

## **The Truth About Natural Laws: How To Find Joy And Peace**

### **Introduction**

*Image this: Please bear with me for this absurd illustration: Imagine the following: You have tickets to the football game in town this weekend – four tickets, in fact, as you are taking your spouse and two children. Everyone is excited to be going to the stadium and seeing the hometown team play. The game is supposed to kick-off at 1:00 p.m. local time, but in recent years, these scheduled times for kick-off have become more ‘suggested times’ than set in stone, because the league made the decision not to start the games until the fans arrived. Therefore, the game cannot start until the stadium is at least three-quarters full. You notice, at one o’clock, that the stadium is less than one-half full, as the fans have gotten used to the idea that the game is going to be starting late. So, what is the hurry? More fans arrive and eventually a few of the players start to make their way to the field for warm-ups. You follow football pretty closely, so you are not surprised to see that although the playing field is still one hundred yards long, marked off in one-yard increments, with numbers painted on the ground every ten yards, there are no side-line boundaries; the league having made the decision the players could decide for themselves how far to the left or to the right they could go in their attempts to score.*

*About an hour and a half after the suggested start time, you notice the coaches making their way to the center of the field for the coin toss, which determines that the home team will get the ball first. The teams line up for the kick-off. The home team has nine players on the field while the visiting team has sixteen present. You explain to your wife and children that, because of the ‘suggested’ start times, it has become common for many of the players to arrive late for the game and, not to worry, for you are sure the rest will be on the field shortly.*

*Regarding the visiting team, there has also been a league ruling changing the number of players required to be on the field – each team is free to play as many players as they desire. In fact, the decision was made that there would no longer be any rules controlling the football game, so, there is no need to have referees. The goal of each team remains to win the game, but each team is left to decide how best to accomplish the goal.*

**(The preceding ‘fantasy’ football game appeared in the first book, “The Truth About Money: How To Find Joy And Peace.” The following is a continuation.)**

*The game was close, but after five hours and forty-five minutes, the players started leaving the field, citing other commitments and the game was finally called when there were not enough players left on the field. The home team won the game, which was, in itself, not surprising, since it seems the home team usually wins. By definition, the visiting team needs to get back home and so they are usually more anxious to get the game ended and start their long trip to their homes. This is especially true given that, as of late, the airlines have dispensed with scheduled flights or even reserved seats. The travelers are expected to just show up and take the next available flight, which sometimes, can take quite a while.*

*With the game ended you and your family head for the exit. You find your car and start the long trip home. Although you live less than ten miles from the stadium, the journey could take several hours. Since all the laws were rescinded some years ago there seemed no need for police officers (nor firefighters or EMTs), so they were all let go. As a result, you have to make it home the best way you can and it is slow going, with one car at a time getting through each intersection. However, the kids seemed to enjoy the game and were excitedly talking about the day until they finally wore out and nodded off.*

*As you waited in traffic, your thoughts turned nostalgic as you thought about the old days when there were rules and you could count on life being more orderly - less chaotic. Oh well, maybe there would be a national awakening and a return to 'the good old days', but you aren't holding your breath.*

Get the idea of my fantasy (or is nightmare a better term?). No rules? Sounds ridiculous, doesn't it. Not just ridiculous, but absolutely, positively absurd. This could not happen. It is unbelievable.

As ridiculous as our imaginary football game experience sounds, doesn't it ever seem to you like in some of the more important areas of our lives we pretend there are no rules?

In our society – in our culture, we have rules for almost every activity in our lives, with more rules being put into place seemingly every day. Rules about which side of the road to drive on, who can drive, laws requiring us to wear seatbelts, even laws and regulations about what we can eat and drink. Rules and regulations are in effect which dictate where we live (zoning laws), the manner and materials, we use in building our homes and businesses (building codes), whether or not to buy, sell, or rent property (local ordinances). In addition to laws and regulations, our employers have policies that address on the job standards, behavior and dress. We are a nation of laws and rules. It would be impossible for our society to function without laws and rules to govern our behavior and conduct; and how we treat each other and how we conduct business and our personal affairs.

So then, why is it that in some areas of our personal lives many of us ignore basic rules for living? For the purpose of this book, I am talking about rules for how we behave and interact with other people, rules regarding families, marriage, sex and even our personal finances - these rules are called **Natural Laws** and have existed forever.

It may be that these **Natural Laws** are new to you; that the concept of universal, naturally occurring rules regulating our behavior and conduct has never made it to your radar screen. If that is the case, I ask you to consider the concept of Natural Laws and just see if it makes any sense to you. Most people will be familiar with the concepts we will discuss, although they may not have called them **Natural Laws**. If this whole discussion is unfamiliar to you, please determine to give it serious thought. With an open mind and an attitude of learning, you will be on your way to **Finding Joy and Peace with Natural Laws**.

**The theme of this book is that life is a lot harder than it has to be and certainly a lot harder than it is intended to be because we disregard the rules, the Natural Laws, that tell us how to behave and how to live with Joy and Peace with others and ourselves.**

I thank you for reading and it is my prayer this book will have a positive effect on your life.

All right, let us go to Chapter 1 where we will define **Natural Laws** and talk about them a bit.