

FRIDAY SCHEDULE

FRIDAY, AUGUST 5, 2022

7:30-8:45am CONTINENTAL BREAKFAST @ EPWORTH CAFE

**7:15-8:15am F1 - BIRDING & GARDENING with THE KUNZES
LIMIT 20**

Enjoy early morning birding while you stroll through Hans and Leslie Kunze's beautiful gardens. Hans will be your guide for both birding and gardening tips. Hans and Leslie will provide a light continental breakfast for participants. One of our most popular workshops! (Must have own transportation - details given at registration check in.)

**7:30-7:50am F2- DAILY DEVOTION by REV. TOM KRAFT
"STARTING THE DAY WITH GOD"
LIMIT 20**

Start your day with a positive attitude looking at Philippians 4 and Galatians 5.

8:00-9:00am ON SITE REGISTRATION @ EPWORTH HALL

9:00-10:30am SESSION IV

**F3 - AN INTRODUCTION TO WATERCOLORS by MARA ROONEY
LIMIT 15**

In this class you will learn about the tools and basic watercolor techniques you will need to get started in creating beautiful watercolor paintings of your own. No prior experience needed. A family friendly workshop. (make & take)

F4 - CHAPLAIN CHAT: How do we forgive people who have done unforgivable things? by REV. TOM KRAFT

NO LIMIT

People say forgive and forget. It's easy when someone we love has offended us in a small way and asks our forgiveness. But what if a hateful person has done something horrible to us and doesn't want to be forgiven? How do we move on and put the hurt behind us?

F5 - BOAT TOUR OF THE LAKE

LIMIT 10

Enjoy a slow and easy boat ride on Silver Lake. Take in the views from the lake while listening to the legend of the sea serpent and other long and short tales!

F6 - THREE TO SEE COTTAGE TOURS with Sharon Pratt

LIMIT 12

This area was established as Methodist Camp Wesley in 1873. People came for religious revivals, singing and enjoying the lake. Early on, tents could be rented and there were hotels. Food tents were available for meals. People came by horse and carriage or on a train and thousands attended programs and classes. Today we are no longer Methodist affiliated but rather a private, historic community of cottages where we offer summer programs and activities for both residents and the public. Come along as we visit 3 cottages to enjoy cottage designs, restorations and renovations.

**F7 - PRODUCTIVE HONEYBEES AND BEESWAX FOUNDATION
CANDLES by DEB WELCH**

LIMIT 20

How many bees does it take to make a teaspoon of honey? Why do honeys have different flavors? Learn about the ancient medieval drink made with honey – mead—that filled the flasks of the Knights at the feast tables. Find out why

only beeswax candles were used in cathedrals over the centuries, and not oil lamps. The ancient Egyptians knew and revered the honeybee. These important pollinators are critical for our food supply, but they are also the only insects that create a food. Participants will make a beeswax foundation candle to take with them. Come and enjoy this family friendly workshop

F8 - TOURING CUBA by BONNIE & FRANK BRIGHT

LIMIT 40

A 2020 People-to-People trip to the Island of Cuba exposed the speakers to the current education, culture, and politics of the country. If you are curious about the Special Period in Cuba, the Peter Pan Exodus, Salsa Dancing, and other topics, you won't want to miss this presentation.

F9 - THE REAL STORY OF THE MONUMENTS MEN-AND WOMEN by DR. PATRICK MCGRADY

LIMIT 40

Many may recall the 2014 film *The Monuments Men*, directed by George Clooney and starring Clooney together with a host of other Hollywood greats. The movie was fine entertainment, but its two-hour length hardly sufficed for telling the accurate story of how the men and women of the Allies' Monuments, Fine Arts, and Archives section rescued and then protected hundreds of thousands of works of art that were stolen by the Nazis during World War II. This program discusses the almost inconceivable breadth of cultural theft that began to occur immediately following the Nazis ascendancy to power, and presents the true identities of some of those individuals who struggled to locate and return the looted items as the war ended. We will focus in particular on one of the lesser known of the Monuments Men, Kenneth C. Lindsay, who was not portrayed in the film but who nonetheless witnessed acts of courage that helped to ensure a significant portion of Europe's cultural heritage remained with its rightful owners.

F10 - QUILTS NOW & ZEN by KAREN ROLL

LIMIT 30

Experience the art and style of quilts from the 1800's through present day. With some history and humor thrown in, learn about the colors, designs and stories of the quilts and the women who made them.

