have all taken on new meaning.

Indeed, our humanity now seems proportioned to technology. The smartphone was initially designed to the human hand — to fit its size, shape, and motion. Now we fit ourselves to our digital devices. Human sight, meant to gaze on God's creation, now looks at everything through a screen. For many people the sense of touch is engaged most of all on a touch pad.

Salvation, on the other hand, is proportioned to our humanity. And the Word became flesh and dwelt among us (John 1:14). God did not demand that we rise to His level. He proportioned Himself to us, so that we mere creatures can receive His grace and truth. The psalmist addresses God as *salutare vultus mei* — “the Savior of my face” (Ps.

42:6, 12; 43:5). That phrase summarizes things neatly. To be human means to have a face — to be capable of relationships, and ultimately of beholding God's glory. Sin robs us of that. It turns us inward, away from others — in effect, without a face. We need to be restored to ourselves — to “save face.”

Today's technology has, in a sense, robbed us of our face, has disconnected us from ourselves. Our very faces have disappeared behind screens. In this regard, too, God is the Savior of my face. When our tools get in our way and we forget what it means to be human, God can restore us to ourselves.

El secreto para un día exitoso.

El arzobispo Fulton Sheen fue conocido durante su vida por sus consejos espirituales prácticos, y le dio a la persona común laica herramientas para el éxito espiritual.

Uno de los principales consejos que destacó en sus diversos escritos y autobiografías fue una práctica diaria que le dio la energía que necesitaba para tener un día exitoso.

Cuando fue ordenado sacerdote, decidió pasar una hora de oración cada día ante el Santísimo Sacramento. Sheen explica en su autobiografía, *A Treasure in Clay*, que se le ocurrió la idea mientras estaba en el seminario, y mantuvo la resolución durante el resto de su vida.

La hora santa. ¿Es difícil? A veces parecía ser difícil; Puede significar tener que renunciar a un compromiso social, o levantarse una hora antes, pero en general nunca ha sido una carga, solo una alegría. Explicó cómo, en ocasiones, se encontraba dormido durante el tiempo de la oración. Sin embargo, creía que un compromiso constante con una hora de oración le daba tiempo para desarrollar una relación personal profunda con Jesús.

Para Sheen, la hora de la oración fue una oportunidad para escuchar atentamente a Dios y calmar la mente de todas las diversas preocupaciones y problemas del mundo. El tiempo le permitió prepararse para el día siguiente y abordarlo con un vigor renovado.

También creía que ayudaba a preservar su vocación, lo que le impedía buscar “pastos más verdes”.

Así que la Hora Santa, aparte de todos sus beneficios espirituales positivos, evitó que mis pies vagaran demasiado lejos. Atado a un tabernáculo, la cuerda de uno para encontrar otros pastos no es tan larga. Esa tenue lámpara de tabernáculo, aunque pálida y débil, tenía cierta luminosidad misteriosa para oscurecer el brillo de las “luces brillantes”. La Hora Santa se convirtió en un tanque de oxígeno para revivir el aliento del Espíritu Santo en medio de la atmósfera fétida y fétida del mundo. Incluso cuando parecía tan poco rentable y carente de intimidad espiritual, todavía tenía la sensación de ser al menos como un perro en la puerta del amo, listo en caso de que me llamara.

Muchos laicos han intentado imitar el consejo de Sheen y han visto la abundancia de frutos espirituales. Algunos pueden permanecer en oración durante una hora completa, mientras que otros son fieles con media hora o incluso 15 minutos.

El punto principal es dedicar una cantidad sustancial de tiempo a la oración cada día y a mantenerla. Cuanto más tiempo podamos pasar en oración silenciosa, más tiempo podremos desarrollar nuestra relación con Jesús.

Aunque no parezca que algo “sucede”, los frutos se harán evidentes más adelante y sus días serán mucho más “exitosos” de una forma que nunca imaginó.

