

10TH
SUNDAY
 IN ORDINARY
TIME



Our Lady of the Visitation Catholic Church

305 N. Prince St. Shippensburg, PA 17257-1321

Pastor and Campus Minister—Rev. Ben Dunkelberger—
 frbdunkelberger@hbgdiocese.org

Website-www.olvshippensburg.org You Tube-Shippensburg Catholic

Weekend Masses

Saturday.....5:00 pm
 Sunday.....8:00 am and 11:00 am

Daily Mass

Tuesday, Thursday & Friday8:30 am
 Wednesday.....6:30 pm
 First Saturday of the Month.....9:00 am

Rosary

Tuesday—Friday.....8:00 am

Reconciliation

Saturdays.....3:30 pm – 4:30 pm
 Wednesdays.....5:30 pm - 6:20 pm
 1st Fri. of the Month...7:30 am – 8:20 am
 1st Sat. of the Month...8:00 am – 8:45 am

Adoration of the Most Blessed Sacrament

1st Fri. of the Month...7:30 am – 8:20 am
 Fridays.....9:00 am-- 7:00 pm

Office Hours

Monday-Thursday.....9:00 am—4:00 pm
 Closed Holy Days & Holidays

Church...(717) 532-2912
Campus...(717) 477-1244
Emergency...(717) 323-2679

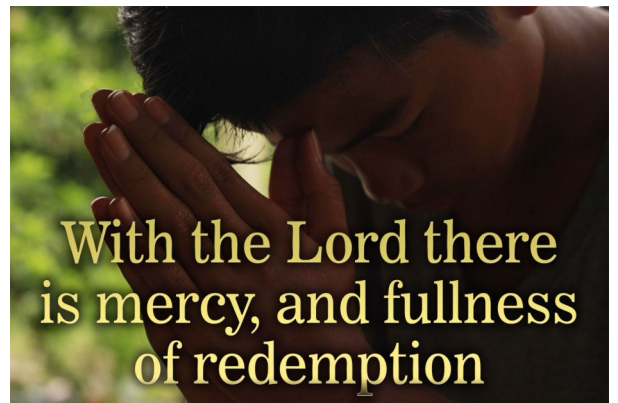


Jesus
 and His
 Family

*“Whoever
 does the
 will of God
 is my brother
 and sister
 and mother.”*

Mark 3:35

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**With the Lord there
 is mercy, and fullness
 of redemption**

PARISH CONTACT INFORMATION

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 johnnie7746@gmail.com..... (508) 868-5640
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 MAdams@hbgdiocese.org

Eucharistic Revival in the Catholic Church:

Weekly Bulletin Articles

The Catholic Church in the United States has been on a 3-year process of Eucharistic Revival, and we are now in the 2nd year and focusing on revival at the parish level (see this website for more, <https://www.eucharisticrevival.org>). In addition to trying our best to celebrate every single Mass reverently, attentively, and prayerfully, one effort we will be making is **to write a small bulletin article every week for a year** in order to help all people understand the Catholic Mass more fully. Not only can this help us understand how each prayer and symbol and movement has deep meaning and symbolism, but all the prayers, symbols, and movements should also lead us into the reality of Christ's love on the Cross and His grace poured out from the Resurrection and how we can encounter Him present to us today throughout the entirety of the Mass! Please consider reading along each week with these bulletin articles to help you better understand the history, meaning, beauty, and reality of what we celebrate every weekend as Catholics. This can help us to have a Eucharistic Revival at our parish, and to know, love, and serve Christ more fully every time we attend the Holy Sacrifice of the Mass here at OLV.



The Fracture – A Reminder of Resurrection & The Unity of the Whole Church

While the Lamb of God is chanted/sung by the people, everyone in the church kneels down and the priest begins to perform a special ritual with the sacred host and the precious blood. The priest takes his time to break or fracture the host in half, and then he breaks off a little piece of the bread that has become Jesus in order to drop that small piece of the host into the chalice. While he does this ritual, he says silently the following prayer:

“May this mingling of the Body and Blood of our Lord Jesus Christ bring eternal life to us who receive it.”

