

A publication of the San Antonio Association of Building Engineers

January 2010

Mark Your Calendar-

JOIN US FOR OUR JANUARY MEETING!

The next General Membership Meeting of the San Antonio Association of Building Engineers is set for 11:30 am on Wednesday, January 20, at the Embassy Suites Hotel (7750 Briaridge Drive; northeast corner of IH-10 and Loop 410). Due to a previous booking, the January SAABE meeting will be held in the Atrium of the Embassy Suites.

The topic is "Disaster Preparedness—Are You Prepared?" and the sponsor is Blackmon Mooring.

Please RSVP no later than Monday, January 18, at noon.

If you must cancel your attendance, please call Melodie Goff at 408-8135 BY MONDAY, JANUARY 18, AT NOON so we can cancel your meal.

Please make sure to check in at the front desk when you arrive.

RSVPs are REQUIRED, so we can be sure to have enough meals on hand! \$



Engineer Spotlight

by Jeff Turov



Luis Villarreal

Sanchez Investment Properties, LLC 11550 IH 10 West, Suite 290 SA, TX 78230 (210) 694-4024

How long have you been in the building engineer trade?

I have been a building engineer for the past 21 years – nine years at Northwest Atrium and 12 years at Energy Plaza. My entrance into this career was through Wendy's Hamburgers. I started as a cook and then applied for a maintenance position. I have been a member of SAABE for 20 years.

Any awards, recognition, or special training?

I have my EMT license and a total of 84 hours of continuing education from Texas A&M Extension Service on codes and electrical circuitry. I am considering getting my SMT certification in 2010.

· Hobbies/what do you enjoy during off-hours?

I am a drummer and enjoy keeping the beat to country and western and Tejano music. I also have my own DJ service—Sounds of Power—and play at 150 to 200 events a year. I work mostly parties and celebratory events and can be reached at (210) 669-3931.

• What do you contribute your door-prize-winning luck to?

Hard work and clean living. I have taken this luck to heart and buy a lotto ticket after each door prize win but have yet to win the big bucks.

• What is the best door prize you have won?

The fishing trip at the last trade show. I have yet to use it but look forward to doing so in 2010.

Any interesting stories from your years in the business?

A couple of Halloweens ago at least 12 of the tenants in our building dressed up as me. A lot of building maintenance got done that day!! *



A Message from the President

by Charles Mikolajczyk, Jr., CBE-M

Welcome back to square one. January is the time when you stumble from the excitement of the Christmas holidays into the reality that property taxes are due at the end of the month; only to trip once more in that income tax time is right around the corner. For many, it's also time to get your annual preventative maintenance performed and peak and tweak your equipment. What a way to start off...right in the middle of it all!

Much like your budget, more times than not, an unforeseen event will occur early in the year. You may have budgeted for the expense in May, but it occurs in January. Even though the invoice will probably be received in February, a variance report will be warranted, and here you are again—smack in the middle of it all!

This is not the ideal way to start a new year, but it happens. I've come to the conclusion that this must be the way it is, and there is not much you can do about it if you can't predict or control it. Otherwise, we'd all be in Vegas, right?

The first quarter of each year is also the optimum time for equipment replacements before maximum tonnage is needed for the next cooling season—but does cooling season really end here in SA? It's also time to start up the fishing trips...Falcon Lake is kicking for white bass in late January and black bass around late February/early March!

Before you know it, it will be the dreaded April 15 and then all the running to the graduation ceremonies in May. By this time, coast fishing is coming around, and the next thing you know, we're smack into summer and trying to make tonnage on 78 degree Wet Bulb days. The stores will probably have their Christmas items out by this time as well!

By the time we get into September (without much breathing room), 2011 budgets are approaching their deadlines, utility expenses are off the charts (due to another unforeseen event), and you are anxiously awaiting for the temperatures to fall so the expenses will as well.



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The next thing you know, the temperatures drop through the floor in October and then you've fallen into November and are reviewing your budget like a madman for year-end. All this, while you're trying to manage time for deer hunting and tweaking all of the heating equipment for the heating season. Did you notice how heating season and hunting season resemble each other?

By this time, most are probably way behind on Christmas gifts, not to mention scrambling on all the other items at year end. What is one to do—it was just January a few months ago. Welcome back to square one!

