

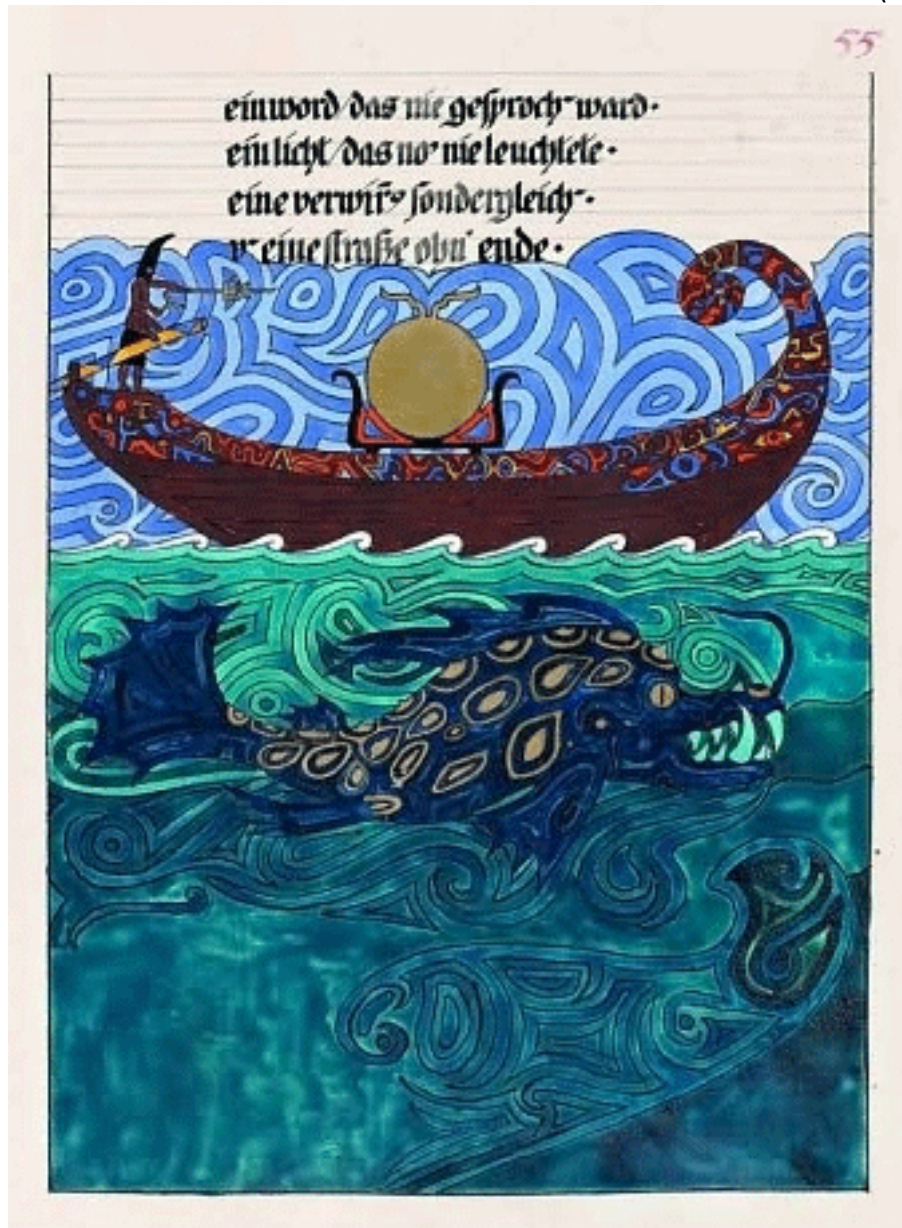
**TEXAS SEMINAR
of the
INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS**

Guidelines and Policies Manual

2019-2020

Texas Seminar of the Inter-Regional Society of Jungian Analysts

There are experiences which one must go through and for which reason is no substitute.
(CW11, ¶1446)



