

DATE	LINCOLN	LODI	ST. MARY'S	TOKAY	TRACY	WEST
Wednesday 12/14/22	LODI	at LINCOLN	WEST	TRACY	at TOKAY	at SM
Tuesday 1/3/23		at TRACY			LODI	
Wednesday 1/4/23	at WEST		at TOKAY	SM		LINCOLN
Tuesday 1/10/23				at WEST		TOKAY
Wednesday 1/11/23	at TRACY	SM	at LODI		LINCOLN	
Tuesday 1/17/23			TRACY		at SM	
Wednesday 1/18/23	TOKAY	WEST		at LINCOLN		at LODI
Tuesday 1/24/23	at SM	at TOKAY	LINCOLN	LODI	at WEST	TRACY
	Practice Starts		October 31, 2022			
	1st Scrimmage Date		November 11, 2022			
	1st Contest Date		November 18, 2022			
	Sit-Out Period Date		December 27, 2022			
	Last Contesr Dual Meets		January 25, 2023			
	Last Contest for Individual		February 4, 2023			
	TCAL League Tournament		February 3 & 4, 2022			

DATE	LINCOLN	LODI	ST. MARY'S	TOKAY	TRACY	WEST
Tuesday 1/3/23	at LODI	LINCOLN	at WEST	at TRACY	TOKAY	SM
Thursday 1/5/23	SM	at TOKAY	at LINCOLN	LODI	WEST	at TRACY
Tuesday 1/10/23	TRACY	at SM	LODI	WEST	at LINCOLN	at TOKAY
Thursday 1/12/23	at WEST	TRACY	TOKAY	at SM	at LODI	LINCOLN
Tuesday 1/17/23	at TOKAY	at WEST	at TRACY	LINCOLN	SM	LODI
Thursday 1/19/23	LODI	at LINCOLN	WEST	TRACY	at TOKAY	at SM
Tuesday 1/24/23	at SM	TOKAY	LINCOLN	at LODI	at WEST	TRACY
Thursday 1/26/23	at TRACY	SM	at LODI	at WEST	LINCOLN	TOKAY
Tuesday 1/31/23	WEST	at TRACY	at TOKAY	SM	LODI	at LINCOLN
Thursday 2/2/23	TOKAY	WEST	TRACY	at LINCOLN	at SM	at LODI

Practice Starts	October 31, 2022
1st Scrimmage Date	November 11, 2022
1st Contest Date	November 18, 2022
Sit-Out Period Date	December 30, 2022
Last Contest Date	February 9, 2023

DATE	LINCOLN	LODI	ST. MARY'S	TOKAY	TRACY	WEST
Wednesday 1/4/2023	LODI	at LINCOLN	WEST	TRACY	at TOKAY	at SM
Friday 1/6/2023	at SM	TOKAY	LINCOLN	at LODI	at WEST	TRACY
Wednesday 1/11/2023	at TRACY	SM	at LODI	at WEST	LINCOLN	TOKAY
Friday 1/13/2023	WEST	at TRACY	at TOKAY	SM	LODI	at LINCOLN
Wednesday 1/18/2023	TOKAY	WEST	TRACY	at LINCOLN	at SM	at LODI
Friday 1/20/2023	at LODI	LINCOLN	at WEST	at TRACY	TOKAY	SM
Wednesday 1/25/2023	SM	at TOKAY	at LINCOLN	LODI	WEST	at TRACY
Friday 1/27/2023	TRACY	at SM	LODI	WEST	at LINCOLN	at TOKAY
Wednesday 2/1/2023	at WEST	TRACY	TOKAY	at SM	at LODI	LINCOLN
Friday 2/3/2023	at TOKAY	at WEST	at TRACY	LINCOLN	SM	LODI

Practice Starts	October 31, 2022
1st Scrimmage Date	November 11, 2022
1st Contest Date	November 18, 2022
Sit-Out Period Date	December 30, 2022
Last Contest Date	February 9, 2023

