



# REFERRAL FORM

WWW.ISLEEPPROGRAM.COM

**Fax # (888) 929-7537**  
Alt. Fax # (212) 234-3012  
**Tel # (888) 929-7533**

147 W.116th St.  
New York, NY  
10026

800 Second Ave.  
9<sup>th</sup> Floor  
New York, NY  
10017

775 E. 87th St.  
Brooklyn, NY  
11236

1200 Waters Place  
Suite 104  
Bronx, NY  
10461

**Patient Information** *\*Please attach clinical notes*

Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Mobile Phone #: \_\_\_\_\_  
Email Address: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
D.O.B. : \_\_\_\_\_ Gender:  Female  Male  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_

**Type of Service Requested**

Sleep Test at the Sleep Lab  
 Nocturnal Polysomnogram (NPSG) 95810  
 Nasal CPAP Titration Study 95811  
 Split Night Study (NPSG/CPAP)  
 Multiple Sleep Latency Test (MSLT) 95805  
 Maintenance of Wakefulness Test (MWT) 95805  
 CPAP Pap Nap Test 95807

Special Instructions \_\_\_\_\_  
 Ambulatory-Home Sleep Test for evaluation of obstructive sleep apnea (OSA)  
 Consultation with a Sleep Specialist  
 Consultation with Pulmonologist

**Co-Morbidities** *\*Please attach clinical notes*

Hypertension  Diabetes  
 Cardiac Arrhythmia  Neuromuscular Weakness  
 Seizures  Cognitive Impairment  
 Leg Movement  Stroke (<6 Months)  
 Congestive Heart Failure  
 COPD (Chronic Lung Disease)  
 Obesity-Hypoventilation Syndrome

**Referred for Evaluation of** (updated with ICD10 codes)

Sleep Apnea G47.33  
 Hypersomnia with Sleep Apnea G47.30  
 Insomnia G47.00  
 Restless Legs (RLS/PLMD) G47.81  
 Narcolepsy G47.419  
 Other \_\_\_\_\_

**Chief Complaints/Clinical Information\***  
*\* (most insurance companies require at least two (2) symptoms)*

Disruptive snoring  
 Disturbed or restless sleep  
 Non-Restorative Sleep  
 Depression  
 Excessive daytime sleepiness  
 Witnessed Apnea Events during sleep  
 Frequent unexpected arousals from sleep  
 Gasping during sleep  
 Choking during sleep  
 Irritability/Moodiness  
 Morning Headaches

**Insurance Information**

Primary Insurance: \_\_\_\_\_ Primary Care Physician: \_\_\_\_\_  
ID/Cert/Policy #: \_\_\_\_\_ Primary Physician Contact #: \_\_\_\_\_

**Referring Physician Information**

Physician: \_\_\_\_\_ Signature: \_\_\_\_\_  
Specialty: \_\_\_\_\_ NPI #: \_\_\_\_\_  
Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_  
Email Address: \_\_\_\_\_ Date: \_\_\_\_\_