One cannot just think up a system or truth which would give the patient what he needs in order to live, namely faith, hope, love, and understanding. These four achievements of human endeavor are so many gifts of grace, which are neither to be taught nor learned, neither given nor taken, neither withheld nor earned, since they come through experience, which is an irrational datum not subject to human will and caprice. Experiences cannot be *made*. They happen – yet fortunately their independence of man’s activity is not absolute but relative. We can draw closer to them – that much lies within our human reach....The way to experience...is a venture which requires us to commit ourselves with our whole being. (CW11, ¶¶500-501)

WELCOME to the Texas Seminar! As Jung’s words and the preceding image suggest, participation in the Texas Seminar is an *experience*, one that will be uniquely yours, as well as one that is guided and contained in the formal structures created to hold participants and teachers along the way. There is much to be encountered by all of us when approaching psyche with such intention. The following details will hopefully orient you to the outer process, just as we hope to provide an opportunity for the more significant inner one - a process that is not linear, nor always rational.



PHILOSOPHY AND PURPOSE

The Texas Region (“Seminar”) is a local training site of the Inter-Regional Society of Jungian Analysts (“I-RSJA”). The Seminar provides a professional level of education in Analytical Psychology to interested and qualified participants and is the local didactic seminar for Candidates in analytic training with the I-RSJA. Our Seminar attempts to promote a forum for both didactic learning of Analytical Psychology and, for clinical participants, the conscious development of oneself as an analyst.

Our training philosophy is based on the understanding that CG Jung’s theory of Analytic Psychology, as well as the theories of many post-Jungians, can inform the lives of individuals, communities, and cultures in positive and significant ways. Our Seminar accepts both clinical and non-clinical applicants and for all, we encourage the exploration and integration of shadow as it manifests relationally, and feedback to participants may on occasion reinforce this, as we believe that getting to know one’s shadow is a lifelong process. Understanding ourselves involves a personal relationship with the unconscious. To support these values, we strongly recommend an in-depth Jungian analysis at some point during your studies. As a further enhancement, facilitated process groups are an integral part of our training curriculum.

Jungian analysis depth psychotherapy assist in the integration of clinical, intellectual, symbolic, emotional and ethical expertise. For clinicians seeking to train as analysts, we encourage first and foremost the centrality of a personal, in-depth Jungian analysis, and it is important that applicants understand the commitment such a process entails. As Jung noted, “everything depend[s] on how far the analyst has been analysed himself” (CW4, ¶447).

The subject matter of our Seminar is focused on a comprehensive understanding of the Collected Works of C. G. Jung, on mythology and symbols, and on current advances in Jungian thought. This includes Post-Jungian and psychoanalytic innovations, along with classical and archetypal approaches. Our hope is that Seminar participants will find and

develop their own points of view along the way. Further, we strive to provide a space in which all Seminar participants can challenge themselves and one another into creative and integrated consciousness, in order to better meet the people who enter their consulting rooms and their lives.



TEXAS CURRICULUM

As Jung attempted to synthesize multiple areas of thought, this curriculum attempts to synthesize the confluence of energies and ideas of the 21st century. This includes Post-Jungian developments in Analytical Psychology (classical, archetypal, and developmental approaches), as well as current psychological theories and their relation to psychoanalysis.

We hope to inspire our participants through a curriculum that encourages them to think for themselves as they integrate the ideas of Jung, Post-Jungians, and other depth psychology theorists. Similarly, our aim for our faculty is an enlivened experience through flexibility of method, orientation, and individual interests.

The curriculum is designed to build on Jung's foundational opus, and as such, our curriculum includes the study of psychic structure (e.g., archetypes, the Self, the collective unconscious), content (e.g., archetypal imagery, myths, symbols), and process (e.g., compensations, individuation, the transcendent function, self-regulation).

A syllabus will be provided via .pdf file to each Seminar member participating in the upcoming year.

