SUBSTITUTES* 1- 10 Cheeseburger on Bun 40g 13-24 Chicken Nuggets 12 g Everyday: Salad or Peanut Butter Sandwich Lunch Price (includes a milk): \$2.75 Milk Price (for packers): \$.50 USDA is an equal opportunity provider and employer Menu subject to unexpected changes stmarysvanwert.com	Carbohydrates in Grams: White Milk 1% 13g Chocolate Milk Fat Free 20g ½ Banana 14g Apple 22g Orange 11g Carrots 0g Applesauce 20g Pears 16 g Peaches 14 g Romaine lettuce salad 0g Pineapple 20g Green beans 5g Baked beans 25g Refried beans 18 g	*CHICKEN PATTY ON BUN Carrots Fruit Milk	*NACHO CHEESE, TORTILLA CHIPS & BREAD STICK Romaine lettuce salad Fruit Milk	*CORN DOG Broccoli Peaches Milk
*PIG IN A BLANKET Baked beans Pears Milk *Teacher Appreciation Week	*LASAGNA WITH MEAT SAUCE Green beans Applesauce Breadstick Milk	*SALISBURY STEAK Mashed potatoes Dinner roll Fresh Fruit Milk	*TACO MEAT, CHEESE, & TORTILLA CHIPS Romaine lettuce salad Fruit Milk	*PEPPERONI PIZZA Carrots Pineapple Milk *May Crowning
*SAUSAGE PATTY ON BUN French toast sticks Hashbrown Orange juice Milk	14 *POPCORN CHICKEN Tater tots Peaches Milk	15 *BBQ BEEF ON A BUN Broccoli Peaches Milk	16 *CHICKEN PATTY ON A BUN Tator tots Peaches Milk *Volunteer Luncheon	17 *CORN DOG Carrots Fresh fruit Milk
*CHEESEBURGER ON BUN Tator tots Applesauce Milk	21 *CHICKEN & NOODLES Mashed potatoes Dinner roll Fruit Milk *Pancake Breakfast 7:30-8:15am	*PEPPERONI PIZZA Green beans Fruit Milk	*CORN DOG Carrots Applesauce Milk *Fun/Field Day	*CHICKEN NUGGETS Tator tots Peaches Milk *12:45pm Awards *2:00pm Dismissal NO AFTERSCHOOL LATCHKEY
MONDAY	TUESDAY	WEDNESDAY	Happy Summer! See you on Tuesday, August 20! SEE REVERSE for ACTIVITIES CALENDAR THURSDAY FRIDAY	

St. Mary's School May 2019 Lunch Menu

