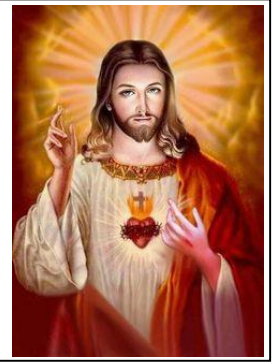




Sacred Heart Parish Preston



322 Bell St, Preston 3072
Phone (03) 9480 3398 or (03) 9484 2124
Email: preston@cam.org.au
Website: www.sacredheartpreston.com.au

Office Hours:

Mon, Thurs & Fri: 10am -3pm

Parish Priest

Fr Aloysius Nato, SVD

Italian Community Chaplain:

Fr Albano Da Costa, SVD
0478 963 248

Parish Office: Rachel Costa

School Principal: Mark Tierney

School Phone: 9487 1001

Sacrament Coordinator: TBA

Safeguarding Committee:

Safeguarding Officers:

Robert Dullard

Kay Dufty

Safeguarding Committee: Members:

Mary Harb

Teresa Dang

Pauline O'Day

Parish Council Members:

Gerard Grant (chairperson), Kay Dufty (secretary), Ophelia Swai, Anisasio (Pauline) Veamatahau, Mark Tierney, Ben Fortuna, Natalie Baran, Judeline Wadhvani and Joanne Verga

Parish Finance Committee:

Peter Constable (Chair)

St. Vincent de Paul Society:

Stephen Costello (President)

Parish Mass Schedule

Weekend Masses:

Saturday: 6:00pm

Sunday: 9:00am (*Italian*), 10:30 am, 6:00 pm

Weekday Masses:

Monday to Friday: 9:10am

Healing Mass: 1st Friday of February, May, August & November at 1:30pm

Next Healing Mass: Friday 4 November

Devotional Practices:

Adoration of the Blessed Sacrament:

Every Thursday at 7:30pm for 1 hour. (Excluding last Thursday of the month).



Holy Rosary: Thursday (English) after the 9:10am Mass

Reconciliation:

30 minutes before Mass or by appointment

Baptisms & Weddings: By appointment only

New Breakfast with Fr Aloysius

1st Monday of the month, the next one is on

Monday 7 August in the presbytery after 9:10am Mass.

Bulletin printed 4/8/2023

The Transfiguration of the Lord Sunday 6 August 2023 (Year A)

“I Am with You Always!”

The Feast of the Transfiguration observed on the 6th of August takes precedence over the 18th Sunday in Ordinary time and features its own particular readings. All three of the synoptic Gospels link the Transfiguration with the warning of Jesus to His disciples that He was destined to suffer in Jerusalem, and that those who would be His disciples must 'take up their cross and follow Him.'

Jesus' earlier solitary retreat into the wilderness was a time when He came to terms with the limits of His humanity and committed His trust in the Loving presence of God to be with Him for all of His life's journey- whatever this might entail. Following His sojourn in the wilderness, The Mountain is the setting for His inspiration and endorsement to continue His mission and induction of His chosen ones into discipleship.

Throughout Salvation history mountains were places of sacred encounters with God. Jesus brings Peter, James and John up a mountain away from the busyness and distractions of everyday life to spend time alone with God in contemplation. At that prayerful moment, He is transfigured. His appearance is dramatically altered as was Moses' appearance when he received the commandments from God. Moses and Elijah - key figures of salvation history representing the Law and the Prophets- appear and enter into dialogue with Jesus, the one sent to continue to affirm God's Promise to His people and to bring it to fulfillment.

The disciples are embraced in that experience of relationship, love and peace. Peter, enraptured by the experience, wanted to remain on the mountain of glory but that was not the point of the experience nor an end to their discipleship. Suddenly they hear the voice of God reaffirming that Jesus is His Beloved Son and reminding them to open their hearts and "Listen to Him!" When they hear this they are stricken with fear and fall to the ground. Jesus comes to His frightened disciples and physically touches them. The touch of Jesus - always encouraging, giving life and healing- urges them to stand up, accompany Him down the mountain and continue with Him on His journey to bring the Good News of God's love to all people.

Like Jesus and His companions, we too need the occasional glimpses of glory. Perhaps for us this happens through perceiving the love of God shining through the kindness or needs of another; it might come in quiet times away in prayer, reflection and stillness when we experience God's presence within us and in the beauty of creation enfolding us. But we can't stay on the "mountain" in devotional solitude forever. Love of God is about loving our neighbour. Sooner or later we must "come down from the mountain" and continue the Way of Jesus: sharing the joys as well as the challenges of life and reflecting God's love for all in practical ways to our families, neighbours, and those who challenge us; those who are abandoned, exiled, suffering, poor and overlooked in our world.