Introduction to Analytical Psychology

History: Jung's Life and Theory Development
 The Word Association Experiment: Theory and Application
 Complex Theory and Neurosis
 Structure and Dynamics of the Psyche
 Infancy and Individuation: Symbol Formation
 Individuation in the Second Half of Life
 Jungian Theory through Time
 Dreams
 Psychological Types and Functions
 Introduction to Alchemy

Analytic Methods – Attitude, Frame and Assessment

The Frame of Analysis: Contrasting Psychotherapy and Depth Psychology
 Psychology of the Transference and Countertransference
 Transference and Countertransference: The Analytic Third
 Experience in Groups: The Individual in the Collective
 Jung's Epistemology in the Contemporary World
 Religious and Spiritual Aspects in the Process of Individuation
 Psychopathology: Personality Patterns and Disorders
 Psychodynamic Assessment and Diagnosis
 Dreams and Approach to the Unconscious
 Implicit Relational Knowing: Intersubjective Communication

Archetypes and Individuation

Archetypes as Instincts
 Archetypes in Ego-Self Relation
 Dynamic Tensions and the Transcendent Function
 Archetypes in Fairytales
 Archetypes in Mythologies
 Archetypes in the Religious Function of the Psyche
 Alchemy II
 Active Imagination
 The Un-named Experience: Mysteries and Pathologies
 Archetypes of Initiation and Emergence



SEMINAR ORGANIZATION

Seminar Coordinator:

The Seminar Coordinator is an analyst member of the Texas Seminar with responsibilities for oversight and organization of the training process provided under the auspices of the Seminar. The Seminar Coordinator is the primary contact for all participants in the Seminar.

Faculty:

The faculty is comprised of Jungian analysts who are members of the I-RSJA, as well as invited guest analysts.

Participants:

There are three categories of participants in the Seminar:

1. *Participants*: These are individuals who are interested in studying depth analytic psychology and who may be interested in training for candidacy in the I-RSJA in order to become Jungian analysts.
2. *I-RSJA Pre-Control Candidates*: These individuals have been accepted into I-RSJA as Candidates, but still remain active in the local monthly seminars. In this Pre-Control stage, participants have not yet taken and/or passed the Propaedeuticum exams administered by the I-RSJA.
3. *I-RSJA Control Candidates*: These individuals have already attained Candidate status in the I-RSJA *and* they have passed the five Propaedeuticum exams. These participants technically remain members of the Texas Seminar, but they do not participate in the monthly seminar meetings

Monthly Structure:

Instructors determine the location for each seminar.

Seminars are held one weekend a month for nine months (September–May), usually on the first Friday afternoon and Saturday of the month. The seminars meet for approximately 10 hours per weekend.

All seminar participants are required to attend the three process groups provided over the training year. During the 2018-2019 training year, the first two of these process groups will happen at the end of the day on Saturday at the November and February seminars. The Saturday didactic portion of the seminar will be truncated by two hours to allow time for the process groups. The final process group will take place in conjunction with the annual summer meeting in June. The fee for the facilitator will be paid by the Texas Seminar.

Attendance and participation in each seminar *is required*, along with regular case presentations and written papers. When a Seminar member's personal analyst functions as a seminar teacher, the participant is to consult with the analyst about whether or not to attend. If the Seminar member does not attend, he/she is entitled to have a three-hour tutorial with a Texas analyst who is assigned by the Seminar Coordinator and whose fee is paid by the Texas Seminar. When an absence occurs for other reasons, the participant is to consult with the seminar teacher about make-up assignments. In this case, any additional expenses are the responsibility of the participant who is absent.

A clinical case colloquium is required, in addition to the didactic seminar. (See the following section for details regarding case colloquium requirements.)

Summer Meeting of the Texas Seminar

At the end of each training year, the Texas Seminar holds a meeting, usually in late June or early July. Participants are subject to the following requirements associated with this meeting:

1. All active Seminar participants (excluding Control Candidates) must participate in a facilitated process group. The facilitator will not be an analyst from the membership of the Texas Seminar. The fee for the facilitator will be paid by the Texas Seminar.
2. All Seminar participants must be present for individual interviews with a committee of Texas Seminar analysts (their "Texas Review Committee").
3. All Seminar participants are required to write a one-to-two page letter reflecting upon the process of their training experience of the past year. This letter is to be submitted to the Seminar Coordinator by **May 15th**.



