

“Can We Trust the Lord?”

Psalm 121

I. Can we really trust God? Can we put ALL our trust in Him?

V1 “I will lift up my eyes to the mountains; From where shall my help come? 2 My help comes from the Lord, Who made heaven and earth.”

A. There many “gods” promising _____.

1. When the pilgrim lifted his eyes to the mountains, he saw an idolatrous shrine of some sort --- to Molech, to Baal, Sun god, Moon god, fertility god.
2. When Christians look up today they see something similar. All of them offering help of some sort:

B. The LORD is the true source of _____ v2.

v2 “My help comes from the Lord, Who made heaven and earth.”

1. His name: The LORD (_____).
2. His credentials: _____.
3. Conclusion: He has the power and the means to bring help to you.

II. Does God Really Care? **V3** In the business of running the universe, will he forget me?

V3 “He will not allow your foot to slip; He who keeps you will not slumber. 4 Behold, He who keeps Israel Will neither slumber nor sleep.”

A. God is _____ about our safety.

1. The Lord is not careless to let something unexpected happen to you.
2. The words “Accident” or “OOPS!” are not in God’s vocabulary.
3. God’s eye never leaves you-- He is never distracted -- is never tired of watching out for his own children.

B. You can trust him to never _____ v4.

1. God writes our name on his hand. -**Isaiah 49:15**

III. What does God's protection really mean?

A. He protects us from _____. **V5** He is a refreshing presence in our life

V5 “The Lord is your keeper; The Lord is your shade on your right hand. 6 The sun will not smite you by day, Nor the moon by night. 7 The Lord will protect you from all evil; He will keep your soul.”

1. The “**shade**”(v5b) is symbolic of that which refreshes, _____, _____, _____.
2. The “**right hand**” is the working hand. That refer to diligent work for which God has called us.
3. God protects disciples from burn-out as we are diligently working in the area of God's calling --**Isaiah 40:30**.

B. God protects us from _____. **v6**

1. The completeness of His protection:

- (a) He protects from evil by **day**, and evils that come by **night**.
- (b) “**smite**” is a very harsh word often referred to a sudden and deadly blow.
- (c) **Psalm 91** give us more complete picture of what is meant:

2. The object of God’s protection is our _____. **V7**

v7 “... He will keep your soul. 8 The Lord will guard your going out and your coming in From this time forth and forever.”

(a) Protected in the totality of our activities - **v8a**.

(b) Protected in the duration of our soul - **v8b**

THINK, PRAY and OBEY:

1. Where is your help coming from?
2. Is anything competing with the LORD’s protection?
3. Have you asked the Lord to save your soul?

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A. There many “gods” promising to help us.

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2. When Christians look up today they see something similar. All of them offering help of some sort:

B. The LORD is the true source of our help v2.

v2 “My help comes from the Lord, Who made heaven and earth.”

1. His name: The LORD (YAHWEH). Yes we can trust Him...
2. His credentials: Creator of Heaven and Earth.
3. Conclusion: He has the power and the means to bring help to you.

II. Does God Really Care? V3 In the business of running the universe, will he forget me?

V3 “He will not allow your foot to slip; He who keeps you will not slumber. 4 Behold, He who keeps Israel Will neither slumber nor sleep.”

A. God is meticulous about our safety.

1. The Lord is not careless to let something unexpected happen to you.
2. The words “Accident” or “OOPS!” are not in God’s vocabulary.
3. God’s eye never leaves you-- He is never distracted -- is never tired of watching out for his own children.

B. You can trust him to never forget you v4.

1. God writes our name on his hand. -*Isaiah 49:15*

III. What does God's protection really mean?

A. **He protects us from burnout. V5** He is a refreshing presence in our life

V5 “The Lord is your keeper; The Lord is your shade on your right hand. 6 The sun will not smite you by day, Nor the moon by night. 7 The Lord will protect you from all evil; He will keep your soul.”

1. The “**shade**”(v5b) is symbolic of that which refreshes, renews, invigorates, restores to full strength.
2. The “**right hand**” is the working hand. That refer to diligent work for which God has called us.
3. God protects disciples from burn-out as we are diligently working in the area of God's calling --*Isaiah 40:30*.

B. God protects us from deadly evils. v6

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 - (a) He protects from evil by **day**, and evils that come by **night**.
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