

RESULTS OF

1974 L.S.S.A.A. TRACK AND FIELD MEET

Midget Boys

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time, Height or Distance</u>
<u>100 M. Dash</u>	1. Tim Dowswell	Northern	12:7
	2. Jamie Mazcko	Northern	12:9
	3. Kevin Edgar	Central	13:0
	4. Guy Lalonde	St. Clair	
	5. Dean Bradley	St. Pat's	
	6. Pete Lockridge	East Lambton	
<u>200 M. Dash</u>	1. Tim Dowswell	Northern	25.1
	2. Doug Beaudoin	St. Clair	25.4
	3. Jamie Mazcko	Northern	25.5
	4. Don Hughes	St. Clair	
	5. Dean Bradley	St. Pat's	
	6. Kevin Edgar	Central	
<u>400 M. Run</u>	1. Doug Beaudoin	St. Clair	57.0
	2. Guy Lalonde	St. Clair	59.5
	3. Mahmood Rabi	Central	59.5
	4. Brad Lane	Northern	
	5. Pete Blok-Anderson	Central	
	6. Steve Rogers	Northern	
<u>800 M. Run</u>	1. Brian Ayers	St. Clair	2:15.4
	2. Hahmood Rabi	Central	2:15.8
	3. Steve Mumford	St. Clair	2:17.8
	4. Bruce Burleight	Central	2:19.7
	5. Paul Brown	St. Pat's	
	6. Dennis Gagnon	Northern	
<u>1500 M. Run</u>	1. Brian Ayres	St. Clair	4:39.4
	2. Steve Mumford	St. Clair	4:39.4
	3. Paul Brown	St. Pat's	4:55.4
	4. Gord Lambt	S.C.I.T.S.	5:01.5
	5. Bob Young	Central	
	6. Chris Goslin	Lambton Central	
<u>100 M. Hurdles</u>	1. Kevin McAlpine	Northern	15:0
	2. Brian Crombeen	S.C.I.T.S.	17:0
	3. Mike Raaymaker	St. Clair	17:4
	4. Steve Rogers	Northern	
	5. Don Jones	East Lambton	
<u>Shot Put</u>	1. Kevin McAlpine	Northern	46' 5"
	2. Jamie Rome	Central	45' 1"
	3. Andrea Proia	St. Pat's	39' 4"
	4. Mike Park	Lambton Central	38' 2"
	5. Randy Smail	St. Clair	37' 10 1/2"
	6. Todd Whitfield	S.C.I.T.S.	37' 5 1/2"

Junior Boys

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time, Height or Distance</u>
<u>100 M. Dash</u>	1. Don Smith	St. Clair	11:9 ✓
	2. Kevin Newall	St. Clair	12:2
	3. Tom Wiwcharuk	Northern	12:4
	4. Rob Annett	East Lambton	12:5
	5. Norm Lariviere	S.C.I.T.S.	
	6. Bob Brazeau	St. Pat's	
<u>200 M. Dash</u>	1. Don Smith	St. Clair	23.3 ✓
	2. Devin Newall	St. Clair	23.9
	3. Rob Annett	East Lambton	24.7
	4. Pete Frost	Northern	
	5. Tim Hummell	Northern	
	6. Paul Brazeau	St. Pat's	
<u>400 M. Run</u>	1. Tom Wiwcharuk	Northern	52.2 ✓
	2. Tim Hummell	Northern	55.0
	3. Ron Bell	Central	55.8
	4. Allen Shaw	St. Clair	
	5. Mike Dupuis	St. Clair	
<u>800 M. Run</u>	1. Scott Connop	Northern	2:03.5 ✓
	2. Yves Millette	Northern	2:09.
	3. Mark Wighton	Central	3:09.8
	4. Glen Hussry	Lambton Central	2:10.9
	5. Mike Cain	St. Clair	
	6. Bruce Kaija	St. Clair	
<u>1500 M. Run</u>	1. Scott Connop	Northern	4:16.6 ✓
	2. Peter Butler	Northern	4:30.8
	3. Mark Wighton	Central	4:35.4
	4. John Willems	St. Clair	
	5. Glen Hussry	Lambton Central	
	6. Mark Long	S.C.I.T.S.	
<u>3000 M. Run</u>	1. Peter Butler	Northern	9:09. ✓
	2. Don Willems	St. Clair	10:09.
	3. Yves Millette	Northern	10:20.6
	4. Mike Lindinger	St. Clair	
	5. Wayne Morris	East Lambton	
<u>110 M. Hurdles</u>	1. Mark Holbrook	Northern	17:7 ✓
	2. Bob Ferguson	Northern	18:0
	3. Chris Fournie	S.C.I.T.S.	18:6
	4. Pete Brown	East Lambton	
	5. Larry Beaton	St. Clair	
<u>Shot Put</u>	1. Pete Sops	Central	41' 8 1/4" ✓
	2. Leo Bigras	S.C.I.T.S.	41' 6 3/4"
	3. John Park	Northern	40' 11 1/2"
	4. Gerry Parrish	St. Clair	40' 7 1/2"
	5. Paul Wilson	St. Clair	37' 1/2"
	6. Mark Kilbreath	S.C.I.T.S.	35'

Senior Boys

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time, Height or Distance</u>
<u>100 M. Dash</u>	1. Don Webster	Northern	11:9
	2. Randy Martin	S.C.I.T.S.	12:1
	3. Bruce Helps	St. Clair	12:1
	4. George Chan	St. Pat's	12:3
	5. Bob VanHorn	St. Clair	
	6. Angelo Moscone	S.C.I.T.S.	
<u>200 M. Dash</u>	1. Don Webster	Northern	23.8
	2. Bruce Helps	St. Clair	24.3
	3. Randy Martin	S.C.I.T.S.	24.45
	4. Terry Kemp	St. Clair	
	5. George Chan	St. Pat's	
	6. Kevin Bryson	East Lambton	
<u>400 M. Run</u>	1. Rob Crowell	Central	52.2
	2. Gord Calhoun	Lambton Central	52.8
	3. Bob Farlow	Central	53.4
	4. Bob VanHorn	St. Clair	
	5. Paul Brownlee	Northern	
	6. Brad Goodchild	St. Clair	
<u>800 M. Run</u>	1. Rob Crowell	Central	1:58.55
	2. Rick Wolsey	Central	1:58.6
	3. Leo Lindinger	St. Clair	2:06.5
	4. Murray Stephenson	Northern	2:07.7
	5. David Arnold	Lambton Central	
	6. Roger Donais	Lambton Central	
<u>1500 M. Run</u>	1. Rick Wolsey	Central	4:16.2
	2. Leo Lindinger	St. Clair	4:19.5
	3. Jeff Clendenning	St. Clair	4:30.1
	4. Murray Stephenson	Northern	
	5. Tom Hicks	Central	
	6. Earl Morwood	East Lambton	
<u>3000 M. Run</u>	1. Tom Hicks	Central	9:24.5
	2. Jeff Glendenning	St. Clair	9:39
	3. Russ Marsh	St. Clair	10:35
	4. Earl Morwood	East Lambton	
	5. Steve Harrington	Central	
	6. Guy Kolhmier	Northern	
<u>110 M. Hurdles</u>	1. P. Sparks	S.C.I.T.S.	18.5
	2. Brent McKellar	East Lambton	19.9
	3. Graham Nesbitt	East Lambton	20.1
	4. Brad Goodchild	St. Clair	21.4
	5. Jim McAlpine	Lambton Centaral	

Senior Boys

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time, Height or Distance</u>
<u>Open 400MM. Hurdles</u>	1. Bob Farlow	Central	1:0.2
	2. Terry Kemp	St. Clair	1:3.0
	3. Mike Carlton	St. Clair	1:2.1
	4. P. Sparks	S.C.I.T.S.	1:3.
	5. Bill Burgess	Northern	
	6. Mark Holbrook	Northern	
<u>Open 1500 M. Steeplechase</u>	1. Dave Keenan	Northern	5:0.5
	2. Mark Bourassa	Northern	5:6.5
	3. Mike Cain	St. Clair	5:16.1
	4. Mike Carlton	St. Clair	
	5. Jerry Baker	Central	
	6. Steve Harrington	Central	
<u>Shot Put</u>	1. Pat Daley	Lambton Central	44' 10 1/2"
	2. Mike McClemont	Northern	42' 8"
	3. Duncan MacKinlay	Northern	40' 5 1/2"
	4. Paul Stonehouse	Central	39' 2 1/2"
	5. Bill Angove	St. Clair	37' 4"
	6. Brian Howley	St. Clair	36'

Relays

<u>Senior 4 x 100 Relay</u>	1.	S.C.I.T.S.	45.6
	2.	St. Clair	46.0
	3.	Northern	46.1
	4.	Central	48.1
	5.	Watford	

<u>Junior 4 x 100 Relay</u>	1.	St. Clair	45.6
	2.	Northern	46.4
	3.	S.C.I.T.S.	46.6
	4.	St. Pat's	47.3
	5.	East Lambton	

<u>Midget 4 x 100 Relay</u>	1.	Northern	47.0
	2.	St. Clair	49.6
	3.	Lambton Central	50.0
	4.	East Lambton	50.8
	5.	--	

<u>OPEN 4 x 400 Relay</u>	1.	Central	3:33.
	2.	St. Clair	3:33.6
	3.	Northern	3:41.6
	4.	East Lambton	
	5.	--	

INDIVIDUAL WINNERS AND TEAM STANDINGS

Midget

<u>Team Standings:</u>	1. Northern	134 points
	2. St. Clair	108
	3. Central	59
	4. S.C.I.T.S.	46
	5. St. Pat's	38
	6. North Lambton	18
	7. Lambton Central	15
	8. East Lambton	11

Individual Winners

{	1. Tim Dowswell	Northern	30 points
	1. Kevin McAlpine	Northern	30 points
	3. Brian Crombeen	S.C.I.T.S.	26 points

Junior

<u>Team Standings:</u>	1. Northern	172 1/2
	2. St. Clair	132
	3. S.C.I.T.S.	66 1/2
	4. St. Pat's	29
	5. Central	28
	6. East Lambton	24
	7. Lambton Central	8
	8. North Lambton	0

Individual Winners

1. Don Smith	St. Clair	30 points
2. Scott Connop	Northern	28
3. Tom Wiwcharuk	Northern	24

Senior

<u>Team Standings:</u>	1. St. Clair	151 points
	2. Central	144
	3. Northern	106
	4. S.C.I.T.S.	57
	5. East Lambton	49
	6. Lambton Central	37
	7. St. Patrick's	7

Individual Winners

{	1. Doug Eldridge	Central	28 points
	1. Rob Crowell	Central	28 points
	3. Peter Sparks	S.C.I.T.S.	24 points

Results of 1974 L.S.S.A.A. Track and Field Meet

Thursday, May 9, 1974

Midget Boys

<u>Event</u>	<u>Name</u>	<u>School</u>	<u>Time, Height or Distance</u>
<u>Discus</u>	1. Brian Crombeen	S.C.I.T.S.	131' 0"
	2. Jamie Rome	Central	130' 8"
	3. Tom Gawinski	Northern	123' 5 1/2"
	4. Paul Stirrett	Central	113' 6 1/2"
	5. Dan Murray	Northern	103'
	6. Don David	St. Clair	96' 3"
<u>Long Jump</u>	1. Tim Dowsell	Northern	17' 7"
	2. Marty Leber	Northern	16' 2"
	3. Red Maxfield	W. Lambton	15' 8"
	4. Dean Bradley	St. Pat's	15' 6"
	5. Dennis Smith	W. Lambton	15' 5"
	6. Darren Herry	S.C.I.T.S.	15' 2"
<u>Triple Jump</u>	1. Dennis Smith	W. Lambton	36' 11 1/2"
	2. Cam Jarvis	S.C.I.T.S.	36' 1/2"
	3. Don Hughes	St. Clair	34' 11"
	4. Rudy Bet	St. Pat's	34' 0"
	5. Jamie Rome	Central	33' 10 1/4"
	6. Marty Leber	Northern	33' 10 1/4"
<u>Pole Vault</u>	1. Al Greenwood	St. Clair	8' 6"
	2. Tom Barlow	Northern	8' 3"
	3. Ken Hewitt	St. Pat's	8' 3"
	4. Terry Johnston	St. Clair	7' 6"
	5. Ron Dalton	St. Pat's	5' 7"
<u>Javelin</u>	1. Tom Gawinski	Northern	173'
	2. Brian Crombeen	S.C.I.T.S.	163' 2"
	3. Dale Armstrong	S.C.I.T.S.	126' 8"
	4. Mike Park	Lambton Central	126' 2"
	5. Brad Laird	St. Clair	126' 1"
	6. Dana Murray	Northern	125' 7"
<u>High Jump</u>	1. Kevin McAlpine	Northern	6' 0" NEW RECORD
	2. Bruce Burleigh	Central	5' 2"
	3. Don Jones	W. Lambton	5' 0"
	3. Rudy Bet	St. Pat's	5' 0"
	3. Dana Murray	Northern	5' 0"
	6. Ernie Gillespie	St. Clair	4' 10"

Junior Boys

	<u>Name</u>	<u>School</u>	<u>Time, Height or Distance</u>	
<u>Javelin</u>	1. Mike Crombeen	S.C.I.T.S.	178' 10"	NEW RECORD
	2. Bill Smith	Northern	169' 8"	
	3. Ken Love	St. Clair	167' 8"	
	4. Leo Bigras	S.C.I.T.S.	142'	
	5. Jerry Parish	St. Clair	139' 10"	
	6. Rob Coppens	St. Pat's	104' 10"	
<u>High Jump</u>	1. Don Smith	St. Clair	5' 6"	
	2. Mike Wilkins	St. Pat's	5' 5"	
	3. Paul Richardson	Northern	5' 5"	
	4. Ken Love	Northern	5' 2"	
	5. Mat Pilariak	S.C.I.T.S.	5'	
	5. Paul Brand	Northern	5'	
<u>Pole Vault</u>	1. Ted Gawinski	Northern	11' 6"	NEW RECORD
	2. Mike Wilkins	St. Pat's	10'	
	3. Paul Richardson	Northern	10'	
	4. Tony Filice	St. Pat's	9' 6"	
	5. Ron Marks	St. Clair	7'	
<u>Long Jump</u>	1. Ken Love	St. Clair	19'	
	2. Tom Wiwcharuk	Northern	18'	
	3. Ian Pursell	St. Clair	17' 8"	
	4. Louis Cicchini	S.C.I.T.S.	17' 1"	
	5. Tom Park	E. Lambton	16' 11"	
	6. Robb Coppens	St. Pat's	16' 9"	
<u>Discus</u>	1. Chris Martin	S.C.I.T.S.	112' 8"	
	2. Mark Kilbreath	S.C.I.T.S.	112' 5"	
	3. Jim Handyside	Northern	105' 1"	
	4. Keith Ewer	Northern	102' 6"	
	5. Paul Wilson	St. Clair	94' 10"	
	6. Rob Coppens	St. Pat's	93' 4"	
<u>Triple Jump</u>	1. Ian Pursell	St. Clair	39' 3"	
	2. Scott Connopp	Northern	38' 7 1/2"	
	3. Louis Cicchini	S.C.I.T.S.	38' 1 3/4"	
	4. Tom Park	E. Lambton	37' 6 3/4"	
	5. Jim Towle	Lambton C.	36' 1 1/2"	
	6. Pete Frost	Northern	35' 8"	

Senior Boys

	<u>Name</u>	<u>School</u>	<u>Time, Haight or Distance</u>
<u>Discus</u>	1. Geoff Connors	Northern	112' 4 1/2"
	2. Graham Nesbitt	E. Lambton	107' 11"
	3. Paul Stonehouse	Central	102' 11"
	4. Pat Daley	Lambton Central	101' 5"
	5. Ken Aarts	E. Lambton	98' 1"
	6. Kevin Graham	St. Clair	96' 4"
<u>Pole Vault</u>	1. Larry Marks	St. Clair	10'
	2. Ron Lester	St. Clair	10'
	3. Ron Raes	Northern	9' 6"
	4. Rick Wolsey	Central	9'
<u>High Jump</u>	1. Doug Aldridge	Central	5' 5"
	2. Rob Crowell	Central	5' 4"
	3. Bruce Helps	St. Clair	5' 2"
	3. David Bryce	E. Lambton	5' 2"
	3. Brett Oak	Northern	5' 2"
	6. Steve Maconn	St. Clair	4' 10"
<u>Javelin</u>	1. Doug Aldridge	Central	167' 3"
	2. Terry Smith	S.C.I.T.S.	156' 2"
	3. Kevin Graham	St. Clair	142' 11"
	4. Geoff Connors	Northern	138' 3"
	5. J. Baker	Central	128' 2"
	6. Brian Howley	St. Clair	125' 7"
<u>Triple Jump</u>	1. Jim McAlpine	Lambton Central	42' 10" NEW RECORD
	2. Doug Aldridge	Central	37' 11 3/4"
	3. Jeff Clendenning	St. Clair	37' 5 3/4"
	4. Kevin Bryson	E. Lambton	37' 2 1/4"
	5. Bill Burgess	Northern	36' 11 1/2"
	6. Graham Nesbitt	E. Lambton	35' 10 1/2"
<u>Long Jump</u>	1. Steve Sparks	S.C.I.T.S.	18' 5"
	2. B. Farlow	Central	17' 11"
	2. Bob VanHoorn	St. Clair	17' 11"
	4. Kevin Bryson	E. Lambton	17' 7"
	5. Don Webster	Northern	17' 6"
	6. Terry Kemp	St. Clair	15' 10"