

2017 BERGEN COUNTY TRACK AND FIELD CHAMPIONSHIP

Dear Coach,

Enclosed are the entry form and meet information for the indoor county meet, to be held on **Wednesday, February 15th** at the 168th Street Armory.
This entry is due by February 8, 2017.

Thanks,

Meet Directors

MEET INFORMATION

Order of Events

	5:15 P.M.	3200 Meter Run
	5:15 P.M.	55M. Hurd. And 55M Dash (In the infield)
		600M. Dash
		800M. Run-Frosh
(Boys before Girls in all running events)		400M. Dash
		1000M. Run
		800M. Run-Novice
		300M Dash
		1600M Run
		800M. Run
		300M. Dash-Frosh and Novice
		1600M. Relay-Frosh
		1600M. Relay

The field events will start at **5:15 P.M.**

Shot Put – Varsity (Trials and finals), Boys first, then girls

High Jump – Boys, Girls, and Pentathlon (after hurdles/dash)

Pole Vault – opening height to be determined (2016 – Boys-11-0, Girls-9-0)

Long Jump (Boys first, then girls) limit 3 entries per school

Triple Jump (Girls first, then boys) limit 3 entries per school

Pentathlon Rotation – 55M. Hurdles (at the beginning of the meet)

Shot Put

High Jump

Long Jump

1000M.-Boys, 800M – Girls

The all county vote meeting will be held on Wednesday, March 1st at Indian Hills High School, at 4:00 P.M. An athlete or team must have competed in an event two times to be considered for first team.

ENTRY FORM – INDOOR COUNTY MEET

1. Unlimited entries in all events. **Only one Varsity Relay**
2. Entry fee - \$6.00 per athlete, per event, \$25.00 for the relays,
\$15.00 for the pentathlon.
3. Make check payable to B.C.C.A.
4. A check or school voucher should accompany this entry.

School _____ Coach _____ Tele. _____
(Home)
(School)

VARSITY	BOYS	GIRLS
55M. Dash-	_____	_____
55M. Hurdles-	_____	_____
300M. Dash-	_____	_____
400M. Dash-	_____	_____
600M. Dash--	_____	_____
800M. Run-	_____	_____
1000M. Run-	_____	_____
1600M. Run-	_____	_____
3200M. Run-	_____	_____
1600M. Relay-	_____	_____
Shot Put-	_____	_____
High Jump-	_____	_____
Long Jump-	_____	_____
Triple Jump-	_____	_____
Pole Vault-	_____	_____
Pentathlon-	_____	_____
NOVICE		
300M. Run-	_____	_____
800M. Run-	_____	_____
FRESHMAN		
300M. Dash-	_____	_____
800M. Run-	_____	_____
1600M. Relay-	_____	_____

Total entry enclosed _____

Mail to: Tom Zaccone
 143 McIntosh Dr
 Mahwah, NJ 07430

Phone: (201) 529-8217

Fax #: (201) 252-2060

(\$15.00 per athlete)