



DEMOND GEORGE
NVHS BOOSTER CLUB FEATURED ATHLETE OF THE WEEK
BOYS BASKETBALL PROGRAM

The NVHS Athletic Booster Club is proud to present the featured athlete of this week, basketball player DEMOND GEORGE.

Booster Club Reporter: *Share with us how did you come to be a basketball player!*

Demond: When I was about 5 years old, my dad used to take me to the gym and various playgrounds where he played 5 on 5 pick up games and I'd just be over on the side hoops trying to be like him. Although I enjoyed various sports when I was younger, I had the most fun playing basketball with my family so I decided to focus on that.

Booster Club Reporter: *I can see you are very passionate about basketball and very disciplined. Does it ever make you feel pressured to succeed?*

Demond: there were times I got on myself for not playing too well because I knew I could do better. Not to mention many had high expectations for me and I felt like I couldn't live up to them. To overcome these thoughts, I just went to the gym and worked on ball handling and shooting and I began to lift weights to become a better player. I learned to

never sell myself short and always believe in myself no matter what. My coach taught to go out and play the way I'm capable of and just let the game come to me. This helped me a lot.

Booster Club Reporter: *That is a great perspective from the coach! What else have you learned from your coaches during your competitive sports career?*

Demond: I've learned the value of teamwork and also becoming a leader on the basketball court. A lot of guys look up to me for leadership and that's what I try to provide.

Booster Club Reporter: *What is your recipe for keeping up with good grades while practicing sports?*

Demond: Finish as much as you can during school and then do the rest as soon as you get you home because if you put it off you're never going to do it.

Booster Club Reporter: *And what it means for you to be part of a team?*

Demond: I love being part of the team because we always stick together through ups and downs, and we encourage each other on the court. Our different personalities make us who we are and that is why we are so close. And we all have the same vision and that is to win a sectional.

Booster Club Reporter: *Who is your role model? Why?*

Demond: My role model is Chris Paul because he is usually the smallest guy on the court but one of the best and demands respect from his teammates and everyone around him.

Booster Club Reporter: *Tell me three things about yourself that most people don't know.*

Demond: I can ride a unicycle, I'm really competitive when it comes to board games, my favorite song of all time is Sexy Back by Justin Timberlake.