

# Freak Farm Challenge IV

**Host:** farmhouse gym

**Contact:** 914-466-0503

**Date & Time:** 9:00am Saturday, Nov. 2 2019

**Location:** 808 Route 32, Tillson NY

**Weigh-ins:** 8:00am Saturday 11/2

**Entry fee:** \$45 cash, Venmo, Paypal or check made out to "farmhouse gym".

**Snail Mail Address:** PO Box 391, Tillson NY 12486

**Awards:** Top 3 in each Class

- Event Day Parking: Please park across the street at the Wine Rack or at Maseo Landscaping. *Do not block loading docks, doors or stairs.*
- We are NOT a sanctioned show, if you have any questions please contact us directly.
- For updates follow us on FB (Events) or IG.

Weight class	Max Weight Log Press (3 attempts)	Sandbag Toss over bar (3x for time)	Standing Rope pull (60' for time)	Stone to Shoulder (ea shoulder once)	Mystery Event
Novice Women (all weights)		10' Weights tbd	Weights tbd	55	???
LWW ( $\leq 135$ )		10'		85	
MWW (136-182)		10'		110	
HWW (183+)		10'		145	
Novice Men (all weights)		12'		110	
LWM ( $\leq 170$ )		12'		145	
MWM (171-235)		12'		160	
HWM (136+)		12'		180	

# Freak Farm Challenge IV

In consideration of your acceptance of this entry I hereby for myself, my heirs, executors and administrators and my assignees, waive & release all rights and damages I may have against Farmhouse Gym Corporation, Adam Fico, Michelle Fico any and all sponsors of the event, their representatives and assigns, for any and all injuries incurred by me in conjunction with these championships and in traveling to and from the event. And in further consideration of permission being granted to me to participate in the Farmhouse Gym Corporation contest and its related events I hereby grant Farmhouse Gym Corporation and/or any other approved video or entertainment organization and all their agents, successors, licensees and assigns the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name and to exhibit, distribute, transmit, and /or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, video, printing or any other medium now known or hereafter devised including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate Farmhouse Gym Corporation and/or any other approved video or entertainment organization to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned without further consent. I understand that Farmhouse Gym Corporation and/or any other approved video or entertainment organization are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to Farmhouse Gym Corporation and/or any other approved video or entertainment organization hereunder. Therefore I affix my signature below:

Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Weight Class: \_\_\_\_\_ Shirt Size \_\_\_\_\_

Address: \_\_\_\_\_

—

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_\_

Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

# Freak Farm Challenge IV

Contact number \_\_\_\_\_