The first and very traditional and beautiful meaning of this ritual is that Jesus was dead, and therefore biologically would have lost the flow of his blood within his physical body (being dead for 3 straight days). Therefore, this ritual is meant to symbolize the reality that Jesus' body is now united again with his blood after his Resurrection. When the small piece of bread (now the host at Mass) unites with the wine (now the precious blood at Mass), we are meant to remember that Jesus now has active and alive blood once again flowing through His Resurrected and newly alive body in Heaven. This one little action signifies the entirety of Jesus' Resurrection for our sake, and His conquering sin and death for us as well, and this is what we can reflect on during this part of the Mass!

In addition, a second traditional and still even more beautiful meaning of this fracture ritual and prayer is to signify and communicate the unity of all churches within a local Diocesan church and the Universal Church of the entire world. This tradition began as the Catholic Church over the ages reflected on how Jesus emphasized the breaking of the bread throughout his teaching and establishing the Sacrament of the Eucharist. In Rome, the Pope would have the main celebrant host broken into a variety of smaller pieces, and many of the smaller pieces were then carefully and reverently processed over to other parish churches in the region around Rome. Those pieces of the consecrated host were then placed in the priest's chalice during the Mass to symbolize his unity and the unity of his parish with Rome and the regional church (the diocesan church) as well as with the Universal Catholic Church around the world. Therefore, for us today, when we see the priest fracturing the host and breaking off a piece of it to mingle with the precious blood of the chalice, we can pray for our Bishop of Harrisburg (right now, Bishop Timothy Senior) as well as to pray for the Pope (right now, Pope Francis) and the entire Catholic Church. We are not simply symbolically remembering this unity. In fact, we quite literally partake in this unity during each and every Mass more fully than we can ever imagine when we are united to Jesus' very body, blood, soul, and divinity through Holy Communion. We are the Body of Christ. We are broken for God and for each other, and we are united as one because Jesus' body was broken and given up for us on the Cross. Through His Resurrection we gain new life, and through his gift of the Holy Spirit and in Holy Communion we are united as One Body of Christ for our sake and for the entire world.





Knights of Columbus & The Ladies Auxiliary



The next Knights meeting will be **Thursday, August 1st at 7:00 pm in the social hall**. For more info on the KOC please contact Travis Detwiler at 717-809-0672 or travisedetwiler@gmail.com

The next Ladies meeting will be **Wednesday, September 4th at 2:00 pm in the social hall**. For more information regarding the Ladies Auxiliary please contact Donna Bonitz at 717-860-4909 or ddbbonitz@gmail.com.

The next potluck will be Sunday June 16th

CHURCH

Potluck

Immediately following the 11am Mass. Please bring a dish to share.

Water, juice & coffee will be provided.



All students in grades 6-12 are invited to our next **Youth Group Meeting on Saturday June 22nd from 6-8pm** in the social hall.

Feel free to invite your friends!!



Run with a Priest! (...or walk or bike!)

Every 1st & 3rd Saturday we will meet outside the social hall around 9:45am. Take a short run (walk or bike) on the Rails to Trails.

The next run will be Sat. June 22nd.



We are excited to announce a recycle program that will be officially starting here at OLV on June 1, 2024. We have 2 recycle bins, one is placed in the social hall and the other bin is placed in the lobby of the church closest to the social hall entrance.

On front of the bins are guidelines as well as copies of the guidelines that you may take with you. Our goal is to collect 1,000lbs in a years time! Please contact Heather Kauffman for more information, 223-220-6913.



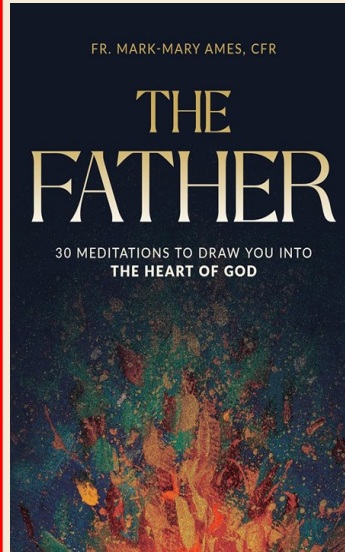
Register Now for Vacation Bible School!!!

There is **NO COST**, but spaces are limited— so don't wait! VBS is for students in pre-k (4 & 5 years old) through 5th grade.

