



## ***Spring 2018 Intermediate Couples Ballroom Dance Lessons***

If at least *10 couples* register (email Regina Noland, [regina001@aol.com](mailto:regina001@aol.com) or call 758-4567) by **Thursday, January 4th**, TBDC will sponsor twelve intermediate lessons from **January 9th** through **March 27th** at

*Taylorville United Methodist Church* (640 Bear Creek Road, off 69 S).  
The six dances to be taught include:

***Waltz, Foxtrot, Triple-Step Swing, Rumba, Cha Cha and a sixth dance to be determined.***

These 12 weekly lessons are designed for those who have completed TBDC's Introductory Classes (or the equivalent) and are confident in at 3 basic patterns for each dance listed. These lessons, beginning on January 9, 2018, will be held on **Tuesday nights** from 7:30-8:30pm. This intermediate course will be taught by professional dance instructor, ***Victoria DaCosta-McKay (Let's Dance Studio, Northport)***. Victoria will focus on adding additional patterns to dancers' repertoires while offering tips on technique. She will teach two dances during each four-week period. Dancers **must** have partners for this intermediate course. To facilitate executing the new dance patterns with style, Victoria asks that dancers wear ballroom dance shoes or leather-sole shoes. NO rubber-sole shoes and NO open-back shoes, please!

*Cost of this entire course is \$60/dancer (\$120/couple) and for non-members this fee includes complimentary membership in the*

*Tuscaloosa Ballroom Dance Club through May 31, 2018.*

Questions? Contact Regina Noland at: [regina001@aol.com](mailto:regina001@aol.com) or 758-4567

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