Till next time...FISH ON! ❖





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Left to right: Pan American Life, New Orleans; Greenway Plaza, Houston; JP Morgan Chase Tower, Houston; Wells Fargo Plaza, Houston; San Felipe Plaza, Houston; Seagram Building, New York City; The Statue of Liberty, Liberty Island; Wachovia Financial Center, Miami; One Brickell Square, Miami; 1400 Smith Street, Houston; 1100 Louisiana, Houston; Five Post Oak Park, Houston; One Sheel Square, New Orleans

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Vendor Rep Report

by Allen Mangrum

I want to thank all of our members for your support for the last four years that I've been on the board. I have enjoyed meeting and working with both the engineers and vendors.

The next two years don't show any signs of slowing, and I hope we are past the worst in our economy.

In January, I will be asking for volunteers to assist with the 2011 Trade Show. I currently have three people committed to our task, and I look forward to hitting the ground running. There is much to do, and it will be here before you know it. For you vendors out there, start planning your booth and thinking about what you might want to display—it's never too early to plan ahead. In the Spring, we will have a "theme contest" for the trade show, and the winner will get a cash prize!

I will be enacting a new method for reminders about monthly meeting sponsorships which will include a form asking for the name of the speaker, their topic and specific needs (projectors, sound, Wi-Fi, etc.). If there are any questions about the requirements for a sponsorship, or any questions in general, please let me know. My cell phone number is (210) 383-1996, and my email address is allen.r.mangrum@jci.com. I am announcing this now and will

continue to do so throughout the next few months in order to keep you, as vendors, informed about the happenings for 2010.

I look forward to seeing all of you at the January luncheon. Please remember to RSVP, RSVP and RSVP. *

2010 Board Election Results

Congratulations to the following individuals that were elected or reelected at the December annual elections meeting to the SAABE Board of Directors:

- Secretary Curtis Thompson
- Education Director John Leifester
- Vendor Rep Allen Mangrum *



Keith Garrett

Manager of Field Services

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keith@mkgarrett.com www.mkgarrett.com Lic. # TACLA019983C



SAABE January Last Thursday Training Seminar

Save the date for this month's Last Thursday Training Seminar. The topic for this month's seminar is "Restoration and Preservation of the Building Envelope," presented by three individuals from Western Waterproofing. Western Waterproofing is also this month's training seminar sponsor.

Where: to be announced

When: Thursday, January 28, 11:30 am - 1:00 pm (Lunch will be provided by Western Waterproofing.)

Western Waterproofing was founded in 1915 and now serves the entire nation from over 35 offices. They combine the best, time-tested techniques with innovative new technology; are the nation's largest masonry restoration contractor; have extensive experience in historic masonry renovation and preservation; and are specialists in concrete restoration, including parking decks and stadiums. For more information about Western Waterproofing, contact Dan Wicht at (210) 340-2264 or danw@westernwaterproofing.com. Or visit their website at www.westernwaterproofing.com.

The seminar is open to **SAABE Engineers and their assistants only**, and there is no cost to attend. There is a limit of 25 attendees.

If you are coming, please email mgoff@braycommunications.com. Please RSVP by Wednesday, January 27 so we know how many lunches to order. If you RSVP and cannot attend, please call Melodie Goff at (210) 408-8135 so she can move someone off the waiting list. ❖





Education Corner

Keys to Effectively Supervising People

- Sponsored by National Seminars Training
- January 12, Doubletree Airport, S.A.
- Cost: \$249
- For more information, visit www.nationalseminarstraining.com

OSHA Compliance 2010

- Sponsored by Fred Pryor
- January 14, Norris Conference Center, S.A.
- Cost: \$199
- For more information, visit www.pryor.com

Microsoft Excel Basics

- Sponsored by Fred Pryor
- January 21, Embassy Suites Hotel Northwest, S.A.
- Cost: \$79
- For more information, visit www.pryor.com

How to Work with People

- Sponsored by National Seminars Training
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- Cost: \$249
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December Lunch Summary by Curtis Thompson

Good day everyone. I hope all of you got well deserved time off and justice from Santa for being so good this year.

