



COVID-19 Social Distancing Requirements

It is AKK's desire to do everything possible to follow state and local recommendations while providing a fun and safe riding experience for everyone during this unprecedented time.

You must stay home if...

- ...you have traveled from outside of the United States within the past 14 days
- ...you have been tested and are positive for COVID-19.
- ...you have been tested for COVID-19 but have not yet received results.
- ...you, or anyone in your household, are experiencing any symptoms associated with COVID-19.
- ...you have been in close contact with someone who is suspected of being infected, or confirmed to have been infected, with COVID-19.

Below are tips for keeping yourself safe while hitting the trails and getting fresh air and exercise for you and your horses:

1. **Avoid trailering together in the same vehicle with others outside of your household;** drive separate rigs instead.
2. **Park with extra distance between rigs;** be sure you can comfortably maintain a 6- to 10-foot personal distance between others.
3. **Avoid tying horses next to each other:** Tie horses, outside of the same household, at least 6 feet apart during breaks.
4. **Only take easy-to-load horses** unless someone from your own household will be with you and can help.
5. **Don't handle horses being used by people outside your household.** The same goes for tack—no sharing or handling other's bridles, saddles, grooming supplies, etc.
6. **Maintain at least 6 feet between riders** (a recommended safety practice among riders even in "normal" times.).
7. **Remember to maintain at least 6 feet of distance when passing a hiker, mountain biker, or another equestrian on the trail.** This might require that someone moves 6 to 10 feet off the trail to allow the other to pass.
8. Now might be the time to **wear that bandana you usually save for dusty rides or to wear a mask.** It is important to remember that wearing a mask is not protective for the wearer but, rather, designed to contain spread from the wearer.
9. **Bring hand sanitizer and use it,** especially if you're handling and eating food or using a public restroom. Wash your hands thoroughly when you return to camp.
10. **After addressing any concerns, if you're still in doubt, stay safe and ride another day.** Safety should always your primary consideration when riding. Avoid taking risks that might burden the health care system at a time when it's dealing with the current COVID-19 crisis—which includes maintaining medical protective supplies.