



PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev Fr Joseph Stephen, C.Ss.R. (Parish Priest)
Rev Fr Paul Michael Kee, C.Ss.R. (Assistant Parish Priest)

Address: 19-21, Jalan La Salle, Ipoh Garden, Ipoh Garden
 Telephone Nos.: (Office - 5458 220) (Fax: 5468 495) website: www.omhip.org

ANNOUNCEMENTS:

**FEAST OF CORPUS CHRISTI
 THE MOST HOLY BODY & BLOOD
 OF CHRIST - Sunday 29 May,
 2016.**

Adoration of the Blessed Sacrament
 from 8.30 am to 12.30pm in the
 parish hall. All are invited to spend
 sometime in the presence of the
 Blessed Sacrament.

*There will be no 8 am (E), 10 am (T)
 & 11.30 am (C) Mass on Sunday.*

The Combine celebration will take
 place at **6 pm** followed by procession
 and will end with Benediction.

POSTER EXHIBITION

In conjunction with the Extraordinary
 Jubilee Year of Mercy, you are invited
 to a Poster Exhibition

(Venue:) Foyer, Pastoral Centre
 Church of Our Mother of
 Perpetual Help, Ipoh Gdn.
 (date) 28th (Sat) & 29th (Sun) May
 2016.

FEASTDAY DONATION:

We appeal to your generosity to help
 us to defray the cost of our feastday
 celebrations. You can submit your
 donation envelope to the parish office
 or insert it at the Novena Shrine
 metallic box. IF A RECEIPT IS
 REQUIRED, please fill in your name &
 address clearly on the envelope.
 Thank you.

**NEW-INTAKE (or) "ADULT ENQUIRY TO
 THE CATHOLIC FAITH"**

The RCIA (Rite of Christian Initiation of
 Adults) is a program of induction into the
 Catholic Church through the sacraments of
 Baptism, Confirmation and Eucharist. If you
 know of friends who are interested in making
 enquiry into the Catholic Faith and deepening
 your personal relationship with Jesus Christ or
 simply wonder what the journey entails please
 register now at the Parish office.



SYMBOLON

starting on **Sunday, 29
 May, 2016** in AV Room
 from 3-5pm.

Part 1, Ep. 2: Divine Revelation.
 (3-3.30pm Video
 4pm -5pm Tea + Conversation)

FEASTDAY FELLOWSHIP BREAKFAST –

(date) **Sunday, 19 June, 2016.**
 (time) 8.00 am to 12.00 noon.

Feastday fellowship breakfast coupons are
 available for a donation of RM10.00 per
 booklet of 10 coupons.

All proceeds goes towards the Parish Human
 Development Committee (PHDC) to help the
 poor and needy.

**FEAST OF CORPUS CHRISTI/ THE MOST HOLY BODY & BLOOD OF CHRIST -
 Sunday 29 May, 2016. Adoration of the Blessed Sacrament**
 from 8.30am to 12.30pm in the parish hall.

*"It was spiritual food that Mary chose when she sat at the feet of Jesus and
 listened attentively to His Words (Luke 10: 39).*

*While Martha wearied herself with concern about physical food,
 Mary was taking time to be near their guest, the Lord Jesus, and to listen to Him.*

May we take that time as well.

*He is the Bread of Life (Jn 6: 35), and He feeds our hearts with spiritual food.
 He is the Bread that satisfies."*

PRAYER:

My Lord Jesus Christ, I believe that You are really here in this
 Sacrament. Night and day You remain here compassionate and loving.
 You call, You wait for, You welcome everyone who comes to visit You.
 Unimportant though I am, I adore You.

I thank You for all the wonderful graces You have given me.

But I thank You especially for having given me yourself in this
 Sacrament, for having asked Your own Mother to mother me, for having
 called me here to talk to You.

I am here before You today to do three things: to thank You for these
 precious gifts; to make up for all the disrespect that You receive in this
 Sacrament from those who offend You; to adore You everywhere in the
 world where You are present in this Living Bread, but are left abandoned
 and unloved.

My Jesus, I love You with all my heart. I know I have displeased You
 often in the past – I am sorry. With Your help I promise never to do it
 again. I am only a miserable sinner, but I consecrate myself to You
 completely. I give You my will, my love,
 my desires, everything I own.

From now on do what You please with me.

All I ask is that You love me, that You keep me faithful to the end of my
 life. I ask for the grace to do Your will exactly as You want it done.

I pray for the souls in purgatory especially for those who were close to
 You in this Sacrament and close to Your Mother Mary.

I pray for every soul hardened in sin. My Saviour, I unite my love to the
 love of your Divine Heart, and I offer them both together to Your Father.
 I beg Him to accept this offering in Your Name. **Amen.**

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.
WEDDING BANNS: (2nd Publication)
** Charles Sivasannngaran & Silviya Albonso.*

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance.
 Next Infant Baptism will be on Sunday, 29 June, 2016.

