**Cabot Mentoring**

Cabot Mentoring is having a great year, and we’d love for YOU to join us! We currently have 10 mentor/mentee pairs, and are aiming to have 15 (or more!) by spring 2019.

Everyone has busy lives, but please consider making time for mentoring. One hour a week is all it takes! No special skills needed; just bring your life experiences, an open mind, and a friendly smile. Mentoring has many benefits. Youth feel supported and cared for by their community. Adults stay connected to the up-and-coming generation. Substance abuse and school dropout rates decrease. Intergenerational friendships make stronger communities!

All Cabot youth age 7-high school senior are eligible to be mentees, whether attending public or private school, homeschooled or unschooled. Mentoring is a great way for motivated youth with particular interests (visual art, science, reading, music, sports, mechanics, farming, technology) to connect with a like-minded community member. It’s also great for youths just looking for an older friend who likes to have fun, and is a good listener.

Cabot Mentoring offers both community-based (year-round, 4-6 hrs/month, outside school hours) and school-based (Sept-June, 4 hrs/month, during school) programs. We are primarily financed through fundraisers, donations and grants. The program was awarded a 2018-19 grant by Mobius Mentoring. Our “Ride The Ridges” fundraiser attracted over 150 bike riders, provided a great day for a lot of people, and really showcased our town’s scenery and hospitality. Our annual Donor Drive will happen later this year, during the Thanksgiving/Christmas season.

Please visit us on the web at [www.cabotmentoring.org](http://www.cabotmentoring.org) or [www.facebook.com/cabotmentoring/](http://www.facebook.com/cabotmentoring/) On our website, you’ll find program info, our current mentors and advisory board members, corporate and community sponsors, profiles of youth seeking mentors, and application forms for both mentors and mentees. We can be reached by email, [cabotmentoring@gmail.com](mailto:cabotmentoring@gmail.com), by phone 563-2289 ext 204, or in person at the Cabot Mentoring office at Cabot School.