

Ridgeview Global Studies Academy

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
		Hamburger or	Chicken Patty Sandwich	Beef Nachos or	Pizza or	
	NO	Chicken/Cheese Burrito	or Tom. Soup w/Gr. Cheese	Corn Dog	Chicken Nuggets	
	SCHOOL:	Carrots/Beans	Peas/Juice	Lett/Tom/Cheese	Corn/Salad	
		Baked Fries/Fruit	Salad/Pudding	Rice/Beans/Fruit	Cookie/Juice	
		Milk	Milk	Milk	Milk	
9	10	11	12	13	14	15
	Turkey with Gravy	Pasta w/Meatsuce or	Mini Corn Dogs or	Chicken Fajita or	Chicken Nuggets or	
	or Cheeseburger	Muffin/Yogurt/Cheese	Shepherd's Pie	Chili w/Crackers	Pizza	
	Mashed Potatoes	Mixed Veggies/Salad	Peas & Carrots	Baked Fries/Fruit	Broccoli/Salad	
	Green Beans/Fruit	Fruit	Salad/Juice	Lett/Tom/Cheese	Freezie/Juice	
	Milk	Milk	Milk	Milk	Milk	
16	17	18	19	20	21	22
		Chicken Alfredo w/Pasta	Beef Tacos or	Sloppy Joe or	Pizza or	
	NO	or Chicken Sandwich	Chicken Fajita	Hot Dog	Chicken Nuggets	
	SCHOOL	Broccoli/Fruit	Rice/Beans	Baked Fries/Green Beans	Corn/Salad	
		Carrots	Lett/Tom/Cheese	Fruit/Pudding	Fruit Crisp/Juice	
		Milk	Juice/Milk	Milk	Milk	
23	24	25	26	27	28	29
	BBQ Chicken Sandwich	Chicken Bowl or	Chicken Parm w/Pasta	Beef Mac&Cheese	Chicken Nuggets or	
	or PB&J	Ham & Cheese Pocket	or Corn Dog	or Steak & Cheese Pocket	Pizza	
	Baked Fries/Carrots	Cauliflower/Salad	Salad/ Green Beans	Mixed Veggies	Broccoli/Salad	
	Fruit	Fruit	Juice	Freezie/Juice	Cookie/Juice	
	Milk	Milk	Milk	Milk	Milk	
30	31	Specialty Bar - High School Only				
	Chicken Alfredo w/Pasta	Mon - Poatato Bar				
	or Hot dog	Tues -Thurs - Salad				
	Peas & Carrots/Beans	Fri - Nacho Bar				
	Fruit					
	Milk					