If and when we are discouraged, then we might be reassured by those experiences of God's presence with us as we address both the struggles and fruitful times in our lives. We are never alone!

And so we continue as disciples encouraged and mindful that, in reality, God also is not confined to mountains and shrines but, through Jesus, travels with us through life's ups and downs, taking to heart Jesus' final words to us as recorded in Matthew's Gospel:

“I am with you always to the end of time”

(Matt 28:20).



Sacred Heart Parish Prayer

Loving God, we honour the heart of Jesus, your beloved Son. We remember how he opened his heart in love to all people. Open our own heart to receive the gifts that continue to flow so richly from the heart of Christ, who lives with you in the unity of the Holy Spirit, one God for ever and ever. Amen.

	Saturday 6:00PM Mass - Readers	Saturday 6:00PM Mass - Ministers of Communion
29-Jul-23	Celia Lemos Marlene Vergou	Charlotte Bainy
05-Aug-23	Mary Harb Teresa Dang	Terry Murphy
12-Aug-23	Celia Lemos Terry Murphy	Mary Harb

	Sunday 10:30AM Mass - Readers	Sunday 10:30AM Mass Ministers of Communion
30-Jul-23	Eileen Stevens Ophelia Swai	Ivana Lo Bello
06-Aug-23	Hannah Lopez Judeline Wadhvani	Giovanna D' Intino
13-Aug-23	Jessy Thambiraj Ophelia Swai	Eileen Stevens

	Sunday 6:00PM Mass - Readers	Sunday 6:00PM Mass Ministers of Communion
30-Jul-23	Albert D'Souza Michelle Totawatte	Robert Dullard
06-Aug-23	Marijana Jurjevic Michelle Totawatte	Robert Dullard
13-Aug-23	Albert D'Souza Tim Rankin	Damian Casamento

Attention Ministers of Communion and Readers

NEW ROSTERS and updated phone lists have been emailed. Please also check your junk mail folder if you haven't received yours in your inbox. For those who do not receive an email copy please check the Church foyer for your copy.

Thank you all for your faithful service to our Eucharistic Celebrations.

A Heartfelt 
Thanks
To our volunteers!

WE PRAY FOR:

The elderly and the sick

Sandra Bishop, John Storrie, Ylenia Useli, Catherine Zanatta

Our parishioners, family members and friends, that they may be blessed with constant care, attention and respect.

Those who have died recently:

Matilda Cannatelli (RIP 28/7. Funeral Wed 9/8 at 11am)

We Commemorate:

*O Lord may perpetual light shine upon them.
May they rest in peace. Amen.*

Last Week's Collection: 30/7/23

1st Collection for our Church: \$1,189

2nd Collection for support of clergy: \$750

Thank you for your kind generosity!



Please take the bulletin home

ACKNOWLEDGEMENT OF OUR TRADITIONAL CUSTODIANS

Sacred Heart Community Preston acknowledges the Wurundjeri People of the Kulin Nation, the traditional custodians of this Sacred land on which our Church stands.



We acknowledge their unique wisdom and ability to care for Country and their deep spiritual connection to it. We pay our respects to Elders past, present and emerging.



† Solemnities / Feasts / Memorials of the Week †

Monday 7 August

*St Sixtus II, Pope, and his companions, Martyrs,
St Cajetan, Priest*

Tuesday 8 August

*St Mary of the Cross (MacKillop),
Virgin – Solemnity. St Dominic*

Wednesday 9 August

*St Teresa Benedicta of the Cross
(Edith Stein), Virgin, Martyr*

Thursday 10 August

St Laurence, Deacon Martyr

Friday 11 August

St Clare of Assisi, Virgin

Saturday 12 August

St Jane Frances de Chantal, Religious



THOUGHTS FROM POPE FRANCIS

*Let us Pray Together for beleaguered
Ukraine, where the war is destroying
everything, even grain, while the cry of
millions of hungry brothers and sisters rises to
Heaven.*



† Welcome before Baptism †

Dear Parents, as you prepare for your child's Baptism, the people of Sacred Heart rejoice that you have chosen to baptize your child and we pray that in the coming years you and your family will continue to know and grow in the love of God, that is everlasting.

The Parish introduces to the Sacred Heart community

Leon Ferella

in preparation for his Baptism on 27 August.



Adoration of the Blessed Sacrament

Every Thursday at 7:30pm for 1 hour.

(Excluding last Thursday of the month)

All are welcome to spend a holy hour with our Lord Jesus in adoration.

"Stay with Me, remain here with Me... Watch and pray..."



Piety Shop

The piety shop stocks small gifts and cards for **all Sacraments** as well as various religious items at reasonable prices. Please take the time to have a look after any of the weekend Masses.

