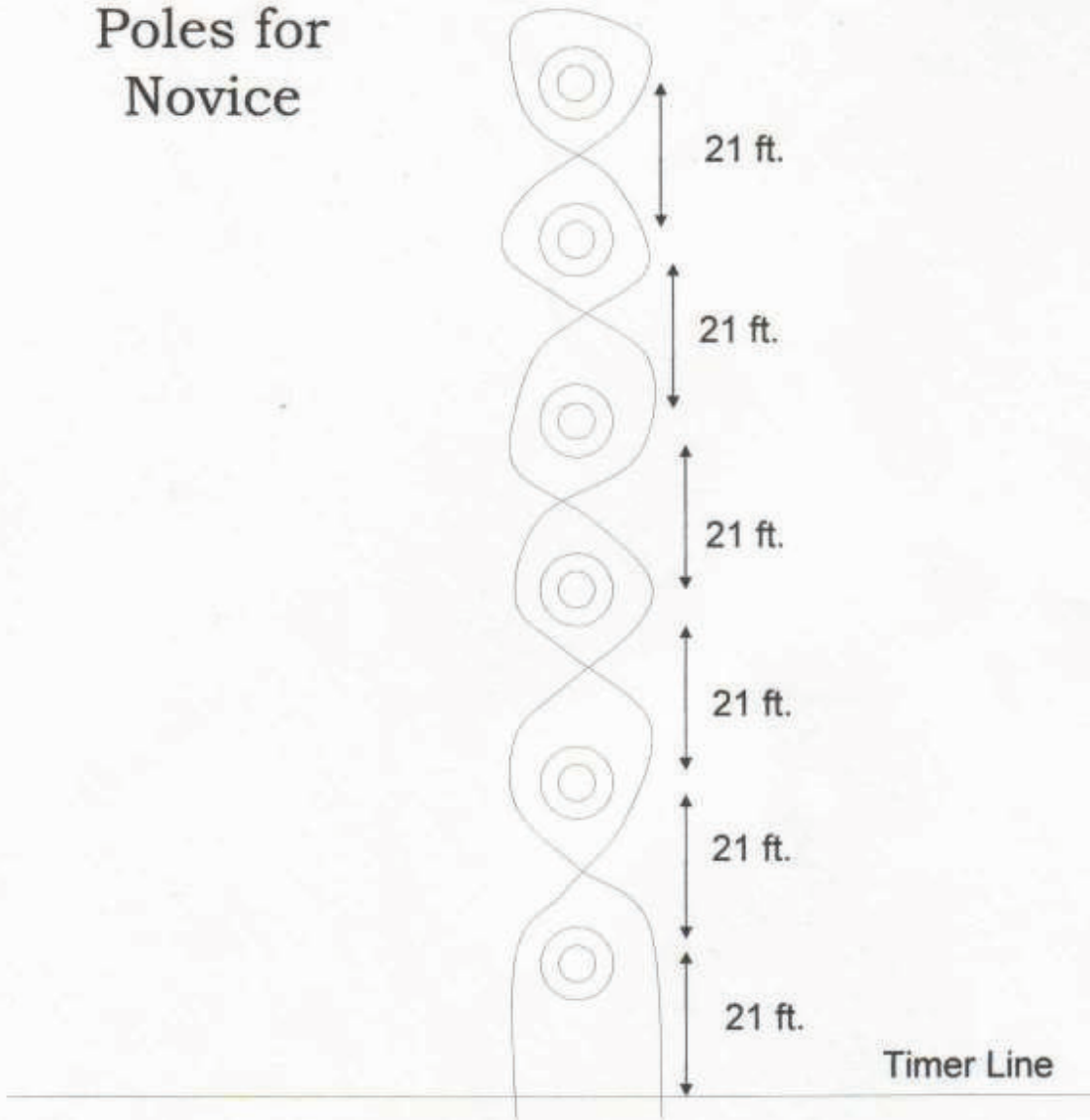


Poles for Novice



⊙ — pole

May be ran in either direction.