CASE COLLOQUIUM

All Seminar participants are required to participate in the case colloquium over the course of the year. The colloquium will consist of a minimum of four consecutive hours each meeting, and may increase by one hour per meeting if the number of participants increases, but is not to exceed six hours per meeting.

The minimum number of colloquium hours accrued in a given year is 36 and the maximum number is 48. While the preference is that the colloquium meet on the Sunday following each seminar, the pragmatics of travel costs allow colloquium facilitators to determine whether the colloquium will follow this preference or will meet less frequently with a greater number of hours per meeting.

The participant group will work together to choose an analyst accredited by the International Association for Analytical Psychology ("IAAP") to facilitate the colloquium, providing a significant dual relationship does not exist between the analyst and any of the participants participating in the colloquium. Participants carry the cost of the case colloquium leader's fee and any travel expenses incurred. The fee is negotiated with the analyst and divided equally among the participants.



OTHER REQUIREMENTS

All Seminar participants are required to inform the Seminar Coordinator by **May 1st** of their intent whether or not to participate in the Seminar for the following year.

Seminar participants making any requests or statements of intent regarding their training status or advancement are to inform the Seminar Coordinator by **May 1st**. The Seminar Coordinator will forward the request or statement of intent to the participant's Texas Review Committee.

If a Candidate makes any additional request or statement of intent to his/her I-RSJA Review Committee (e.g., for a leave of absence) after the Texas Seminar summer meeting has occurred, the Candidate is to inform his/her Texas Review Committee and the Seminar Coordinator of such in writing. If the I-RSJA Review Committee takes action that differs from the Texas Seminar decisions and recommendations, the Seminar Coordinator will inform the Candidate's Texas Review Committee.

Candidates are required to have requisite legal authority to practice psychotherapy/ analysis in the state or country of residence. In Texas this means that Candidates are required to have a license to practice psychotherapy. While a person may be admitted as a Seminar

Participant while not holding a license, the participant must acquire one before applying for candidacy with the I-RSJA.

All participants are required to be in on-going psychotherapy and Candidates are required to be in on-going Jungian analysis.

All Candidates are expected to be in good-standing with I-RSJA and to meet all I-RSJA training requirements.

By August 1st, all participants must sign a contract of participation and send it to the Seminar Coordinator (see Appendix B).

Continuing Education (CE): The Seminar is an authorized Professional Counselor CE Provider sanctioned by the Texas Department of Health Services. Upon request by a participant who has attended a seminar, the Secretary of the Seminar will issue a CE Certificate for those hours for which the participant has submitted an evaluation.

Leave of Absence: A request for a Leave of Absence must be submitted in writing to the Seminar Coordinator. At that time the Seminar Coordinator will inform both the President and Treasurer of the participant's newly announced decision regarding participation in training. Any request is subject to the policies noted under Seminar Fees and Expenses.

Withdrawal from the Seminar: A request to withdraw must be submitted in writing to the Seminar Coordinator. At that time the Seminar Coordinator will inform both the President and Treasurer of the participant's newly announced decision regarding participation in training. Any request is subject to the policies noted under Seminar Fees and Expenses.



ETHICS POLICY

All participants of the Texas Seminar are required to be in compliance with the contents of the Code of Ethics of the Inter-Regional Society of Jungian Analysts.



IT IS THE GENERAL EXPECTATION of the Texas Seminar analysts that individuals who intend to become Jungian analysts are best served:

1. By intensive, multiple hours per week, personal analysis over an extended period;
2. By working intensively with several of their own clients in their own practice in a similar way;
3. By beginning on-going individual case consultation prior to candidacy; and
4. By attending and participating actively in the monthly seminars.