10:50am-12:20pm SESSION V

F11 - INTRODUCTION TO POTTERY MAKING! by ED GREEN

LIMIT 30

Join in this fun, interactive workshop by Ed Green, owner of Green's Ware Pottery. Ed will begin with a demonstration of the first few stages of making a pot-the throwing and then the trimming. Participants will be offered a chance to get their hands dirty and try throwing. Ed will also be displaying some of his pottery which will be available for purchase.

F12 - MAY DAY! MOTHER NATURE IS CALLING!

by SALLY CUNNINGHAM

LIMIT 40

Beginning with the book *Great Garden Companions* (Rodale Books, 1998), Sally has been teaching about bio-diversity. beginning in home flower and vegetable gardens. But eco-system threats and our understanding have grown, so that educators like Sally have committed to the larger topic of home landscapes and properties. She explains what we can and must do to support and save native insects, birds, soil, trees, and their natural communities— wherever we live. With do-able examples, and a dose of humor and inspiration, she will show you the plants, landscape designs, and management practices that can help rather than harm our stressed planet. As expanded in her new book, *Buffalo-Style Gardens*, Sally will also address the power of gardening to benefit the quality of life and image of towns and cities, as has happened in

Buffalo. Sally's books will be available for signing after the program

F13 - KAYAKING by ASBURY STAFF

LIMIT 10

Have you ever wanted to learn how to kayak? Or maybe you want to take some time to relax on the water. Participants will meet with the Asbury staff for a brief lesson on kayaking and will then glide out onto the lake in an ocean kayak. Ages 10 and up.

F14 - THE BIBLE AND THE SISTINE CHAPEL by DENNIS WIMER

LIMIT 40

This session provides a brief history of the Sistine Chapel and examines selective biblical narratives painted on its walls and ceiling. The primary focus is the attention to how the artists depict these written narratives for the viewers' perceptions.

**F15 - BOB'S BARN CHAT: LIFE IN A TEN CENT WORLD
by BOB MURPHY, SLI HISTORIAN**

LIMIT 8

Join Bob in his toy-filled barn and engage in a chat about when a dime was real money!! Bob will discuss some of his collection of 10-cent toys and artifacts from the 1920s to the 1960s. This is a family friendly presentation. (meeting directions given at registration check in)

**F16 - FUN WITH MOUNTAIN DULCIMERS--FAMILIES WELCOME!
with GENESEE VALLEY MOUNTAIN DULCIMER CLUB**

LIMIT 20

Learn about mountain dulcimers, a.k.a. lap or Appalachian dulcimers that make such sweet music, and try them out for yourself. They are long, narrow instruments with 3 or 4 strings, held on the lap, strummed with one hand and

fretted with the other. The Genesee Valley Mt. Dulcimer Club will show you how, by demonstration and instruction. You will be able to play at least one tune, maybe several, by the end of the class. Loaner instruments provided, and resource materials to take home. All ages invited!

**F17 - ELIZABETH CADY STANTON: RESISTING THE
“EVERLASTING NO” PORTRAYED by DR. MELINDA GRUBE
NO LIMIT**

Elizabeth Cady Stanton (1815-1902), often called the architect of the Women's Rights Movement, had something to say about all the great topics of the day. From dress reform and bicycle-riding to abolition, suffrage, and religious liberty, Stanton was always at the "center of the rebellion". Join a conversation with Elizabeth Cady Stanton, as played by Dr. Melinda Grube, as she reminisces about life as a rebellious daughter, an imaginative and loving mother, a brilliant suffragist leader, and a radical public intellectual.

**F18- HARVESTING A CROP OF COLOR by HOLLY RANKE
LIMIT 20**

Are you aware that the textile and fashion industry is the world's 2nd largest polluter in the world, right behind the oil industry? Did you know that our skin is the largest organ of our bodies? By simply wearing clothing we can unknowingly expose ourselves to unhealthy chemicals. There awaits a bountiful harvest in our gardens and yards ready for the natural dye process! Nature dying is a little science and a lot of surprise! In this class you will see the delightful effects from harvest to finished sample. Class participants will receive literature & reference materials to assist you in beginning your own adventure!

12:20-1:30pm F19 - LUNCH @ KOINONIA OR LAKE FRONT

**12:45-1:30pm F20 - “LUNCH WITH ELIZABETH CADY STANTON
& FREDERICK DOUGLASS”**

NO LIMIT

Grab a boxed lunch and observe a luncheon conversation between Elizabeth Cady Stanton and Frederick Douglass on the stage of Epworth Hall.