VBS is August 5-9 this year from 6-8pm in the social hall with some outside activities, as weather permits. Registration forms can be found on the bulletin board outside of the Religious Education office. You may email, mail, or slide completed forms under my door! Let me know if you have any questions! Jolene Cramm jcramm@hbgdiocese.org

Book of the Month – May and June 2024

The Father: 30 Meditations to Draw You Into the Heart of God



by Fr. Mark Mary Ames

Saying the Our Father prayer that Jesus taught us from 2,000 years ago when He walked this earth is a fairly normal thing for most Christians. Many of us as Catholic Christians, say the Our Father prayer many times every single day. However, how often do we take some time to reflect on God relating to us in personal way as a true and real father. Fr. Mark Mary Ames is a young Capuchin Franciscan priest in New York City, and he does a remarkable job in his new book, *The Father*, to

bring our belief and Scripture itself into a new light in this way. Fr. Mark Mary uses real stories and examples to easily bring the reader into a new understanding of Scripture and help us to pray through our relationship with God as a Father. These reflections and stories are split up into 30 different chapters or days, and they are only a few pages long, which make this book easily readable and digestible for the average person. If you want to grow in friendship with God, in love of God, and in a relationship with God, then please consider joining our parish in reading this book over the next two months of May and June. As usual, you will need to purchase this book to read it, but please also let me know if you don't have the money to purchase it and would really like to do that this time around. Once again, please consider reading through this book, and also consider joining us either way on **Wednesday, June 26th from 7:30 – 8:30 pm** in the social hall for our book discussion. Thank you all, and God Bless you!

HONOR AND REMEMBER WITH
ALTAR FLOWERS



We are starting a new flower ministry here at OLV. You may sign up for a weekend to have flowers placed at the tabernacle in honor

or in memory of someone. The flowers will cost 40.00 and will be ordered and picked up from Fishers Florist. The sign up sheet is in the lobby of the church. Envelopes are provided near the sign up sheet for payment that you may put in the collection bin or drop off at the office. Please contact Sue German at 717-816-0552 with any questions.

Ladies, Father's Day is Only ONE Week Away



Why not surprise your Dad or the man in your life with a life changing experience; a reservation for the 46th Corpus Christi Men's Retreat, **August 2 - 4** at St. Mary's in Emmitsburg, MD. This will give him a weekend to unwind and re-

fresh his faith life. The campus is beautiful and a perfect place to spend some quiet time with God. Cost for your gift? The deposit (\$60) or the entire cost (\$250). He'll enjoy 2 nights lodging, 6 meals, hear a great inspiring speaker (Fr. David A. Driesch) provide him with tip on how to "**Answer the Call to Follow Jesus**" and you and your family can join him for our closing mass and luncheon. Contact John Thornton (508) 868-5640, johnnie7746@gmail.com for information. You can register him online – <https://cburgcatholic.org/mensretreat>

Louise Bonnie, a long time parishioner of OLV will be turning 100 on July 5th. Please join us in wishing her a Happy 100th Birthday by sending her a card.



Louise Bonnie
6805 New Cut Rd.
Kingsville, Md. 21087



Join Bishop Senior for an enchanting evening of community and celebration at Faith Night with the Harrisburg Senators. Mark your calendars for June

21st at FNB Field, where you can cheer on your favorite hometown team while supporting a noble cause. With every ticket purchased, you're not only securing your spot for an exciting game but also supporting the work of Catholic Charities in the Diocese of Harrisburg. And to top it off, the night will conclude with a spectacular post-game fireworks display — a perfect way to commemorate the 1-year installation of Bishop Senior. Get your tickets today: <https://fevo-enterprise.com/event/Romancatholic>

The Word of God Alive:

Discussing the Readings with your children

As human beings, we ask questions. Some are easy and some are hard. A question that has been pondered for so long is 'Why struggle exists in our world: Why is life hard at times? Why do we suffer?'

When the first humans were created, they lived in a garden where all their needs were taken care of. God said they could eat of the fruit of any of the trees except the Tree of Knowledge. They ate from that tree anyway. Today's first reading from Genesis tells what happened after that first sin.

God asked the first people what happened. Instead of telling the truth, the man blamed the woman, and the woman blamed the serpent.

What are consequences? Consequences are a result of our choices. The consequences of what these people had chosen were that struggles came into the world. God showed the man and the woman how, even after they sinned, even after they turned away from God's will, God still provided for them. In our world today, we know that God provided for us as well. Today's psalm is "With the Lord there is mercy, and the fullness of redemption". What God provides for us most of all is the promise of forgiveness that flows from God's infinite love for us.

