

# Recovery Review

District 11 – Northern Kentucky

September/October 2018



## 53rd Annual KY Area Al-Anon Convention

September 21-23, 2018

**Al-Anon Speakers**  
**AA Speaker**  
**Alateen Speaker**  
**Workshops**  
**Alateen Activities**  
**Entertainment**

**Holiday Inn University Plaza**  
Sloan Convention Center  
1021 Wilkinson Trace  
Bowling Green, KY  
Room Rates—\$115/night (includes 2 breakfasts)  
Call 270-745-0088 (Mention: AA2)

OR  
Register and pay online through the link on our website:  
[Kyafg2018convention.eventsmart.com](http://Kyafg2018convention.eventsmart.com)

Registration Desk opens on Friday at 3:00 p.m.

### Al-Anon Retreat Weekend of Reflections on the Promises of Al-Anon

Jesuit Spiritual Center at Milford  
October 5, 6pm to  
October 7, 12pm

\$150 for the Weekend (Two nights,  
Four meals)

Call (859) 803-6537 or (859) 802-  
7252 for more details

See your GR or the District 11 website  
for registration forms and more  
information.

Come one come all, limited  
availability. Partial scholarships are  
available.

### Online Websites:

Al-Anon main site: <https://al-anon.org>  
Kentucky Al-Anon: <http://kyal-anon.org>  
Northern Kentucky Al-Anon District 11: <http://www.nkylanon.com>  
Al-Anon Twitter Feed: [https://twitter.com/alanon\\_wso](https://twitter.com/alanon_wso)  
Al-Anon Facebook Page:  
<https://www.facebook.com/AlAnonFamilyGroupsWSO>  
Alateen Facebook Page: <https://www.facebook.com/AlateenWSO>  
Al-anon Instagram: [https://www.instagram.com/alanon\\_wso](https://www.instagram.com/alanon_wso)  
Alateen Instagram: [https://www.instagram.com/alateen\\_wso/?hl=en](https://www.instagram.com/alateen_wso/?hl=en)

Did you that there is a new process  
to sign up to help out at the Wrap  
and Sun Behavioral meetings?

Go to SignUp  
<https://signup.com/group/4969979284396980119>

Follow the easy steps to help  
someone else learn about The  
Twelve Steps of Recovery!



**Playing Well With Others – Being Better in Relationships Workshop**

**Saturday, November 17, 1130a-3p**  
Lite lunch served!  
First Christian Church, 1031 Alexandria Pike,  
Fort Thomas, KY 41075

If you have anything to share in the  
newsletter or would like to receive it  
electronically, please email  
[11districtnewsletter@gmail.com](mailto:11districtnewsletter@gmail.com)

**Greater Cincinnati Al-Anon InterGroup  
Hosts**

A Workshop

**“Alcoholism as a Disease”**

Is it catching? + Steps to Recovery

**Leads with Discussion**

- \* **Growing up with the disease**
- \* **Living with active alcoholism**
- \* **Finding Serenity**

**Saturday, September 29**  
**11:30 Gathering**  
**12 noon to 3pm**

College Hill Presbyterian Church  
5742 Hamilton Avenue  
Cincinnati, Oh 45224

RSVP to Michael B.  
[Chairperson@Fuse.net](mailto:Chairperson@Fuse.net)  
or Call (513) 708-4620

Requested Donation \$20  
Bring your lunch ☺ Beverage provided

Al-Anon Family Groups  
hope for families & friends of alcoholics

Wow! The One Day at a Time (ODAT) in Al-Anon book is 50 years old this year! And a special copy is making the rounds of D11 meetings. When the book visits your meeting, be sure to leave a message of love, hope and inspiration in it.

This special copy, filled with love notes from D11 members, will be raffled off at the November 17<sup>th</sup> workshop. Tickets are 1-\$1.00 or 6-\$5.00. You do not need to be present to win.

Raffle tickets are available once a book visits a meeting.

Want a ticket – or have questions, call Pauline at 859-581-9860.

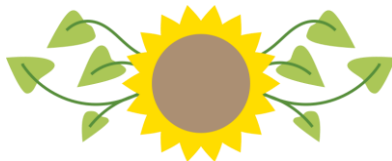


**In the Spotlight**

**Latonia Park Avenue AFG**

Sunday Nights 7pm  
Latonia Baptist Church  
3800 Church St, Latonia

This group is celebrating its 31<sup>st</sup> Anniversary on September 16<sup>th</sup>! The door is locked at 7:10, but there is a phone number on the door to call. Parking is available street side or in the lot across from the church.



What is your favorite piece of Conference Approved Literature (CAL)?

- Debby D. – *As We Understood*
- Phyllis W. – *Paths to Recovery*
- Jo M. – *How Al-Anon Works*
- Cheri O. – *Just For Today*
- Joanne M. – *Opening Our Hearts, Transforming Our Losses*
- Jeanne G. – *Just for Today*
- Lisa P. – *Paths to Recovery*
- Sherry T. – *Daily Readers*
- Rosie M. – *One Day at a Time*
- Mary B. – *How Al-Anon Works, ODAT*
- Irene – *One Day at a Time*
- Lisa S. – *Reaching for Personal Freedom*

“One of the early memories I have from Al-Anon was hearing that the alcoholic has his or her arms wrapped around the bottle, & we have our arms wrapped around the alcoholic. That image was so clear to me that it broke through some of my denial & allowed me to consider the possibility that I, too, had been affected by alcoholism.”

From Al-Anon WSO Twitter feed

***Al-Anon Declaration***

*Let It Begin with Me*

When anyone, anywhere, reaches out for help,  
let the hand of Al-Anon and Alateen  
always be there, and — *Let It Begin with Me.*



Al-Anon Family Groups ®  
hope for families & friends of alcoholics