PARISH ACTIVITIES & MEETINGS: (May/June, 2016)

- * 22/5/2016 - 2.00 pm - PHDC tuition (3rd floor)
- 2.00 pm - Youth formation (parish hall)
- * 24/5/2016 - 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- 8.00 pm - Combine Liturgical Committee (St.Mark's Rm.)
- * 25/5/2016 - 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- * 26/5/2016 - 8.00 pm - Area Coordinators, Representatives (St.Mark's Rm.)
- * 29/5/2016 - 3.00 pm - Symbolon Ep. 2: Divine Revelation. (AV Rm.)
- No PHDC tuition (3rd floor)
- * 31/5/2016 - 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 1/6/2016 - 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- * 6/6/2016 - 8.00 pm - Chinese Apostolate (ven Francis Xavier Rm.)
- 8.00 pm - PHDC (St.Mark's Rm.)
- * 7/6/2016 - 8.15 pm - Legion of Mary (C) (St.Matthew Rm.)
- * 8/6/2016 - 8.00 pm - Chinese group (ven Francis Xavier Rm.)
- * 11/6/2016 - 10.00 am - Packing of rations (Wallace hse.)
- * 12/6/2016 - 10.00 am - Distribution of rations (Wallace hse.)
- * 12/6/2016 - 2.00 pm - PHDC tuition (3rd floor)

BIBLE REFLECTIONS & HOME-GATHERINGS:

- * 24/5/2016 - 8.00 pm - BEC St.Mary Magdela; Home of Dr.Francis & Evelyn Toh
- * 26/5/2016 - 6.00 pm - BEC St.Benedict; Home of Francis & Laurel Chan.
- * 27/5/2016 - 8.00 pm - BEC St.Francis de Sales; Home of Mary Celine & Jeyapragasam.

COFFEE MORNINGS 2016: (All breakfast will go on till 11.30 a.m.)

- J 22/5/2016 - BEC St.Gerard (Victor)
- J 29/5/2016 - (No coffee morning)
- J 5/6/2016 - OMPH Tamil Liturgy (Annie)
- J 12/6/2016 - Tamil Hospitality (John Kennedy)
- J 19/6/2016 - Feastday breakfast organized by PHDC.
- J 26/6/2016 - Faith Educators.
- J 3/7/2016 - BEC St.Alphonsus (Eugene Chow)
- J 10/7/2016 - BEC St.Monica (Dass)
- J 24/7/2016 - Fund Raising Committee.
- J 31/7/2016 - St.Philip

PERAK LEVEL EUCHARIST & HEALING SERVICE in TAMIL (PENANG DIOCESAN 33RD TAMIL CHARISMATIC RALLY)
 (date) **Thurs 2 June, 2016**
 (venue) Church of St.Mary, Tersusun
 Speaker:- Rev.Fr. V.Ignatius, SJ (India)
 All are welcome.

PENANG DIOCESAN 33RD TAMIL CHARISMATIC RALLY
 (date) Sat. 4 June, 2016
 (venue) Dewan St.Anne, Bukit Mertajam
 (time) 9.00 am - 5.30 pm with the celebration of the Holy Eucharist. The theme: "Merciful like the Father."
 Speaker:- Rev.Fr. V.Ignatius, SJ (India)
 Contact: 04 2611309.

HELP THE HOMELESS AGED
 Home for the Aged (CWS) Simee is having a Family Day Food Fair on **Sunday, 12 June, 2016** from 9.00 am till 1.00 pm at Block B of the home.
 Please get your coupons from the parish office or from Simee home office. (05 5452449)

JOB VACANCIES
 * Home for the Aged Simee urgently require a Cook. Interested please contact: Helen Lai/ Alicia Yong (05 5452449)
 * Ticketing cashier &
 * Office Clerk with computer knowledge.
 Please check the PHDC notice-board for more details.

NOVENA PRAYERS TO ST.PEREGRINE
 EVERY TUESDAY AT 5.45 PM in the Meditation Room. During this Novena Devotion, names of cancer patients will be lifted up. All are invited.
 For enquiries, call: 019-5769166/ 012-5833904.

CHRISTIAN MEDITATION TIME
 All are welcome to join the Christian Meditation group which meets
 * EVERY FRIDAY (6 PM TO 7 P.M.)
 * EVERY SATURDAY AT 11.00 A.M. - 12 NOON in the Meditation room.

OMPH CATHOLIC CHARISMATIC RENEWAL
 Come join us in our Praise and Worship every Wednesday at 8.00 pm in church.

ENGLISH EVENING FOR THE ENGAGED 2016-
 Couples planning to get married in the year 2016, please take note of the EE Weekends which will be held in Penang Stella Maris. You are requested to register six (6) weeks before the weekend dates.

24-26 June, 2016
2-4 September, 2016
11-13 November, 2016

Please see your Parish Priest for registration.

TAMIL MARRIAGE PREPARATION WEEKEND - 2016

Chapel St.Chastan & Imbert, Prai	Aug. 26,27,28	Closing date: 1/8/2016
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