Admission to the Texas Seminar does not constitute acceptance into the analyst training program of the I-RSJA, nor does it imply that such acceptance may be forthcoming. Participants in the Texas Seminar who are not Candidates in the I-RSJA may not represent themselves as being in training with the I-RSJA or as being in analytic training.



The policies of the Texas Seminar will be updated when changes or additions are made. An updated version will be distributed annually. The Texas Seminar reserves the right to make exceptions to written policies in unusual individual circumstances; such exceptions to be made by a majority vote of training analysts after a review of the circumstances involved.



SEMINAR FEES AND EXPENSES

Annual fee for Participants and Pre-Control Candidates: \$2,000, payable to the Treasurer of the Texas Seminar by **August 1st** of the then current training year.

Annual fee for Control Candidates: \$350.00, payable to the Treasurer of the Texas Seminar by **August 1st** of the then current training year.

Annual Fee for Leave of Absence for Participants: \$100.00 payable to the Treasurer of the Texas Seminar due August 1st of the then current training year, unless the request for a Leave of Absence occurs after August 1st and the participant has already paid full annual fees. In such case, the retention policy will be considered to cover the Leave of Absence fee for that year.

In order to participate in the upcoming training year that begins in September, a participant's tuition must have been received by the Seminar Treasurer by the due date of August 1st. Failure to pay tuition is considered grounds for possible termination from participation in the seminar (see Appendix C). Any participant with concerns regarding his/her participation in the upcoming training year and/or concerns regarding the tuition for the year will need to have contacted the Seminar Coordinator and the Treasurer well in advance of this deadline.

Withdrawal or leave of absence: If a participant must take a leave of absence or withdraw from the Texas Seminar after having already paid their tuition for the upcoming training year, the participant will have until **September 15th** of that training year to notify the Seminar Coordinator in writing of his/her decision relating to this change. At that time, the Seminar Coordinator will inform both the President and Treasurer of the participant's newly announced decision regarding participation in training, and the participant will be eligible for a partial refund in the amount of 50% of the year's tuition.

Additional costs incurred while participating in the Seminar include monthly case colloquium expenses.

Any fees and expenses associated with case consultation, either required or recommended, outside of the 10 hours of each training weekend, are the responsibility of the Seminar participant.

APPENDIX A

ADMISSION POLICIES

Criteria for Admission

The Texas Seminar welcomes the application of individuals who are interested in the depth study of Jungian theories as well as those interested in Jungian training for candidacy in the Inter-Regional Society of Jungian Analysts. The criteria for application are below:

1. Be in current, regular, on-going analysis or psychotherapy.
2. Hold a graduate degree (Master's level or higher) or be in the process of completing a graduate degree.
3. If in possession of a clinical graduate degree, an applicant must hold a license to practice psychotherapy or be in the process of acquiring a clinical license and have some postgraduate clinical experience.
4. Be at least 25 years old.

Application Procedure for the Texas Seminar

A. Applicants are asked to submit the following documentation by May 1st to the Admissions Coordinator:

1. A cover letter describing your desire and interest in applying to the Seminar.
2. A two-page, typed, and double-spaced psychological autobiography.
3. A description of any Jungian-related educational experiences you have had.
4. Verification of your hours of personal analysis and/or psychotherapy.
5. Curriculum Vitae reflecting your life interests and work experience.
6. If you are a practicing psychotherapist, a current copy of your license if you practice in a state requiring licensure.
7. Transcripts of undergraduate and graduate records.
8. A non-refundable application fee of \$200 payable to "Texas Region of the I-RSJA"

B. Arrange an individual interview by **May 15th** with the analyst assigned by the Admissions Coordinator; the interview will be held in May or June prior to the summer meeting of the Texas Seminar analysts.

C. Be present for a group interview with analysts of the Texas Seminar during the Texas Seminar's summer meeting (usually at the end of June or in early July).

