

**HELP US COLLECT ITEMS** FOR **CHRISTMAS** CARE PACKAGES FOR OUR MILITARY. RACHEL WALL ONE OF OUR INSTRUCTORS WILL BE SENDING CARE PACKAGES TO HER HUSBANDS ARMY NATIONAL GUARD UNIT IN KUWAIT. THIS IS THE **PERFECT WAY TO GIVE BACK TO OTHERS.** WE WILL HAVE A COLLECTION BOX IN THE LOBBY TO PLACE ITEMS IN. ITEMS DUE BY DEC. 5TH WE ARE TRYING TO FILL 25 BOXES

**ITEMS NEEDED:**

MONEY FOR SHIPPING - \$18 PER BOX

GIFT CARDS WAL-MART, TARGET, KROGER -FOR US TO BUY ITEMS

BEEF JERKY

HARD CANDY

GUM

LITTLE BAGS OF COOKIES AND CRACKERS

CANDY BARS

GRANOLA BARS

BREATH MINTS

STATIONARY

HAND SANITIZER

