



CHAPTER 1917



Ocean City, Maryland – WWW.AARP1917.ORG
May 2014

OFFICERS

President

Chris Norris
302-436-1784

Vice President

Sue Harting
410-250-3497

Recording Secretary

Andrea Albrecht
410-250-4533

Treasurer

William Shoop
410-723-6409

DIRECTORS

John Bloecher

Norma Bull

Garry Fox

Sandy Kvech

John Lucas

Jeff McArthur

Bob McCluskey

Alcea Sprung

Emeritus

Ray Jackson
Frank Hoover

COMMITTEE CHAIRS

Membership

Louise Fox

Travel

Sandy Kvech

Sunshine Lady

Anne Cooley

Communications

Garry Fox

Health Fair

Dr. Melvin Friedman

Historian

Garry Fox

The President's Corner ...

Greetings!

I hope you are doing well as we near the midpoint of 2014. I'm writing this as we approach Memorial Day and soon it will be the 4th of July, two days of special meaning; days of remembrance and reflection. For some it is a time to participate in local ceremonies and for others a day to quietly remember and reflect on those who gave their all. Memorial Day is a somber day for many, especially veterans and active duty military, while the 4th of July is our national festive celebration. So, whatever is your take on these holidays; God bless our veterans, God bless our men and women serving our military and GOD BLESS AMERICA!

Some say Spring is here (you could fool me) and summer is before us. It is a chance to make a fresh start following the hard winter months. It is also a time to reflect on our chapter going forward with many activities planned for the months ahead, i.e., speakers, our 40th anniversary celebration in November, the travel group's array of trips, the political forum in October and our always popular Holiday party in December. Except for our Anniversary celebration, all events will be held at the Ocean City Senior Center.

I would be remiss if I did not thank all the volunteers of the OC Chapter family. Without the volunteers we would have a major problem keeping our chapter operating the way it has. You know who you are, so "Thanks for making the Ocean City, Maryland AARP chapter the best it can be".

Your officers and board need your support, participation and advice to keep the chapter relevant and effective as we move forward.

You may contact me at chrisn724@comcast.net

Chris.

CALENDAR OF EVENTS

May 6, 2014 – 7 AM - 12 PM - **Ocean City's 28th Annual Community Health Fair - OC Convention Center.** Health screenings for cholesterol, skin cancer, lung function, carotid, hearing, bone density, etc. See the Flyer later in this newsletter.

May 8, 2014 – 9:30 AM – **Membership Meeting.** Our Speaker will be Mr. Doug Phillips, Director of Marketing and Community Relations, Joshua M. Freeman center, Selbyville, DE. He will present a preview of the Summer 2014 program. (Deposit due for New Orleans/Memphis trip).

May 21, 2014 - **Trip** - Nemour's Mansion and Gardens w/Lunch at Buckley's Tavern, Wilmington, DE. \$65/person. Payment due by April 10th.

June 10-11, 2014 - **Trip** - New York City Sights & Broadway, 1½ days of guided tours, tickets to "Jersey Boys" and two meals. \$369pp/double, \$444pp/single. WAIT LIST ONLY.

June 12, 2014 – 9:30 AM – **Membership Meeting.** Our speaker will be Ms. Shirley J. Lapole, Assistant Education Program Coordinator, NASA, Wallops Island, Va. (Also, \$100 Deposit due for Christmas Potomac trip).

September 18-26, 2014 - **Trip** - Royal Caribbean's Grandeur of the Seas, New England & Eastern Canada Cruise. Departure from Port of Baltimore. Includes cruise, meals, port taxes, fees and shipboard gratuities. Registration for this trip is now **closed** (There is no Wait List). Final Payment due June 12th.

October 23, 2014 - **Day Trip** - Tour of Wallops Island NASA Flight Facility. You've been waiting for this one! Only \$25 pp, due by September 11.

November 13, 2014 – 12 PM-4 PM - **Our 40th Anniversary Gala!** At the *Captain's Table* at the Marriott. Members-\$22 pp. Non-members-\$32 pp. Save the date! You can print and fill out the following flyer, bring it to a Membership Meeting to purchase tickets. See the Flyer later in this newsletter.

November 16-23, 2014 – **Trip** - New Orleans and Memphis, 8 nights and 7 days, tours, meals, and more! \$1299 pp/dbl. Deposit due May 8th. This is a good one!

