

North Gwinnett Counseling Associates, LLC  
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**Adult Information Form**

(Revised December 2008)

*\*This Form is Completely Confidential\**

Name: \_\_\_\_\_ Name Preferred to be called: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: \_\_\_\_\_

Are you currently employed? \_\_\_\_\_ Fulltime or part-time? \_\_\_\_\_

What is your occupation? \_\_\_\_\_ How long have you worked in this position? \_\_\_\_\_

**Relationship Status:** ( ) Single ( ) Married ( ) Divorced ( ) Separated ( ) Living together as a couple

If married (or living together): How long in relationship? \_\_\_\_\_

Do you or your spouse/partner have children? If yes, what are their ages?

\_\_\_\_\_

Who resides with you: (Name, relationship, age):

\_\_\_\_\_

\_\_\_\_\_

**MEDICAL HISTORY:**

Please explain any significant medical problems, symptoms, or illnesses):

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**Current Medications** (if you need more room, please write on the back of this page:

Doctor: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Name of medication:	Purpose:	Dosage:	Prescribing Doctor:

Previous medical hospitalizations (Approximate dates and reasons):

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Previous psychiatric hospitalizations (Approximate dates and reasons):

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Have you attended psychotherapy/counseling in the past? \_\_\_\_\_

If yes, with whom and for approximately how long? \_\_\_\_\_

Please select symptoms/ situations that apply to you currently or in the past?

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Depression                                 | <input type="checkbox"/> unable to enjoy life | <input type="checkbox"/> Difficulty concentrating |
| <input type="checkbox"/> Anxiety                                    | <input type="checkbox"/> frequent worry       | <input type="checkbox"/> lack of motivation       |
| <input type="checkbox"/> Panic Attacks                              | <input type="checkbox"/> stress               | <input type="checkbox"/> excessive energy         |
| <input type="checkbox"/> Problems sleeping                          | <input type="checkbox"/> headaches            | <input type="checkbox"/> lack of energy           |
| <input type="checkbox"/> changes in appetite                        | <input type="checkbox"/> Body aches           | <input type="checkbox"/> shakes/ tremors          |
| <input type="checkbox"/> Anger/ Temper                              | <input type="checkbox"/> memory problems      | <input type="checkbox"/> work/school problems     |
| <input type="checkbox"/> Relationship problems                      | <input type="checkbox"/> History of trauma    | <input type="checkbox"/> History of abuse         |
| <input type="checkbox"/> Thoughts of wanting to harm self or others |   | <input type="checkbox"/> Acts of self harm        |

How many alcoholic drinks do you consume per week? \_\_\_\_\_

Do you use any other recreational drugs? \_\_\_\_\_ If yes, which ones?

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Do you have a history or family history of addiction? \_\_\_\_\_

What would you like to gain from counseling? \_\_\_\_\_

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