Class Schedule

CRM - Creative Rhythm & Movement (30 minutes)

18 months – 2 yrs

oMon 4:30pm age 18 months − 2yrs

OWed 4:30pm age 2OSat 9:30am age 2

oSat 9:30am age 18 months − 2yrs

Combo Classes (45 minutes)

*BALLET/TAP Combo classes

Age 3

Wed 5:00pmThurs 6:30pm

○Sat 10:00am

Age 4

oMon 6:30pm

○Tues 5:00pm

○Sat 10:45am

*BALLET/JAZZ Combo Classes

Age 6-8

○Sat 11:30am

Acrobatics for Dancers (45 minutes)

○Tues 6:30pm Advanced○Wed 5:45pm Beginner○Wed 7:15pm Intermediate

Ballet (45 minutes)

\circ Mon	4:30pm	Ballet Barre	ages 10+
\circ Mon	5:00pm	Ballet IV	ages 10+
\circ Mon	5:45pm	Ballet V	ages 10+
\circ Mon	6:30pm	Ballet VI	ages 10+
\circ Tues	5:00pm	Ballet III	ages 10+
\circ Tues	5:45pm	Adv Pointe	ages 10+
\circ Tues	6:30pm	Ballet I	ages 6-9
\circ Tues	<i>7</i> :15pm	Beg/int Teen	ages 11+
$\circ Wed$	5:45pm	Pre-Ballet I	ages 5-7
$\circ Wed$	6:30pm	Ballet VI	ages 10+
$\circ Wed$	<i>7</i> :15pm	Ballet IV	ages 10+
$\circ Wed$	8:00pm	Beg Pointe	ages 10+
$\circ Thurs$	4:15pm	Pre-Ballet II	ages 5-7
$\circ Thurs$	5:00pm	Ballet II	ages 7-11
$\circ Thurs$	5:45pm	Pre-Ballet II	ages 5-7

Jazz/Contemporary (45 minutes)

 OMon
 5:00pm
 Pre-Jazz
 ages 5-7

 oTues
 7:15pm
 Jazz/Cont IV/V ages 10+

 oWed
 6:30pm
 Jazz I/II
 ages 7-11

 oThurs
 7:15pm
 Broadway
 ages 8-11

 oSat
 11:30am
 Broadway
 ages 8-11

Hip Hop (45 minutes)

\circ Mon	8:00pm	Hip Hop IV/V	ages 10+
\circ Wed	5:00pm	Pre Hip Hop	ages 5-7
○Thurs	5:00pm	Tiny Tot Hip Hop	ages 4-5
\circ Thurs	7:15pm	Hip Hop II/III	ages 7-11
○Sat	10:00am	Tiny Tot Hip Hop	ages 4-5

Technique Classes (45 minutes)

\circ Mon	5:45pm	Leaps & Turns VI	ages 10+
○Mon	5:45pm	Pre-Leaps & Turns II	ages 5-7
\circ Mon	7:15pm	Stretch & Condition	ages 10+
\circ Tues	4:30pm	Style & Shine	ages 6-10
\circ Tues	5:45pm	Legs & Extensions III	ages 10+
\circ Tues	6:30pm	Leaps & Turns II	ages 7-11
\circWed	4:30pm	Abs, Arms, Legs	ages 10+
\circWed	5:00pm	Adv Leaps & Turns – CO ONLY	ages 10+
\circ Thurs	5:45pm	Arms & Turns III	ages 10+
OThurs	6:30pm	Leaps & Turns I	age 6-9

Modern (45 minutes)

⊙Mon 5:00pm Modern V/VI ages 10+

Drill Team (45 minutes)

\circ Mon	<i>7</i> :1 <i>5</i> pm	Int/Adv Drill Tech	ages 12+
\circ Mon	8:00pm	Drill Jazz	ages 12+
\circ Tues	7:15pm	Beg/Int Drill Tech	ages 12+
○Tues	8:00pm	Kick Technique	aages 12+

*Schedule subject to change.

Please check website often for current updates/changes.

Tap (45 minutes)

oThurs 6:30pm Beginner ages 7-11 oSat 10:45am Intermediate ages 10+ 1802 PLEASANT VALLEY STE 300 GARLAND, TX 75040 972 240 7626

www.xd2dance.com