December 2-3, 2014 – **Trip** - Christmas on the Potomac! Gaylord National Harbor Resort and Holiday Ice Show, guided tour of Mt. Vernon, with Dinner at Mt. Vernon Inn. \$315 pp/dbl, \$440 pp/sngl. Deposit due June 12th.

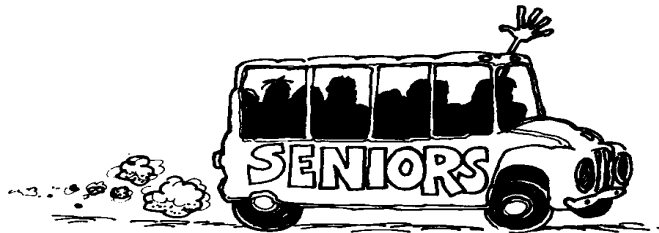


Our Meetings:

Membership Meetings are held at the Senior Center next to the Convention Center in Ocean City on the second Thursday of the month. Coffee & Conversation at 9:30 a.m.; meeting starts at 10 a.m. There are no meetings in July & August. If Worcester County schools are closed due to inclement weather, then there is no meeting.

Board Meetings are at the same location, first Thursday each month at 9:30 a.m.

Travel News!



TRAVEL REMINDERS:

NEW ORLEANS & MEMPHIS, Nov. 16th-23rd, \$1299pp (dbl): **\$300pp deposit due by 5/08**
CRUISE TO NEW ENGLAND & EASTERN CANADA, September 18th-26th: **Final payment due by 6/12**
CHRISTMAS on the POTOMAC, December 2nd-3rd, \$315pp (dbl): **\$100pp deposit due by 6/12**
WALLOPS ISLAND, October 23rd, \$25pp: **Payment due by 9/11**

OTHER TRAVEL REMINDERS:

LUNCH BUNCH at BJ's on the Water, May 8th: **\$14/Person.**

Details are on the website on the *Travel* page.



April 10, 2014 – Our speaker was CPL R. Dale Trotter (Community Policing Division, Worcester County Sheriff's Office) who discussed "Abuse of the Elderly". CPL Trotter presented a lot of startling information, such as the fact that most abuse, physical and otherwise, occurs in the home and is committed by family members. There are many kinds of elder abuse (physical, emotional, sexual, neglect, financial, etc.), and it is estimated that only 1 in 14 cases of elderly abuse is reported. CPL Trotter also explained the importance of having the appropriate documents for directing our affairs when we are no longer able to take care of ourselves. If you suspect abuse is happening, call the police; do not worry about a "false alarm"; the police will know what to do. For more information, go to <http://www.aging.maryland.gov/ElderAbusePrevention.html>.



March 13, 2014 – Our speaker was Mr. Claude Lewis, co-owner of Home Instead Senior Care. Mr. Lewis spoke on "Enhancing the Lives of Aging Adults and Their Families". Mr. Lewis explained the various kinds of home care available, the associated costs, and things one should consider when selecting home care. There was also an excellent handout. The Home Instead Senior Care is a family network of locally owned franchise offices and is currently providing millions of hours of senior services annually through a network of 900 franchise offices throughout the United States, Canada, Ireland, United Kingdom, Portugal, Switzerland, Japan, Taiwan, Australia, New Zealand, Germany, South Korea, Finland, Austria, Northern Italy and Puerto Rico. See www.homeinstead.com.

Ocean City AARP, Chapter 1917
40th Anniversary Gala
Captain's Table Restaurant - 15th Street, Ocean City
Thursday, November 13, 2014
12pm-4pm

Appetizer

Assorted Cheeses and Fresh Fruit with Crackers

First Course

Garden Salad with Ranch or Raspberry Vinaigrette Dressing

Second Course Selections

Panko encrusted Chicken Breast served with a garlic cream sauce

Rib-eye Steak chargrilled to perfection

Broiled Jumbo Lump Crab Cakes served with tartar sauce and lemon

All entrees served with Chef's selection of starch

Lunch served with rolls and butter

Tables set with water and Iced Tea

Cash Bar Available

Dessert Table

Assorted Desserts and Petit Fours

Coffee Station with regular and decaf coffee and hot tea

Members Only & Invited Guests - Coat & Tie Requested

Member Price - \$22/Person

Non-Member Price - \$32/Person

Musical Entertainment Provided By: Phil Perdue, The Pianoman

Name/Selection - Person #1: _____ Ticket #: _____

Entrée: [] Panko Crusted Chicken Breast [] Rib-eye Steak [] Jumbo Lump Crab Cakes