**2022 — 2023 TCAL GIRLS VARSITY
and JV BASKETBALL SCHEDULE**

	LINCOLN	LODI	MC	ST. MARY'S	TOKAY	TRACY	WEST
Wednesday 1/4/23	BYE	WEST	TOKAY	BYE	at MC	BYE	at LODI
Friday 1/6/23	WEST	at MC	LODI	BYE	TRACY	at TOKAY	at LINCOLN
Monday 1/9/23	at LODI	LINCOLN	at SM	MC	at WEST	BYE	TOKAY
Wednesday 1/11/23	TOKAY	BYE	TRACY	BYE	at LINCOLN	at MC	BYE
Friday 1/13/23	MC	TRACY	at LINCOLN	BYE	BYE	at LODI	BYE
Wednesday 1/18/23	at TRACY	BYE	at WEST	BYE	BYE	LINCOLN	MC
Friday 1/20/23	at SM	AT TOKAY	BYE	LINCOLN	LODI	WEST	at TRACY
Wednesday 1/25/23	BYE	at WEST	at TOKAY	BYE	MC	BYE	LODI
Friday 1/27/23	at WEST	MC	at LODI	BYE	at TRACY	TOKAY	LINCOLN
Monday 1/30/23	LODI	at LINCOLN	SM	at MC	WEST	BYE	at TOKAY
Wednesday 2/1/23	at TOKAY	BYE	at TRACY	BYE	LINCOLN	MC	BYE
Friday 2/3/23	at MC	at TRACY	LINCOLN	BYE	BYE	LODI	BYE
Wednesday 2/8/23	TRACY	BYE	WEST	BYE	BYE	at LINCOLN	at MC
Friday 2/10/23	SM	TOKAY	BYE	at LINCOLN	at LODI	at WEST	TRACY

Practice Starts
1st Scrimmage Date
1st Contest Date
Sit-Out Period Date
Last Contest Date

October 31, 2022
November 11, 2022
November 18, 2022
December 31, 2022
February 10, 2023

SCHEDULE

	LINCOLN	LODI	MC	ST. MARY'S	TOKAY	TRACY	WEST
Tuesday 1/3/23	BYE	at WEST	at TOKAY	BYE	MC	BYE	LODI
Thursday 1/5/23	at WEST	MC	at LODI	BYE	at TRACY	TOKAY	LINCOLN
Monday 1/9/23	LODI	at LINCOLN	SM	at MC	WEST	BYE	at TOKAY
Tuesday 1/10/23	at TOKAY	BYE	at TRACY	BYE	LINCOLN	MC	BYE
Thursday 1/12/23	at MC	at TRACY	LINCOLN	BYE	BYE	LODI	BYE
Tuesday 1/17/22	TRACY	BYE	WEST	BYE	BYE	at LINCOLN	at MC
Thursday 1/19/23	SM	TOKAY	BYE	at LINCOLN	at LODI	at WEST	TRACY
Tuesday 1/24/23	BYE	WEST	TOKAY	BYE	at MC	BYE	at LODI
Thursday 1/26/23	WEST	at MC	LODI	BYE	TRACY	at TOKAY	at LINCOLN
Monday 1/30/23	at LODI	LINCOLN	at SM	MC	at WEST	BYE	TOKAY
Tuesday 1/31/23	TOKAY	BYE	TRACY	BYE	at LINCOLN	at MC	BYE
Thursday 2/2/23	MC	TRACY	at LINCOLN	BYE	BYE	at LODI	BYE
Tuesday 2/7/23	at TRACY	BYE	at WEST	BYE	BYE	LINCOLN	MC
Thursday 2/9/23	at SM	AT TOKAY	BYE	LINCOLN	LODI	WEST	at TRACY

Practice Start	October 31, 2022
1st Scrimmage Date	November 11, 2022
First Contest Date	November 18, 2022
Sit-Out Period Date	December 31, 2022
Last Contest Date	February 10, 2023

