




## Class Schedule (Effective from September 23<sup>rd</sup>, 2014)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12~12:40	<b>Home School</b> Taekwondo Class	Closed	<b>Home School</b> Taekwondo Class	Closed	Open Practice	<b>(10:00 – 11:00 am)</b> <b>Contact Sparring</b> All Belts
5:10~5:50	<b>Court A:</b> <b>Purple/Red</b> Belts  <b>Court C:</b> Little Dragons (Orange Stripe and Above)	4:30 ~ 5:00 PM <b>Private Lesson*</b>  Little Dragons (White/Yellow/ Green Stripes)	<b>Court A:</b> <b>Green/Orange</b> Belts  <b>Court C:</b> Little Dragons (Orange Stripe and Above)	4:30 ~ 5:00 PM <b>Private Lesson*</b>  Little Dragons (White/Yellow/ Green Stripes)	4:30 ~ 5:00 PM <b>Private Lesson*</b>  <b>Yellow/Green</b> <b>Orange/Blue</b> (Nunchuck/Sparring)	<b>(11:10 – 11:50 am)</b> <b>Court A:</b> <b>Green/Orange/Blue/</b> <b>H. Blue</b>  <b>Court C:</b> <b>Brown/Purple/Red</b>
5:50~6:30	<b>Court A:</b> <b>White/Yellow</b>  <b>Court C:</b> Little Dragons (White/Yellow/Green)	<b>Court A:</b> <b>White/Yellow/Green</b>  <b>Court C:</b> Black Belts & Deputy Black <b>Weapon/Self Defense</b>	<b>Court A:</b> <b>Blue/H. Blue</b> Belts  <b>Court C:</b> <b>Brown/Purple/Red</b>	<b>Court A:</b> <b>Blue/H. Blue</b>  <b>Court C:</b> <b>Brown/Purple/Red</b>	<b>Court A:</b> Nunchuck <b>H. Blue/Brown &amp; Above</b>  <b>Court C:</b> Little Dragons <b>Brown/Purple/Red</b>	<b>(12:00 – 12:40 pm)</b> <b>Court A:</b> <b>White/Yellow</b>  <b>Court C:</b> Master Class <b>All Black Belts</b> & <b>Deputy Black</b>
6:30~7:10	<b>All Black Belts</b>	<b>Orange/Blue</b> <b>H. Blue/Brown</b> Belts	<b>Court A:</b> <b>White/Yellow</b>  <b>Court C:</b> Little Dragons (White/Yellow/Green)	<b>Court A:</b> <b>All Black Belts</b> <b>(Spiritual Program)</b>  <b>Court C:</b> <b>Black Belts Testing</b> <b>Preparation</b>	<b>Court A:</b> <b>White &amp; Family Class</b>  <b>Court C:</b> <b>Black Belts Testing</b> <b>Preparation</b>	  <b>Kids Birthday</b> <b>Parties!!</b>
7:10~7:50	<b>Court A:</b> <b>Junior</b> & <b>Deputy Black</b>  <b>Court C:</b> <b>Adult</b>	<b>Adults/Juniors</b> <b>All Belts</b>	<b>Contact Sparring</b>  <b>Court A:</b> <b>Adult/Junior</b>  <b>Court C:</b> <b>Beginner(W/Y/G)</b>	<b>Court A:</b> <b>SELF-DEFENSE</b> <b>FOR WOMEN</b>  <b>Court C:</b> <b>JL Demo Team</b>	<b>Court A:</b> <b>Adults/Juniors</b> <b>All Belts</b>  <b>Court C:</b> <b>MMA</b>	
7:50~8:20	<b>Court A:</b> <b>Kendo Class</b> <b>Court C:</b> <b>Training for</b> <b>Student Leaders</b>		<b>Adult/Junior</b> <b>Private Lesson</b>			

- Parents are encouraged to watch classes. Please respect the class by **remaining quiet** and turning all cell phone ringers to "silent".
- "Private Lesson" is for all students who want to improve their Forms, Self-defense and/or Breaking technics. There is no extra charge.
- If you have any questions, please also visit [www.JLtaekwondo.com](http://www.JLtaekwondo.com) or contact Master Mitch anytime at (919) 467-1234.