2:00-3:30pm

SESSION VI

F21 - LIKE DARK CHOCOLATE, A LITTLE STRESS IS GOOD by BARBARA BRUCE

LIMIT 40

We are no strangers to stress. We have survived over 2 years of stress that we never planned on. There are still some lingering issues that we can deal with using several tried-and-true tactics. Come and discover a variety of ways to deal with stress (and have a bit of dark chocolate).

F22 - FREDERICK DOUGLASS SPEAKS ON WOMAN SUFFRAGE NO LIMIT

Frederick Douglass (Nathan M. Richardson) will give the audience a 30 minute synopsis of his life and accomplishments, followed by a (six minute excerpt) recital of his 1848 speech to the First Women Suffrage Convention in Seneca Falls, NY. Mr. Douglass will conclude the program with an unscripted question and answer period with the audience about his letters, speeches and activism supporting the suffrage movement, the abolition of slavery, Reconstruction after the American Civil War and other topics of interest to the audience.

F23 -THREE TO SEE COTTAGE TOUR with Sharon Pratt

LIMIT 12

This area was established as Methodist Camp Wesley in 1873. People came for religious revivals, singing and enjoying the lake. Early on, tents could be

rented and there were hotels. Food tents were available for meals. People came by horse and carriage or on a train and thousands attended programs and classes. Today we are no longer Methodist affiliated but rather a private historic community of cottages where we offer summer programs and activities for both residents and the public. Come along as we visit 3 cottages to enjoy cottage designs, restorations, and renovations.

F-24 - BOAT TOUR OF THE LAKE with ASBURY STAFF

LIMIT 10

Enjoy a slow and easy boat ride on Silver Lake. Take in the views from the lake while listening to the legend of the sea serpent and other long and short tales!

F25 -TOUR OF “THE ELMS” IN WARSAW with BARBARA AKER

LIMIT 12

Join homeowner Barbara Aker as she gives a tour of her historic home in Warsaw, NY. The home was built in 1884 and was originally owned by the Humphrey family until 2013. The Elms is one of the premier “mansions” of an era long gone. Participants will need to drive and/or carpool from SLI to Warsaw. Directions will be given and participants will be able to follow a guide to her home.

**F26 - EVERYTHING YOU NEED TO KNOW ABOUT HOSTA
GARDENING by MARCIA SULLY**

LIMIT 40

Marcia Sully is an area expert on growing and maintaining hostas in the garden. Her program will offer a PowerPoint presentation with details for growing hostas, keeping pests and critters out of the hosta garden, tricks for growing hostas in pots, as well as overwintering those pots, and many other tips for successful gardening. She will share what the hot new hostas are for the future, as well as her favorite tried and true varieties. Marcia has several

hosta cultivars registered by the American Hosta Society that she has hybridized over the years and will include details about those plants. At the end of the program Marcia will take questions with no question too trivial to ask! You will be amazed at the wealth of hosta knowledge you will gain!

F27 - “FIND YOUR BREAD” ... a guided journey to ensure a meaningful life by KINDNESS COACH CHET FERY

LIMIT 25

A Message from The Breadman:

“Our times call for determining our ‘ingredients’ for living a full and enriched life. My work as an amateur baker, storyteller, coach and motivational speaker has guided me in my search for what really matters in my life. Join our session and begin your own journey. I have baked and given away over 100,000 loaves of bread in what I have called my ‘Free Bread’ project. Flour, yeast, salt and water are essential ingredients for a loaf of bread. Learn what is essential for you living a full life! Expect a bread making lesson, a sharing of stories, reflective moments, personal growth activities and leave with a self-guided plan for living a better life! ‘Find Your Bread’ means creating your own recipe for living a full and enriched life. Look forward to sharing this experience with you!”

F28 - DROP SPINDLE SPINNING by LINDA FRANKE

LIMIT 6

Love the idea of learning to spin your own yarn but not sure you want to invest in a spinning wheel? Try spinning with a drop spindle! This relaxing and economical technique takes up no more space than a large water bottle and you can take it anywhere. No experience required, all materials provided.

**F29 - “COTTAGE CORE” DISCUSSION AND CRAFT
by HOLLY RANKE**

LIMIT 20

Learn some essentials of this heartwarming trend, that celebrates a more simplistic and harmonious lifestyle. Cottage core living embraces the concept of

“going back to the basics” of home centered self sufficiency by creating relaxing surroundings, homemade meals, and timeless, comfortable clothing. Simple pleasures soothe the soul! A ”cottage core” make & take craft kit is provided for each class participant.