Jesus Christ has come and brought us redemption. We know that our struggles will not last forever. There will be a time in the future when all its effects will be completely destroyed and there will be lasting peace. We await this time and recognize how God continues to provide for us out of his merciful love.



Living our Faith:
Take time this week to give thanks to God for always loving you and forgiving you.



The best Catholic content. All in one place.

It's EASY and FREE to register!

1. Visit formed.org/signup
2. Enter our parish zip or name
3. Enter your name and email
4. Enjoy and share with others in our local community!

After you sign up, download the free FORMED app from App Store or Google Play.

Learn more at formed.org

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Shippensburg Community Resource Coalition

Christ Among Neighbors (CAN): CAN has been helping Shippensburg residents with emergency financial needs for over 20 years. Volunteers are needed on Wednesday afternoon or Saturday morning. Visit our website or call us to learn more. Suzanne Hildabrand 717-377-8316; www.christamongneighbors.com.

Hound Packs: We will be collecting soup all summer so that we are ready for the fall. At the end of the school year, we were packing 200 bags of food for children who don't have enough food for the weekend, they try to give 2 cans of soup each week.

They are also looking for someone to deliver the bags to the schools for next year. The bags are delivered on Thursday mornings. In the past there was one person who delivered to all the schools, and it took about an hour. More than one person can deliver to the schools, making the job easier and quicker.

SPO: Shippensburg Produce Outreach is in immediate need of volunteers to help distribute food on Tuesdays from 3:30-6:30. This takes place on South Penn ST., in the building next to the Lutheran Church. It would be nice if you could make it each week, but if you can volunteer a couple times a month, that would be greatly appreciated.

Any questions, contact Bobbi Staver 717-816-5309

Weekly Announcements

Saturday, June 8th — Youth Group All students in grades 6-12 from 6-8pm in the social hall.

Wednesday, June 12th—NO MORNING PRAYER

Thursday, June 13th —Knitting Group- Join us for coffee, snacks, and good conversation in the social hall after morning Mass.

Sunday, June 16th—Parish Potluck Following the 11am Mass (so around noon or 12:15pm). Please bring a dish to share. The parish will supply water, juice & coffee.

*The flowers at the tabernacle
are placed in memory of
Randall Weaver.*



Mass Intentions

Saturday, 5:00pm	June 8 Intentions of John Stern
Sunday, 8:00am 11:00am	June 9 In Memory of the Stewart-Gelas Family People of the Parish
Tuesday, 8:30am	June 11 In Memory of Amy Paulewicz
Wednesday, 6:30pm	June 12 Intentions of Sonya Solder
Thursday, 8:30am	June 13 In Memory of Teresa Kashauer
Friday, 8:30am	June 14 Intentions of Lauren Bonitz Stump
Saturday, 5:00pm	June 15 In Memory of Joseph Sr. & Annabelle Cretella
Sunday, 8:00am 11:00am	June 16 People of the Parish In Memory of Richard Spisak

June 1-2, 2024 (in pew)

Weekend Collection:	\$4,433.25
Building Improvements:	\$340.00
Parish Youth Education:	\$36.00
Social Outreach:	\$55.00
Ascension:	\$10.00
Catholic Communications:	\$10.00
Mission Co-op:	\$30.00
Votives:	\$62.00
TOTAL INCOME:	\$4,976.25



Please visit [olvshippensburg.weshareonline.org](https://www.olvshippensburg.weshareonline.org) for more information regarding online giving.

Are you wondering what God's plan is for your life? Do you need guidance in your discernment? Join us for Quo Vadis Days, a discernment retreat for men ages 15-25. Details and registration can be found at <https://www.hbgdiocese.org/event/quo-vadis-days/>. Questions? Please contact the Office of Vocations at (717) 657-4804, ext. 282 or email vocations@hbgdiocese.org.

Quo Vadis Days

Faith | Fellowship | Discernment

Women's Conference

Save the date and spread the word - the

2024 Women's Conference is October 19th! This year's theme is "Hope and Healing at the Foot of the Cross." We encourage all women to join us as we unite our own experiences of love, loss, suffering, and hope with that of the women who did not abandon Christ at the hour of his Passion. Registration opens soon!