We had such an eventful December. First, the SAABE Christmas party was a blast with tons of food, drinks, and door prizes. Mike Halvorsen ran the pool table on everyone that challenged him, and our PA announcer, Robert Steele, provided a spectacular show of his vocal ability. Great job guys!!

The December luncheon was also great, with the highlight being the SAABE board members that were elected or re-elected to office. Congratulations to Allen Mangrum, John Leifester and myself. I am sure I can speak for these guys when I say that it is an honor to serve on a board that is so professional and cares so much about its members. Thank you for the opportunity to serve you, and please help us make SABBE better for you!

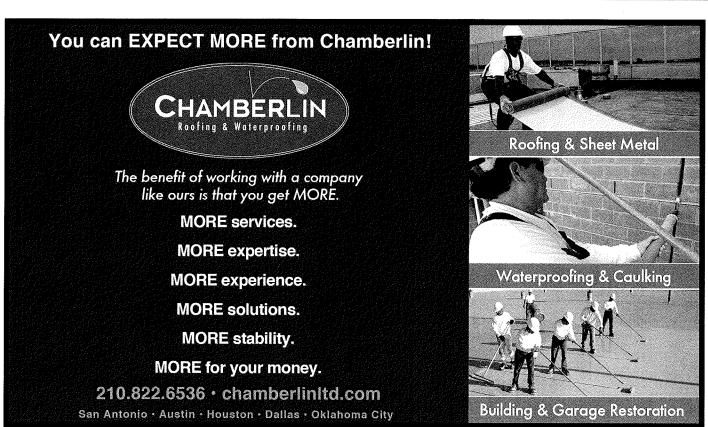
In closing, I hope you all had a very Merry Christmas and a prosperous New Year ahead! ❖



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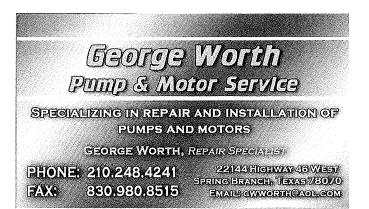


Perfect Attendance 2009

Congratulations to the following individuals that achieved perfect attendance at the SAABE 2009 luncheon meetings:

- Juan Estrada
- Will Fawcett
- Roland Garcia
- Mike Halvorsen
- Robert Hambright
- Jerry Lovell
- · Charles Mikolajczyk
- · Roland Trevino
- Jeff Turov
- Luis Villarreal ❖





Nominations for the 2009 Building Engineer of the Year (BEOTY) Award Coming Soon

The 2009 Building Engineer of the Year process is now underway. Please be thinking of deserving engineers to nominate for this award. Nomination forms will be available on the website soon.





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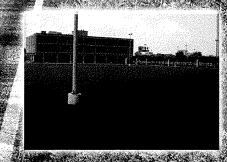
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TIP: Emergency Preparedness Kit

- · Pack a Flashlight with back up batteries
- · Pack a Transistor Radio with back up batteries
- · Pack bottled water
- · Pack Cell Phone

- · Pack personal hygiene supplies
- · Pack a manual can opener
- · Pack a first aid kit

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SAABE and BOMA SA Seminar - "Where Does Your Water Go?"

The January LEED EB O&M seminar is about water conservation and how it affects your SAWS bill. Indoor water (toilets, lavatories, cafeterias), outdoor water (irrigation, xeriscaping, sub-metering) and process water (cooling towers and rain water harvesting) will be covered. There are four credits in Water Efficiency and one prerequisite, which is mandatory.

The seminar will be held at the SAWS Conference Center (281/Mulberry) on Tuesday, January 26 from 12:00 p.m. to 4:00 p.m. Lunch will be at 11:30 a.m. The cost for the seminar and lunch is \$35 (cash or check).

The speaker will be from SAWS, and Robert Hambright, with Cost Containment Engineering, will speak about reducing utility costs. A list of additional presenters will be announced in upcoming faxes and e-mail notices.

A new addition to the High Performance Buildings forum is Will Fawcett with the Joe W. Fly Company.

