

Soapitz-by-Opitz, LLC

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Moisturizing Cold Process Soap

5.27 oz Avocado Oil	10.54 oz Palm Oil
2.63 oz Castor Oil	5.27 oz Shea Butter
10.54 oz Coconut Oil	7.48 oz Lye
1.32 oz Jojoba Oil	17.82 oz Distilled Water
18.44 oz Olive Oil	

Tussah Silk Fibers

3.36 oz Fragrance Oil (follow distributor guidelines for amt)

Colorants

Mold(s) to hold 80 oz

Fully dissolve lye and silk fibers in water and let cool. Measure all butters by weight in heat safe container. Heat until melted. Add all liquid oils to butter mixture ensuring temperature is at 120 degrees or below. Once both lye water and oil mixture have cooled to approximately 10 degrees of each other, pour lye water slowly into oil mixture. Use whisk or stick blender to mix until reach trace. This will resemble a thin milkshake and will leave a trace line on top of the soap. Divide soap batter and color as desired. Split fragrance oil between containers of soap and thoroughly mix. Pour soap into mold(s) in desired pattern. Spray with 99% Isopropyl Alcohol and cover. Wrap in towels or place on heating pad if gel phase is desired. After 24-48 hours, remove from mold, cut into desired shape and let cure for 4-6 weeks.

Note: for layered soap stir batter until at a thick trace

Lotion Bar Recipe

5 oz Beeswax
5 oz Almond Oil
2.5 oz Cocoa Butter - deodorized
2.5 oz Shea Butter
0.2 oz fragrance
Dash of Vitamin E oil

Melt beeswax carefully with the almond oil. Add cocoa butter and stir/heat until melted. Add shea butter and stir/heat until just melted. Shea butter can become grainy if overheated leaving an unpleasant texture to your lotion bars. Add fragrance and a dash of vitamin E oil. Pour slowly into molds. This makes 6 2.5 oz bars.

Lip Balm Recipe

3 oz Coconut Oil
2.5 oz Beeswax
1 oz Cocoa Butter – deodorized
1 oz Shea Butter

Melt beeswax and coconut oil carefully. Add cocoa butter and stir/heat until melted. Add shea butter and stir/heat until just melted. Shea butter can become grainy if overheated leaving an unpleasant texture to your lip balms. Add flavor oil. Pour into lip balm tubes. This makes approximately 48 lip balms.

Bath Truffle Recipe

Courtesy of SoapQueen

25 oz Sodium Bicarbonate (Baking Soda)
7 oz. Citric Acid
13 oz. SLSA
2.5 oz. Cream of Tartar
1 tsp. Fine Silver Rainbow EcoGlitter
6 oz. Shea Butter
4.5 oz. Cocoa Butter
1.5 oz. Liquid Glycerin
0.5 oz. Polysorbate 80
0.6 oz Fragrance Oil
Mica colorants

In a small heat-safe container, add 6 oz of shea butter and 4.5 oz of cocoa butter. Place the container in the microwave and melt the butters using 30-60 bursts. Be careful when removing it from the microwave, as it may be very hot. Add 0.6 oz of fragrance oil, 0.5 oz of polysorbate 80, and 1.5 oz of glycerin. Use a spoon to thoroughly incorporate. Set aside.

Place a fine mesh sifter over a large container. Push 25 oz of baking soda, 7 oz of citric acid, 2.5 oz of cream of tartar, and 1 teaspoon of Fine Silver Rainbow EcoGlitter through the sifter into the container. Mix with a whisk. Very carefully, add 13 oz of SLSA to the large container (do not put it through the sifter). Add it last, because SLSA goes airborne easily and can be irritating. A mask is recommended. Slowly mix together the dry ingredients using a whisk.

When the liquid ingredients are about 180° F, add about 1/3 to the dry mixture. Because the liquid is hot, use gloved hands to mix. Continue adding the liquid ingredients to the dry and mix together until fully incorporated. The warmer the dough, the softer it will be. A dough temperature of about 85-100° F is a great moldable texture. If it's cooler, place

the entire mixture into the microwave for 10-20 seconds to warm it. You will have about 60 ounces. Split the batch into containers for each color you want if making multi-colored truffles or you can do solid colored truffles as well. To each container, add the mica – a little goes a long way. Use your hands to mix in the mica thoroughly until there are no streaks of color. You may want to change gloves when moving from warm to cool colors.

Place a sheet of parchment or wax paper on a tray or your counter. Working each color, begin to form a long, flat dough shape. Place it on your work surface. Continue making long, flat logs laying them next to each other and use your hands to gently press the colors together and form an even shape. Use a cookie dough scoop to make truffles getting some of each color. Note – if you are only doing one color just scoop directly from the missing bowl. Place on lined tray/counter and dry overnight.

I sell these 6 to a container using a domed ice cream container obtained from a restaurant supply company. Looks like ice cream!

Resources:

Ingredients

Brambleberry
2138 Humboldt St
Bellingham, WA 98225
www.brambleberry.com

Mad Oils/Mad Micas
430 South Congress Ave., #2
Delray Beach, FL 33445
www.madmicas.com

Wholesales Supplies Plus (Rustic Escentuals, LLC)
7820 E Pleasant Valley Rd
Independence, OH 44131
www.wholesalesuppliesplus.com

Soaper's Choice (division of Columbus Foods)
1701 Winthrop Dr
Des Plaines, IL 60018
www.soaperschoice.com

New Direction Aromatics
www.newdirectionsaromatics.com

Locally at
Sam's Club or Costco
Restaurant Depot
Walmart and Walgreen's

Packaging

PaperMart
2164 N Batavia St
Orange, CA 92865
www.papermart.com

Clear Bags
4949 Windplay Dr #100
El Dorado Hills, CA 95762
www.clearbags.com

Online Labels, Inc
2021 E Lake Mary Blvd
Sanford, FL 32773
www.onlinelabels.com

Business

IRS (various)
<https://www.irs.gov/businesses/small-businesses-self-employed/online-tax-calendar>

Washburn Small Business Development Center
719 S Kansas Ave, Ste 100
Topeka, KS 66603
<http://washburnsmallbusiness.com>

Kansas Secretary of State
120 SW 10th Ave
Topeka, KS 66612
www.sos.ks.gov/businesses