



MPD S.P.O. Course-of-Fire (9mm Version)

**Note: A GLOCK 17 with 17-round magazines will be used.*

Start with one (1) 17-round magazine in your non-shooting hand after placing the additional 17-round magazine in your “front” magazine pouch and the 16-round magazine in your “rear” pouch. Once directed to do so, draw and load your firearm with the 17-round magazine from your non-shooting hand by pointing the firearm safely downrange and “tapping,” “racking,” then holstering it. (Ensure your firearm is securely “snapped in” as well.) At this point, remove the 17-round magazine from your front pouch with your non-shooting hand; now, **administratively** remove the 16-round magazine from your firearm and place it into the empty front magazine pouch. Complete the setup process by now securely placing the 17-round magazine from your non-shooting hand into your holstered firearm.

Stage 1: Strategic Acquisition Drill (12 Rounds)

Target Position: 7 Yards / 21 Feet

- 3 rounds in 6 seconds, both hands extended...holster;
- 3 rounds in 6 seconds, both hands extended...holster;
- 3 rounds in 6 seconds, both hands extended...holster;
- 3 rounds in 6 seconds, both hands extended...holster.

Stage 2: Mid-Range Acquisition Drill (6 Rounds)

Target Position: 15 Yards / 45 Feet

- 3 rounds in 5 seconds, both hands extended...holster;
- 3 rounds in 5 seconds, both hands extended...**continue**.

At this point, your firearm will be empty. Remove the empty magazine from your firearm and drop it to the floor. Now conduct an **emergency reload** with the 16-round magazine from your front pouch by performing a “tap/rack” technique then safely holster your firearm. (Ensure your firearm is securely snapped in as well.) Complete the setup process by now removing the 16-round magazine from your rear pouch and placing it into your empty front magazine pouch.

Stage 3: Long-Distance Acquisition Drill (6 Rounds)

Target Position: 25 Yards / 75 Feet

- 6 rounds in 15 seconds, both hands extended...holster.

At this point, appropriately setup the barricade for Stage 4. **Complete the setup process by safely drawing your firearm and pointing it safely downrange, holding it with both hands in the “low-ready” position while standing advantageously behind the barricade.**



Stage 4: Strong-Side Barricade Drill (6 Rounds)

Target Position: 7 Yards / 21 Feet

- 2 rounds in 3 seconds while standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE STRONG-SIDE BARRICADE
TRANSITION SAFELY BEHIND THE STRONG-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER
- 2 rounds in 3 seconds while standing, both hands extended...continue;
MUZZLE OF THE FIREARM MUST BE BEYOND THE STRONG-SIDE BARRICADE
TRANSITION SAFELY BEHIND THE STRONG-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER
- 2 rounds in 3 seconds while standing, both hands extended...holster.
MUZZLE OF THE FIREARM MUST BE BEYOND THE STRONG-SIDE BARRICADE
TRANSITION SAFELY BEHIND THE STRONG-SIDE BARRICADE
FINGER MUST BE OFF OF THE TRIGGER

At this point, your securely holstered firearm will have four (4) rounds in it—three (3) in the magazine and one (1) in the chamber. At this point, remove the 16-round magazine from your front pouch with your non-shooting hand; now, administratively remove the 3-round magazine from your firearm and place it into the empty front magazine pouch. Complete the setup process by now securely placing the 16-round magazine from your non-shooting hand into your holstered firearm.

Stage 5: Tactical Body Armor Drill (6 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds to the chest then 1 round to the head, both hands extended...all in 4 seconds...holster;
- 2 rounds to the chest then 1 round to the head, both hands extended...all in 4 seconds...holster.

Complete the setup process by safely drawing your firearm and pointing it safely downrange, holding it with both hands in the “low-ready” position.

Stage 6: Rapid Body Armor Drill (6 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds to the chest then 1 round to the head, both hands extended...all in 3 seconds...continue;
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- 2 rounds to the chest then 1 round to the head, both hands extended...all in 3 seconds...holster.

Complete the setup process by safely drawing your firearm and pointing it safely downrange, holding it with only the strong hand in the “low-ready” position.



Stage 7: Strong Hand Drill (2 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds in 2 seconds, strong hand only...holster.

Complete the setup process by safely drawing your firearm and pointing it safely downrange, holding it with only the weak hand in the “low-ready” position.

Stage 8: Weak Hand Drill (2 Rounds)

Target Position: 3.3 Yards / 10 Feet

- 2 rounds in 3 seconds, weak hand only...holster.

At this point, your securely holstered firearm will have one (1) round in it—zero (0) in the magazine and one (1) in the chamber. At this point, remove the 3-round magazine from your front pouch with your non-shooting hand; now, *administratively* remove the empty magazine from your firearm and drop it to the floor. Complete the setup process by now securely placing the 3-round magazine from your non-shooting hand into your holstered firearm.

Stage 9: Bent Elbow Drill (4 Rounds)

Target Position: 1 Yard / 3 Feet

- 2 rounds in 3 seconds, bent elbow technique...holster;
- 2 rounds in 3 seconds, bent elbow technique...*continue*.

At this point, your firearm will be empty. Remove the magazine from your firearm and drop it to the floor. All three (3) magazines should be on the floor at this time. Safely holster your firearm with its slide locked in the “open” position.

The minimum score is 38 out of 50; this is 76% accuracy. Shooter earns one (1) point for each round within the outlined silhouette. There must also be at least two (2) qualifying head shots.