Thank you



National Vocations Awareness Week:

6 - 13 August 2023

Vocations come from families, communities and parishes. Strong families and communities are the place where vocations are first nurtured. In this **National Vocations Awareness Week**, let us pray for all families in our parish, and for those preparing for marriage. Let us also pray that our parish community may always be welcoming and encouraging of vocations to marriage, priesthood and consecrated life.



Breakfast with Fr Aloysius

Please join Father for breakfast on, **Monday 7 August** in the presbytery after the 9:10am Mass.



Saints: Guiding Lights of Hope and Inspiration

In the vast tapestry of saints, we find extraordinary souls whose lives continue to inspire and uplift us. These spiritual luminaries, hailing from different walks of life, embody the virtues of faith, love, and sacrifice. Their unwavering commitment to God and humanity serves as a guiding light for all of us, illuminating the way towards a more profound connection with the divine.

Catholic saints are timeless role models, exemplifying the transformative power of prayer, charity, and forgiveness. Through their selfless acts, they remind us that holiness lies not in perfection but in the sincerity of our efforts to live virtuous lives.

As we encounter challenges and uncertainties, the lives of these saints offer hope and encouragement. They show us that amid trials, we can find solace in God's grace and strength in our faith. Their stories call us to emulate their virtues, spreading kindness, compassion, and joy to those around us.

Let us seek the intercession of these saints, drawing inspiration from their spiritual journeys to navigate our own. As we honour their memories, may their examples lead us to deepen our relationship with God and embrace the profound call to love and serve one another.

Prayer:

Heavenly Father,

We thank you for the gift of Catholic saints, whose lives inspire and guide us. May we follow their examples of unwavering faith and love, and may their intercession bring us closer to Your divine presence. Help us walk in their footsteps, spreading hope and compassion to all we encounter. Grant us the grace to be the instruments of Your peace in this world.

Sourced from www.majellan.media



CatholicCare Victoria Sunday Appeal

Next weekend is the CatholicCare Victoria Sunday Appeal. As our parish community's social service agency, CatholicCare Victoria delivers programs and services to support families, children, young people and individuals to help everyone reach their full potential. Donations from our parish community help CatholicCare Victoria support the most vulnerable individuals and families in our community and empower everyone to live life to the full.

Please donate to the CatholicCare Victoria Sunday Appeal. Your support and generosity will help provide caring and compassionate support for struggling individuals and families in our community. You can donate using the appeal envelope available in our parish or donate online at www.catholiccarevic.org.au or call (03) 9287 5513.



Sacrificial giving via QR code

To support our parish and priest, you can make a donation by scanning this QR code which is unique to Sacred Heart Church, Preston.

It will give you direct access to the CDF pay webpage by following a few easy steps.

The QR code is also displayed in the Church foyer. Kindly consider donating to both the Church and Presbytery accounts. Many thanks for your continued generosity and support to Sacred Heart parish.




Billings Natural Fertility Awareness Week Webinar 21 August 2023

This year, 2023, marks the 70th anniversary of the commencement of Dr John Billings' research in finding a natural, reliable method of Fertility Awareness for couples. During Natural Fertility Awareness Week, in August, a special, free webinar in recognition of Dr John Billings' work, entitled "Understanding Couple Fertility: The Male Perspective" will be held on Monday 21st August 2023 at 7.30pm AEST.

As well as highlighting the male perspective in using the Billings Ovulation Method®, couples will reflect on how it has helped them in understanding their joint fertility, as well as benefiting their relationships and family life.

Please follow the link to register for the Webinar on Eventbrite.

<https://www.eventbrite.com.au/e/understanding-couple-fertility-the-male-perspective-webinar-tickets-678382479257?aff=oddtcreator>



Church Flowers



Volunteers are needed to prepare flowers for our church.

If you are interested, please contact Jessica on 0433 278 175. Thank you.



Sacred Heart Primary School 2024 Enrolments

Enrolments for the 2024 school year Foundation classes are still available. For a school tour, please contact the school principal on 9487 1001 or via the school website

<http://www.shpreston.catholic.edu.au>



Children's activity pages

Please find in the foyer of the Church activity pages and pencils for young children to use quietly during Mass.



Joke Corner

Who is the patron saint of surveillance? St Francis of a CCTV.
Why did Saint Francis cry? Someone called him Assisi.
Who is the patron saint of 'reply all in emails'? St. Francis of a CC *****

One day, a man named David decides to skip church to play golf. Up in heaven, Saint Peter sees this and reports David's sin to God. God says, "I will punish him accordingly." David plays a perfect game and goes home really pleased. Saint Peter sees this and goes to God and says, "What gives? You said you would punish him, yet he gets a perfect score."
God smiles and says, "Who can he tell?" *****

What was papal infallibility called when St. Peter was pope?
Simon Says.