Love your children. In them you can see Baby Jesus. Pray for them a lot and every day put them under Holy Mary's protection. — St. Gianna Molla

Sixteenth Sunday in Ordinary Time

Jonathan Spallone, Dot Roback Stephanie Ponce, Isaac Saltz, Dorothy Blacktooth, Andrew Colquaoun, Marie DiGuglielmo, Aurora Gonzalez, Uriel Escobar, Theresa Allen, Gonzalo Garcia, Sandy Garcia, Marcos Villalobos, Melissa Cobian, Emilio Carrillo, Marilyn Yarger, Mitzi Magante, Elana Reed, Jeanne May, Paul Dinto, Barbara Neral, Deacon Gene Neral, Anna Rodriguez, Jason Colquaoun, Rochella Segismar, Jacob, Sul'a Rico, Jesus Ayala, Magie and Carol Reed, Ed Reed, Frank Guinto, Jim Norris, Joe Carey, Cheryl Bryant, Mary Jo Reed, Beverly Lugo, Aswut Toscano, Virgil Yazzie, John David Admire, Emily Mazzetti, Kathleen and John Admire. **Also, please remember those who have died: Copi Magee, Debbie Maza, Jose Arias, Ascension Gomez, Frank King, Blaze Anthony, George Williams, Sandra Belsky, Francisca Duran, Carol Rodriguez, Mark Lofton, Georgiana Viveros, Joe Huesias and King Freeman.**

Do you know anyone who would like to be listed for prayer? Please Call the Office at 760-742-3317

AROUND THE MISSION - JULY

Baptism – Bella Monroe Betancourt, Mariana Dominquez, Flor Delecesa Martinez, Tyler Rexton Carrillo
Memorial Service – Maria de la Luz Montes, 6:00PM, Friday, July 12, 2019, San Juan Diego Center
Funeral – Doris Magante, Rosary, 7:00pm, July 19, 2019, Alhidrt- Comer Escondido Mortuary; Mass 10:00am, July 20, 2019, La Jolla Tribal Admin Building Gym, Potrero Cemetery, La Jolla
Wedding – Jose Martinez and Cecilia Camacho, Quinceañera – Oneida Garcia

What does the Catechism say about...

What are the precepts of the Church?

They are: 1) to attend Mass on Sundays and other holy days of obligation and to refrain from work and activities which could impede the sanctification of those days; 2) to confess one's sins, receiving the sacrament of Reconciliation at least once each year; 3) to receive the sacrament of the Eucharist at least during the Easter season; 4) to abstain from eating meat and to observe the days of fasting established by the Church; and 5) to help to provide for the material needs of the Church, each according to his own ability.

Why is the Christian moral life indispensable for the proclamation of the Gospel?

Because their lives are conformed to the Lord Jesus. Christians draw others to faith in the true God, build up the Church, inform the world with the spirit of the Gospel, and hasten the coming of the Kingdom of God.

Sister Marie Inez Gonzales, OSF

Sister Marie Inez Gonzales, OSF, passed to her eternal reward on June 19, 2019 in Assisi House in Aston, Pennsylvania. She was a beloved member of the Pala Community, serving in Pala from 1993 to 2002. May the souls of the faithfully departed through the mercy of God, rest in peace.

Be gentle to all, and stern with yourself. — St. Teresa of Avila

July 21, 2019



We are looking for volunteers who have time on their hands and would be willing to come and clean the chapel and the San Juan Diego Center. Ideally, there will be so many generous helping hands that we can have teams, making it easier on everyone. This is a huge expense; one that can be avoided by working together. One of the upsides, time to pray or remain silent. God has given us many gifts, perhaps we can honor Him by cleaning His House. This could be just what you need! Call the office to let Elsa know you are interested. Thanks!

Missionary Visit

This is it! Father Timothy K. Kremen, OSM of the order of Friar Servants of Mary (Servites) USA Province will be here speaking to you about their missionary work in KwaZulu-Natal, Republic of South Africa today. At the present time they serve all over the world in every type of apostolate. The main task of the missionaries today continues to be the proclamation of the Gospel and the establishment of viable Catholic communities. They are also educating young Zulu men who are studying to become Servite Priests; two will be ordained Servite priests this year. These missions are in need of prayers and material help to carry on these ministries. God Bless you for your prayers and financial assistance.

RELIGIOUS ED NEWS

2019 – 2020 CCD Registration Days

Sunday, August 25, 2019 and Sunday, September 8, 2019 for all English grades in the **School Cafeteria** beginning at **9:00am (after the 8:00am Mass)** continuing after the **11:30am Mass**

- Spanish classes **registration will be before and after the 11:00am Mass in the San Juan Diego Center**
- **All registrations must include a copy of their BAPTISMAL CERTIFICATE; most crucial for the RCIA class, 2nd and 3rd grade classes and:**
- Confirmation
Registration Fees: \$30.00 per Family
Book Fees: \$25.00 per Student
- **Classes begin – September 22, 2019. Class times – 9:15am – 10:30am; RCIA times may vary.**
- **Mandatory Parent's Meeting**

September 17, 2019 – **Please report to your child's classroom.**

WELCOME