D. Results of the application process will be communicated to applicants following the group interview.

**APPLICATION PROCEDURE FOR ADMISSION TO CANDIDACY IN THE
INTER-REGIONAL SOCIETY OF JUNGIAN ANALYSTS**

Criteria for Admission

Applicants applying for admission to the I-RSJA Training Program must be enrolled in the Texas Seminar as Matriculating participants *and* meet the following requirements:

1. Have a Master's degree, or graduation or enrollment in a program for a terminal degree that when achieved will meet the requirements of the I-RSJA. Decisions concerning the academic qualifications of applicants will be based on the following considerations: a) the degree shall help qualify the applicant to practice analysis in his/her place of residence in accordance with licensing laws, b) the degree must present advanced knowledge and competence in a field germane to the practice of Jungian analysis and c) the degree should be from an institution acknowledged as maintaining high academic standards.
2. Confirmation of 100 hours of face-to-face personal analysis with an IAAP accredited analyst **prior to March 1st** of the year of application. The applicant is expected to be in analysis at the time of application and, in general, the 100 hours of analysis are expected to have taken place within the three years prior to application for candidacy.
3. Regular attendance and participation in the Texas Seminar for a minimum of six months prior to application to the I-RSJA. A letter of approval from the Seminar Coordinator or other designee is required in order to proceed to the I-RSJA admissions interviews.
4. The financial and personal resources to invest in a training that may take anywhere from six to ten years and cost at least \$15,000 a year (costs of analysis and case consultation, seminar fees, travel and lodging for seminars and to semi-annual Society meetings in various cities around North America).
5. Requisite legal authority to practice psychotherapy/analysis in the state or country of residence.
6. Minimum age: 25 years.

Application Procedure for the I-RSJA

1. Written request for approval to make application to candidacy must be sent to the Seminar Coordinator by **December 1st**.
2. Verification of on-going analysis is required in writing by the applicant's personal analyst by the time of the Evaluation Interview (see # 3).
3. Evaluation Interview by a committee of Texas analysts, arranged by the Seminar Coordinator, held in early February.
4. Evaluation by each Seminar faculty member who has led a seminar in which the applicant participated; evaluations are submitted by the faculty member to the Seminar Coordinator by **February 1st**.
5. Applicable legal and professional requirements for the independent practice of psychotherapy must be met and documentation (copy of license) sent to the Seminar Coordinator prior to the Evaluation Interview (#3).
6. After receiving approval from the Texas Seminar, the applicant must follow the application procedures of the I-RSJA. Information regarding the admission application process may be found at: www.irsja.org.

Submission of an application to the I-RSJA and supporting documents must be sent to the I-RSJA Director of Admissions by **March 1st**.

APPENDIX B**Contract for Participation in the Texas Seminar****The Texas Seminar of the Inter-Regional Society of Jungian Analysts****Seminar Participant Contract**

I understand that I have been admitted to the Texas Seminar for the 2019-2020 year and have made the decision to commit to participation and attendance through the end of the year interviews held June 2019. Further, I understand that the tuition for this year is \$2000.00 and must be paid by August 1, 2018. If I choose to withdraw from the Texas Seminar I will adhere to the policies noted under ***Seminar Fees and Expenses*** in the Guidelines and Policies Manual of the Texas Seminar of the Inter-Regional Society of Jungian Analysts, a copy of which has been provided to me.

I agree that I will not promote myself as a Jungian analyst while I am a Participant in the Texas Seminar.

I have been provided with a copy of the Code of Ethics of the Inter-Regional Society of Jungian Analysts and I agree to adhere to its rules.

Participant Signature

Date

Seminar Coordinator Signature

Date

Please sign and return to Seminar Coordinator by August 1st.

APPENDIX C

Termination from Participation in the Texas Seminar

The decision to terminate a participant's participation in the seminar is not entered into lightly. Complex situations related to training matters and responsibilities, including failure to pay seminar tuition, may result in a participant's termination as a seminar participant. When concerns result in consideration of termination, the participant will be asked to meet with an interviewing committee to discuss the concerns. Following consideration by the analyst group, a majority vote by the Texas seminar analysts in favor of termination is required and will be communicated in writing to the participant by the Seminar Coordinator.