To RSVP, please contact Tom Lasater at (210) 771-5824. ❖

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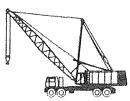
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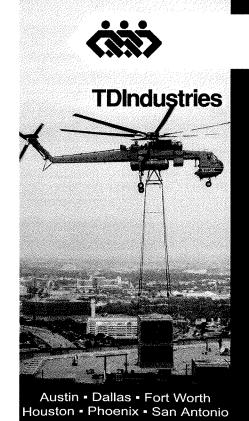
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Some members still receive a hard copy of the SAABE Times, because we do not have an e-mail address on file. If you are receiving a hard copy of the newsletter and would like to receive an electronic version, please provide Laura Bray with your e-mail address. Laura can be reached at (210) 408-1699 or

laurabray@braycommunications.com. .



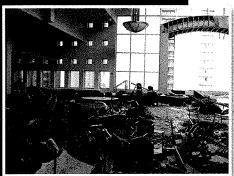
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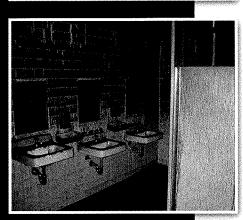
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Welcome New Members!

Welcome to the following new SAABE members! Please make sure to add their information to your 2008 SAABE Membership Directory.

Correction to contact change:	Chad Keeth		
Ben Carroll	Simplex Grinnell		
J.D. Ramming Paving Co LTD	1070 Arion Circle, Suite 102		,
105 Nell Deane	SATX 78216 • (210) 402-6311		
Schertz, TX 78154 • (210) 531-0200	ckeeth@simplexgrinnell.com �		
ben@rammingpaving.com			

Meeting RSVPs

The staff at Embassy Suites has been very accommodating to our growing group over the last few months. Unlike Alamo Café (our previous location), SAABE must call in a meal count on the Monday prior to the meeting. That's why we've been stressing the importance of RSVPs and timely cancellations. We MUST receive your RSVP no later than the Monday prior to the meeting at noon.

If you RSVP and do not attend, you could receive a noshow invoice. If you must cancel your attendance, please call Melodie Goff at 408-8135 by the **Monday prior to the meeting at noon** so we can cancel your meal. Cancellations received after this time could still be invoiced.

While we appreciate your call on Wednesday morning that you cannot attend, you could still be billed for the meal, since Embassy Suites has already prepared it for you.

If you have any questions, please feel free to call Laura Bray (408-1699) or any board member. ❖

Lunch Policy for Vendor Members

A few reminders about SAABE's policies for lunches for vendor members:

- Lunch cost for SAABE vendor (associate) members is \$20. (Guests are \$25.)
- You may bring an additional person from your company to two SAABE meetings as a guest. After that, the additional representative must purchase a SAABE membership to continue to attend. SAABE memberships are by individual, not by company.
- You may substitute an attendee if your primary representative cannot attend.

SAABE values the support and contributions of its vendor members, and we have several vendors who support SAABE with multiple memberships and frequent participation.

Please contact Laura Bray, SAABE Association Manager, if you have any questions about SAABE's policies and procedures. ❖



SAABE PO Box 780785 San Antonio, TX 78278



Charles Mikolajczyk Jr Endeavor Real Estate Group 8000 IH 10 W, Suite 250 San Antonio, TX 78230

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SAABE TIMESJanuary Issue

Final Thought:

"Home computers are being called upon to perform many new functions, including the consumption of homework formerly eaten by the dog." —Doug Larson

2009 Board of Directors

2007 Dould of D	II CCCOX S
Charles Mikolajczyk, Jr., CBE-M President	341-0828
Mike Halvorsen, CBE-M 1st Vice President	669-3929
JR Uresti 2nd Vice Pres./SABOMA Repre	496-7400 esentative
Curtis Thompson Secretary	349-3324
Michael Copp Treasurer	308-9888
Allen Mangrum Vendor Representative	601-4248
John Leifester Education Director	771-7081
Kendal Langenberg Membership Chair	967-8766
Bob Beal Past President	830-868-4749
Laura Bray	408-1699

Association Manager

(laurabray@braycommunications.com)

Next Meeting:

Wednesday, January 20
"Disaster Preparedness—Are You Prepared?"
Sponsored by Blackmon Mooring

Upcoming Program:
Wednesday, February 17
"Filter Technologies"
Sponsored by Joe W. Fly Company

The SAABE Times is edited by Bray Communications.