



## Camp Valor

### Camping at Camp Pendleton

Dates: Friday, June 8<sup>TH</sup> thru Sunday, June 10<sup>TH</sup>

Departure: Friday, June 8 at 7am from CV campus

Return: Sunday, June 10 at 3-4pm at the CV campus

\$50 each for food supplies and camping fees

Report in full uniform for departure

Equipment to bring:

Sleeping bag

Hygiene kit (toothbrush, toothpaste, soap, and beach towel)

Insect repellent

Sun Block

PE gear (black on black w running shoes. We will run on the beach)

Swimming shorts

Flip flop sandals

Tent

Flashlight

Battery operated lantern (optional)

Folding camp chair

Bible

Boogie board (if they have one)

Recommend: snacks – beef jerky, trail mix, nuts.

Not allowed: electronic devices, MP3 players, and video games.

Cell phones are permitted reception is good. All phones will be turned into CV headquarters. They are not allowed in the tents.

Parents are welcome. However, all training events are to be led by CV personnel. CV soldiers are to sleep in the assigned tents with the other CV soldiers. Parents will have their designated tent set-up area.

**Note\* prescribed medication is allowed. Place it in a zip-loc bag with soldiers name on it and please give it to CV headquarters.**