4:00-5:00pm

SESSION VII

F30 - OPEN SWIM

Lifeguards will be on duty for SLE participants to cool off with an afternoon swim in the Asbury pool before dinner and the concert.

F31 - PORCH CHAT with MARCIA SULLY OVERLOOKING JULIE HOFFNER’S HOSTA GARDEN

LIMIT 10

Come sit on Julie’s porch and continue the hosta discussion with Marcia Sully while enjoying Julie’s hostas.

F32 - PORCH CHAT with DR. PATRICK MCGRADY

LIMIT 20

What is Art? A conversation about who gets to decide what art is.

**F33 - BOAT HOUSES AND LAKEFRONT GARDENS TOUR
by GLYNNE SCHULTZ, CHUCK DUSEL and TINA TURNER**

LIMIT 10

Join us for a walking tour of the waterfront of the Silver Lake Institute. Visit some old boat houses, new decks, and beautiful gardens. This walking tour will include some stairs and uneven surfaces.

F34 - DRONES ARE SO COOL! DRONE DEMO
by PERRY HIGH SCHOOL STAFF and STUDENTS
LIMIT 40

Perry High School Technology teacher Mark Mancari and students will demonstrate the operation of the drones they use in class and in the community. Mark, who is a licensed drone pilot, teaches real-life applications of drone technology to high school students who utilize their skills to benefit the school and community-at-large. (An example: They are creating a virtual tour of The Autism Nature Trail (**The ANT**) at Letchworth State Park for visitors to view online to help orient them before actually walking the Trail. *SESSION IS WEATHER DEPENDENT.*

F35 - WHAT IS CREATIVITY & DO I WANT TO GET ANY ON ME?
by BARBARA BRUCE
LIMIT 40

This one-hour class will focus on exercises in creative thinking to “prime the pump” and then will include a CREATIVE SCAVENGER HUNT. Enjoy some different/fun ways of thinking to cap this day at the Silver Lake Experience.

5:00-6:30pm DINNER BREAK-ON YOUR OWN

**6:30-7:00pm F36 - ICE CREAM TREATS AT THE ASBURY
 SNACK SHACK AND EPWORTH HALL**

Indulge in a cool, tasty dessert before the concert. Treats will be served both at the Epworth Cafe and at the retro Snack Shack.

7:00-8:30pm F37 - CONCERT @ EPWORTH HALL

ROCHESTER PHILHARMONIC MARIMBA BAND

Described as “one of the Rochester area’s unique and notable treasures” (SUNY Brockport *The Stylus*), the RPO Marimba Band was established in 1979, is comprised of members of the Rochester Philharmonic Orchestra's current Percussion Section, and continues a three-quarter-century of tradition that was established in the 1950's by the Eastman School of Music's “Marimba Masters”. Specializing in music written and arranged for melodic percussion instruments, the RPO Marimba Band performs their own arrangements of Latin, Pop, and Jazz tunes, and utilize a wide array of percussion instruments such as Marimbas, Vibraphone, Glockenspiel, Steel Drum, and Drum Set. Since their formation they have performed in venues throughout Western New York including the Eastman Theatre, WROC-TV, WXXI-FM, Rochester City Hall, Monroe County Office Building, RIT’s Ingle Auditorium, SUNY Brockport, Ontario Beach Park, Perinton Amphitheatre, Camp Good Days & Special Times, Honeoye Lake Gazebo, RPO Concerts in the Park series, and many other outdoor festivals.

8:40-9:15 F38 - LANTERN WALK with LISA SCHISKE

LIMIT 20

“There isn’t enough darkness in the world to snuff out the light of one little candle.” ~ Siddhartha Gautama

As the dark and cold take the place of light and warmth on the outside, we must bring our inner light and warmth to shine forth. To celebrate a lantern walk is to cultivate generosity, kindness, selflessness and a sense of light, power, and love.

Let our Lantern Walk inspire and awaken the light that lives within, and be a reminder to take your light, your gifts and unique talent, these gifts that we all have, and share them with family, friends, and perhaps a stranger or two you meet as you walk along your journey of life.

We promise these moments will be treasures that will last in your heart forever.

LANTERNS WILL BE PROVIDED FOR THE WALK