ENTRANCE ANTIPHON

In a resplendent cloud the Holy Spirit appeared.

The Father's voice was heard: This is my beloved Son, with whom I am well pleased. Listen to him.

PENITENTIAL ACT

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do,

And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault; therefore, I ask blessed Mary Ever-Virgin, all the Angels and Saints,

and you, my brothers and sisters, to pray for me to the Lord our God.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

FIRST READING

Daniel 7:9-10,13-14

As I watched:

Thrones were set in place

and one of great age took his seat.

His robe was white as snow,

the hair of his head as pure as wool.

His throne was a blaze of flames,

its wheels were a burning fire.

A stream of fire poured out,

issuing from his presence.

A thousand thousand waited on him,

ten thousand times ten thousand stood before him.

A court was held

and the books were opened.

I gazed into the visions of the night.

And I saw, coming on the clouds of heaven,

one like a son of man.

He came to the one of great age

and was led into his presence.

On him was conferred sovereignty,

glory and kingship,

and men of all peoples, nations and languages became his servants.

His sovereignty is an eternal sovereignty which shall never pass away,

nor will his empire ever be destroyed.

The Word of the Lord

All: Thanks be to God.

RESPONSORIAL PSALM

Psalm 96(97):1-2,5-6,9

The Response Is:

The Lord is king, the Most High over all the earth.

The Lord is king, let earth rejoice,

let all the coastlands be glad.

Cloud and darkness are his raiment;

his throne, justice and right.

The Lord is king, the Most High over all the earth.

The mountains melt like wax before the Lord of all the earth.

The skies proclaim his justice;

all peoples see his glory.

The Lord is king, the Most High over all the earth.

For you indeed are the Lord most high above all the earth, exalted far above all spirits.

The Lord is king, the Most High over all the earth.

SECOND READING

2 Peter 1:16-19

It was not any cleverly invented myths that we were repeating when we brought you the knowledge of the power and the coming of our Lord Jesus Christ; we had seen his majesty for ourselves. He was honoured and glorified by God the Father, when the Sublime Glory itself spoke to him and said, 'This is my Son, the Beloved; he enjoys my favour.' We heard this ourselves, spoken from heaven, when we were with him on the holy mountain.

So we have confirmation of what was said in prophecies; and you will be right to depend on prophecy and take it as a lamp for lighting a way through the dark until the dawn comes and the morning star rises in your minds.

The Word of the Lord

All: Thanks be to God.

Please stand for the Gospel Acclamation.

GOSPEL ACCLAMATION

Alleluia, alleluia!

This is my Son, my beloved, in whom is all my delight: listen to him.

Alleluia!

GOSPEL

Matthew 17:1-9

Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone. There in their presence he was transfigured: his face shone like the sun and his clothes became as white as the light. Suddenly Moses and Elijah appeared to them; they were talking with him. Then Peter spoke to Jesus. 'Lord,' he said 'it is wonderful for us to be here; if you wish, I will make three tents here, one for you, one for Moses and one for Elijah.' He was still speaking when suddenly a bright cloud covered them with shadow, and from the cloud there came a voice which said, 'This is my Son, the Beloved; he enjoys my favour. Listen to him.' When they heard this the disciples

fell on their faces overcome with fear. But Jesus came up and touched them. 'Stand up,' he said 'do not be afraid.' And when they raised their eyes they saw no one but only Jesus.

As they came down from the mountain Jesus gave them this order, 'Tell no one about the vision until the Son of Man has risen from the dead.'

The Gospel of the Lord.

All: Praise to you, Lord Jesus Christ.

PROFESSION OF FAITH

THE NICENE CREED.

I believe in one God, the Father almighty, maker of heaven and earth,

of all things visible and invisible.

I believe in one Lord Jesus Christ,

the Only Begotten Son of God,

born of the Father before all ages.

God from God, Light from Light,

true God from true God, begotten, not

made, consubstantial with the Father;

through him all things were made.

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including 'and became man', all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under

Pontius Pilate, he suffered death and was

buried, and rose again on the third day in

accordance with the Scriptures.

He ascended into heaven and is seated at

the right hand of the Father.

He will come again in glory to judge the

living and the dead and his kingdom will

have no end.

I believe in the Holy Spirit, the Lord, the

giver of life, who proceeds from the

Father and the Son, who with the Father

and the Son is adored and glorified, who

has spoken through the prophets.

I believe in one, holy, catholic and

apostolic Church.

I confess one Baptism for the forgiveness

of sins and I look forward to the

resurrection of the dead and the life of the

world to come. Amen.

COMMUNION ANTIPHON

When Christ appears, we shall be like him, for we shall see him as he is.

