

**"Lower that Stress"**  
**Presented by**  
**Dr. Susan Harrison, Consultant, Coach, Author**



**Dr. Susan Harrison**

*The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support, and national recognition.*

**Changing Women's Lives  
One Woman at a Time**

For more information about ABWA's **Mo-Kan Chapter**, visit our website at **[www.abwamokan.org](http://www.abwamokan.org)**

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**[www.abwa.org](http://www.abwa.org)**

**Wednesday, August 8, 2018** ←  
**Hallbrook Country Club**  
**11200 Overbrook Road, Leawood, KS**

**Networking/Social Hour 5:45-6:30 PM**  
**Dinner 6:30 PM**  
**Program 7:00-7:45 PM**  
**Chapter Business 7:45-8:15 PM**

Join the Mo-Kan Chapter for Dr. Susan Harrison's presentation on "**Lower that Stress!**"

You've been dealing with stress since before you were born (literally). So how is that working out? Dr. Harrison uses laughter and interactive fun to highlight the type and amount of stress that is good for you, versus the distress-causing stress. Coping well with stress benefits you personally and professionally with increased productivity, and fewer absences and conflicts. Find her at [drsusanharrison.com](http://drsusanharrison.com).

Guests are welcome! Event cost includes dinner.

**\$22** for members & full time students

**\$25** for guests

**Reservations required by Wednesday, August 1**, using one of the following methods:

- 1) Pre-pay with credit card or PayPal at [www.abwamokan.org](http://www.abwamokan.org)
- 2) Email [ABWAMoKan@gmail.com](mailto:ABWAMoKan@gmail.com)
- 3) Call 913-390-3466