Name/Selection - Person #2: _____ Ticket #: _____

Entrée: [] Panko Crusted Chicken Breast [] Rib-eye Steak [] Jumbo Lump Crab Cakes

Please seat me/us at a table with the following people: _____

Ocean City's 28th Annual

Community HEALTH FAIR

May 6, 2014

7 am to 12 pm

At the Roland E. Powell Convention Center

Sponsored by AGH Healthy Happenings,
Town of Ocean City, and AARP Chapter 1917

Health Screenings:

Complete lipid panel and blood glucose (Requires a
12 hour fast)
Skin cancer
Lung function
Carotid
Hearing
Bone density
Spine
And many more!

Special Guest Speakers:

Dermatologist Curtis Asbury, M.D.
Acupuncturist Mark Stoehr, MAc, LAc

Special Guests:

*Sherman the
Shorebird
Sammy Seagull*

AGH Healthy
HAPPENINGS
● Your Community Connection

28th Annual Community Health Fair
Roland E. Powell Convention Center
41st Street & Coastal Highway
Ocean City, Maryland

Delmarva Blood Bank – Summer Blood Challenge.

The blood bank is once again conducting this event in which organizations compete with each other to win terrific prizes and recognition. Alcea Sprung has already registered our chapter. Please go give blood and tell them you're from AARP Chapter 1917, Ocean City. There are many places you can go to donate for this; for more information call 1-888-8-BLOOD-8, or go to www.delmarvablood.org on the web.



Be Someone's Hero. Give Blood.

[Home](#) [About Us](#) [News & Events](#) [Donate](#) [Locations](#) [Blood Drives](#) [Contact Us](#) [Search](#)

Summer Blood Challenge 2014



You can Give for Life this summer as part of the 12th Annual Summer Blood Challenge!

The Summer Blood Challenge is a fun and easy way for your organization to help the Delmarva community and save local lives! Last year, 241 companies participated and we anticipate a tremendous amount of support from the community again this year.

Step up to meet the challenge this summer by getting your organization involved and helping prevent summer blood shortages.

Registered organizations earn points in the friendly, Delmarva-wide competition by recruiting blood donors and members. [Click here](#) for the Official Rules and Point Structure.

Our dedicated participants will receive recognition in media outlets throughout the summer and at the Hero Awards in September.

Give Blood

It's fast and convenient. Schedule your appointment online today.

[Learn more](#) | [Schedule an appointment](#)

[Summer Blood Challenge 2014](#)

[Promotional Materials](#)

[Participants and Results](#)

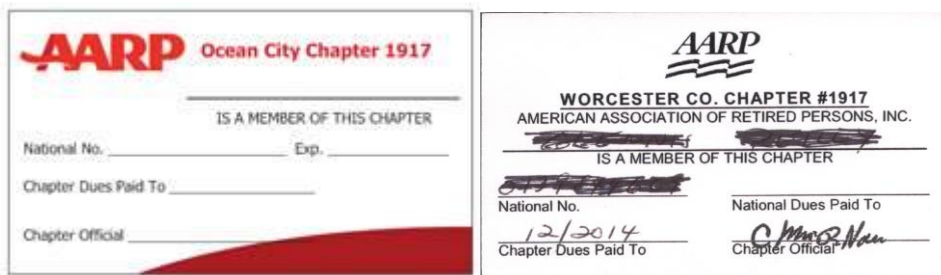
[Newsletters](#)

[Give Blood](#)

Membership Cards ...

There has been some confusion on this matter. To be a member of our chapter, you need to have TWO membership cards. One is the National AARP membership card (they recently issued a new design) and the other is our Chapter Membership card. That means you must pay dues to both organizations, them and us. And you provide the Membership Committee the future expiration date of your National card when you pay your \$7 and get your Chapter 1917 card. Also, your National card is often good for several years; your Chapter card is good for only one year (plus any extra months if you happen to join/renew in the last part of the year). Your chapter card will say "1917" on it; your National card will not say that.

Your Chapter card looks like one of the following:



Your National card looks like one of the following:

