

CG Klock Isikhathi-unxantathu

New-Age time-management



1 NKULUNKULU isikhathi wadala isilinganiso isiqalo Ukuphela!

Umgcini Guardian Klock (CG Klock) I-esifushane (Ihora)

isikhathi ukuphathwa, uthatha isikhundla sayo yonke nezinye amawashi (Qhathanisa 24h v 21h) :

usuku luba namahora 21> 1 ihora has imizuzu 21> 1 iminithi has imizuzwana 21

> Isekhondi elingu-1 has 21 ° ng> 1 Blink has 21 mikhanyo> 1 flash has 21 ukuchofoza

C-G Klock	D	h	m	s	b	f	c
1 D Day	1						
21 h hour	1	21					
21 m minute	1	21	441				
21 s second	1	21	441	9,261			
21 b blink	1	21	441	9,261	194,481		
21 f flash	1	21	441	9,261	194,481	4,084,101	
21 c click	1	21	441	9,261	194,481	4,084,101	85,766,121

Clock futhi iwashi sebenzisa isibonisi umugqa 3:

14h-12m-16s

207 dy - 4 DW

Y1 - M8 - W2 - D4

Line 1: 14th ihora, amaminithi 12, 16 imizuzwana.

Line 2: 207th usuku nonyaka, 4th usuku lwesonto

Line 3: Unyaka 1 - Inyanga 8 -Week 2 - Usuku 4

noma: Mid-ngesonto leviki 2 Jupiter-inyanga Unyaka 1

Ukwetha, sonto: Usuku Usuku 1

Usuku 2 Usuku 3 Mid-ngesonto Day 5 Week-

ukuphela Fun-Day

1st Usuku 2nd Usuku 3rd Usuku 4th Usuku 5th Usuku 6th Usuku 7th Usuku

ngeSonto * UMsombuluko * ULwesibili * Wednes-

usuku * ULwesine * ULwesihlanu * ngoMgqibelo *

I stop-iwashi futhi azazise nakho ukubonisa ikhombisa ukucwayiza, flash bese uchofoza isikhathi ... I

CG Klock uboniswa ngokuba iwashi, iwashi stop-iwashi. Cela kumklami yakho

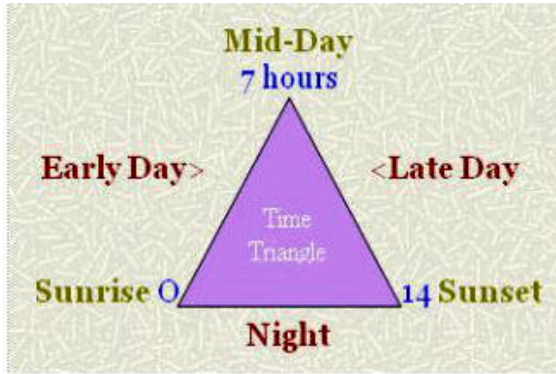
ukuze 1 (21h iwashi, iwashi, isitophuwashi, ..) .

O amahora isethwe minyaka yonke ngemva ebusuku emfushane ngezinye Sunrise. Njalo 73

izinsuku (5x ngonyaka) 0 ihora reset (Emini ukulondoloza) . Daylight- ekulondolozeni kuyadingeka ukuze uvuke eduze kwelanga ngangokunokwenzeka. Ukuvuka ekuseni kungokwemvelo futhi unempilo.



Isikhathi-unxantathu



Usuku kokuqala : 0 amahora **Sunrise**

Usuku Early ivela 0 - amahora 7

amahora 7 **Mid-Day**

Late Day ivela 7 - amahora 14 amahora 14

kuyinto **Sunset**

ebusuku ivela 14 - 21 amahora

ukuqhathanisa 21h CG Klock / 24h iwashi yobuqaba

Isikhathi-Triangle

Usuku luqala ngo- amahora angu-0 **Sunrise >**

Usuku Early ivela 0 - amahora 7 >

amahora 7 **Mid-Day >**

Late Day ivela 7 - 14 amahora >

amahora 14 kuyinto **Sunset >**

ebusuku ivela 14 - 21 amahora.

ebusuku **Ukubekelwa isikhathi** kusuka 14 - 21 amahora.

* **Angu-24 yobuqaba iwashi**

6 amahora

6 - 12 Morning

12 emini

12 - 18 ntambama

18 - 22 kusihlwa

22 - 24 + 1 - 6 ebusuku

ubusuku **Ukubekelwa isikhathi** 22 - 6

Ebusuku-isikhathi somthetho wewashi



Umzimba womuntu sasingaklanyelwe kube ebusuku. Abantu kabi amandla abo brain- ukwakha yokuphila ebusuku. Lokhu yokuphila akuzuzisi impilo enhle.

Ebusuku-Isikhathi obekelwe sona luyadingeka impilo enhle.

A 7 ihora Ebusuku-isikhathi somthetho wewashi kusukela amahora 14-21 (22- 6 amahora, yamahora angu-24 **Pagan- iwashi**) Kuphoqelekile. Ukuze sibe nempilo enhle, nokuncipha amandla THI consump-, nokuncipha ukungcola kanye nokuvikelwa yasendle. Ukuncishiswa ubugebengu, ukunciphisa izindleko zikahulumeni, ekhuthaza ukubuyabuyelela.