**2022 — 2023 TCAL VARSITY
BOYS BASKETBALL SCHEDULE**

	LINCOLN	LODI	MC	ST. MARY'S	TOKAY	TRACY	WEST
Wednesday 1/4/23	BYE	WEST	TOKAY	at TRACY	at MC	SM	at LODI
Friday 1/6/23	WEST	at MC	LODI	BYE	TRACY	at TOKAY	at LINCOLN
Monday 1/9/23	at LODI	LINCOLN	at SM	MC	at WEST	BYE	TOKAY
Wednesday 1/11/23	TOKAY	BYE	TRACY	at WEST	at LINCOLN	at MC	SM
Friday 1/13/23	MC	TRACY	at LINCOLN	at TOKAY	SM	at LODI	BYE
Wednesday 1/18/23	at TRACY	at SM	at WEST	LODI	BYE	LINCOLN	MC
Friday 1/20/23	at SM	AT TOKAY	BYE	LINCOLN	LODI	WEST	at TRACY
Wednesday 1/25/23	BYE	at WEST	at TOKAY	TRACY	MC	at SM	LODI
Friday 1/27/23	at WEST	MC	at LODI	BYE	at TRACY	TOKAY	LINCOLN
Monday 1/30/23	LODI	at LINCOLN	SM	at MC	WEST	BYE	at TOKAY
Wednesday 2/1/23	at TOKAY	BYE	at TRACY	WEST	LINCOLN	MC	at SM
Friday 2/3/23	at MC	at TRACY	LINCOLN	TOKAY	at SM	LODI	BYE
Wednesday 2/8/23	TRACY	SM	WEST	at LODI	BYE	at LINCOLN	at MC
Friday 2/10/23	SM	TOKAY	BYE	at LINCOLN	at LODI	at WEST	TRACY

Practice Starts	October 31, 2022
1st Scrimmage Date	November 11, 2022
1st Contest Date	November 18, 2022
Sit-Out Period Date	December 31, 2022
Last Contest Date	February 10, 2023

**2022—2023 TCAL BOYS JV
Frosh-Soph BASKETBALL
SCHEDULE**

	LINCOLN	LODI	MC	ST. MARY'S	TOKAY	TRACY	WEST
Tuesday 1/3/23	BYE	at WEST	at TOKAY		MC		LODI
Wednesday 1/4/23				at TRACY		SM	
Thursday 1/5/23	at WEST	MC	at LODI	BYE	at TRACY	TOKAY	LINCOLN
Monday 1/9/23	LODI	at LINCOLN	SM	at MC	WEST	BYE	at TOKAY
Tuesday 1/10/23	at TOKAY	BYE	at TRACY		LINCOLN	MC	
Wednesday 1/11/23				at WEST			SM
Thursday 1/12/23	at MC	at TRACY	LINCOLN			LODI	BYE
Friday 1/13/23				at TOKAY	SM		
Tuesday 1/17/22	TRACY		WEST		BYE	at LINCOLN	at MC
Wednesday 1/18/23		at SM		LODI			
Thursday 1/19/23	SM	TOKAY	BYE	at LINCOLN	at LODI	at WEST	TRACY
Tuesday 1/24/23	BYE	WEST	TOKAY		at MC		at LODI
Wednesday 1/25/23				TRACY		at SM	
Thursday 1/26/23	WEST	at MC	LODI	BYE	TRACY	at TOKAY	at LINCOLN
Monday 1/30/23	at LODI	LINCOLN	at SM	MC	at WEST	BYE	TOKAY
Tuesday 1/31/23	TOKAY	BYE	TRACY		at LINCOLN	at MC	
Wednesday 2/1/23				WEST			at SM
Thursday 2/2/23	MC	TRACY	at LINCOLN			at LODI	BYE
Friday 2/3/23				TOKAY	at SM		
Tuesday 2/7/23	at TRACY		at WEST		BYE	LINCOLN	MC
Wednesday 2/8/23		SM		at LODI			
Thursday 2/9/23	at SM	AT TOKAY	BYE	LINCOLN	LODI	WEST	at TRACY
<p align="center">Practice Start October 31, 2022 1st Scrimmage November 11, 2022 First Contest November 18, 2022 Sit-Out Period December 31, 2022 Last Contest February 10, 2023</p>							

Mon, Tues Thur

JV 7:30 pm Frosh-Soph 6:00pm

Wed Fri

JV 6:00pm FS 4:30 pm