



## CLIENT INTAKE FORM

Thank you for taking a few minutes to fill out this form. Please provide the following information for our records.  
The information you provide is confidential.

Today's Date \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_/\_\_\_/\_\_\_

Address \_\_\_\_\_  
Street City State Zip

Phone (Home) \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

Which number do you prefer we call and can we leave a message? \_\_\_\_\_  No  Yes

Email (please print clearly) \_\_\_\_\_

Emergency contact name, number & relationship, phone \_\_\_\_\_

Please describe your current living arrangement (Do you live with others?)  
\_\_\_\_\_

Highest Level of Education Completed \_\_\_\_\_ Occupation \_\_\_\_\_

Employer \_\_\_\_\_

Employer's Address \_\_\_\_\_

What is your religious background / involvement \_\_\_\_\_

Have you had previous counseling or psychotherapy before?  No  Yes If yes, Reason \_\_\_\_\_

Dates

Where

Have you had any past psychiatric hospitalizations?  No  Yes (describe and list dates)?  
\_\_\_\_\_  
\_\_\_\_\_

Have you taken any psychiatric medications in the past?  No  Yes List:  
\_\_\_\_\_

Has a family member ever been hospitalized for mental or emotional illness?  No  Yes



If yes, please explain—dates, where, reason: \_\_\_\_\_

**Substance abuse:**

Have you ever been treated for SA or addiction history (food, gambling, alcohol, drugs, sex)?  No  Yes (please explain)

Have you taken any illegible drugs in the past 30 days?  No  Yes Please list \_\_\_\_\_

**Legal History:**

Have you ever been arrested?  No  Yes Do you have any pending legal problems? \_\_\_\_\_

**Medical Information:** Doctor's name and phone \_\_\_\_\_

May we send your doctor a short note, letting him / her know you've come to see us? (we do not release details other than your name, for referral purposes)  No  Yes

Are you on any medications?  No  Yes If so, what and why? \_\_\_\_\_

**Presenting Problem:** What is the reason you are seeking counseling? (frequency & duration of the problem)

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your 2 most important goals for therapy?

1. \_\_\_\_\_

2. \_\_\_\_\_

Common problem/symptom checklist. Please select that apply and indicate: 1 - mild, 2 - moderate, 3 - severe.

- |  |   |   |  |
|--|---|---|--|
| <input type="checkbox"/> Anxiety/Stress    | <input type="checkbox"/> Sexual Abuse           | <input type="checkbox"/> Physical Abuse   | <input type="checkbox"/> Spiritual Issues      |
| <input type="checkbox"/> Grief/loss        | <input type="checkbox"/> Avoidance              | <input type="checkbox"/> Other addictions | <input type="checkbox"/> Post traumatic stress |
| <input type="checkbox"/> Sleep Disturbance | <input type="checkbox"/> Depressed Mood         | <input type="checkbox"/> Impaired Memory  | <input type="checkbox"/> Alcohol/Drug Use      |
| <input type="checkbox"/> Impulsiveness     | <input type="checkbox"/> Paranoia               | <input type="checkbox"/> Irritability     | <input type="checkbox"/> Excessive Worry       |
| <input type="checkbox"/> Agitation         | <input type="checkbox"/> Impaired Concentration | <input type="checkbox"/> Poor Judgement   | <input type="checkbox"/> Racing Thoughts       |
| <input type="checkbox"/> Panic Attacks     | <input type="checkbox"/> Hopelessness           | <input type="checkbox"/> Anger            | <input type="checkbox"/> Communication issues  |
| <input type="checkbox"/> Emotional Abuse   | <input type="checkbox"/> Childhood Sexual Abuse | <input type="checkbox"/> Loneliness       | <input type="checkbox"/> Self-esteem           |
| <input type="checkbox"/> Personal Growth   | <input type="checkbox"/> Mood swings            | <input type="checkbox"/> Fatigue          | <input type="checkbox"/> Risky Behavior        |



**Family Information: Marital Status:**  Single  Married  Separated  Divorced  Widowed

Spouse's Name (if applicable) \_\_\_\_\_ Age \_\_\_\_\_ Occupation \_\_\_\_\_

Number of children? \_\_\_\_\_ list ages and gender: \_\_\_\_\_

How many siblings do you have? \_\_\_\_\_ How would you describe your relationship? \_\_\_\_\_

**Trauma History:** Do you/have you suffered domestic violence?  No  Yes

Do you have a history of sexual, physical, or emotional abuse?  No  Yes If so, which:

\_\_\_\_\_

**Suicide Risk Assessment:**

Have you had suicidal thoughts recently?  Frequently  Sometimes  Rarely  Never

Have you had them in the past 24 hours?  No  Yes

Have you had them in the past?  Frequently  Sometimes  Rarely  Never

Homicidal Thoughts:  No  Yes

Suicide Attempt:  No  Yes If so, when was the last date of occurrence \_\_\_\_\_

Where you every hospitalized for suicidal attempt?  No  Yes If so, when was the last date of occurrence and the name of the hospital \_\_\_\_\_

Current threats of significant loss or harm (illness, divorce, custody, job loss, etc.)?  No  Yes

If yes, describe \_\_\_\_\_

**Who referred you to us?** \_\_\_\_\_

**Is there anything else that you would like us to know?**

\_\_\_\_\_

\_\_\_\_\_

**Verification of Insurance (If Applicable)**

Primary Insurance Holder \_\_\_\_\_ DOB of Primary Holder \_\_\_\_\_

Relationship to Client ( ) Self ( ) Parent/ Guardian SSN of Primary Holder \_\_\_\_\_

Insurance Company \_\_\_\_\_

ID#: \_\_\_\_\_ Group# \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

Please bring this form with you to your first session, it will be reviewed with you during the session.