

# Parent Partnerships

A Newsletter for Parents with Children who have Moderate to Severe Disabilities

Educational Equity For All

October 2017

### California Department of Education News



The Special EDge newsletter—a publication of the California Department of Education, Special Education Division—informs and supports California's parents,

policymakers, educators, and other service providers on special education topics, focusing on research-based practices, legislation, technical support, and current resources. <a href="http://www.calstat.org/specialEdge.html">http://www.calstat.org/specialEdge.html</a>



2017-2018 SCHOOL YEAR

CALIFORNIA ASSOCIATION FOR BILINGUAL EDUCATION

We invite you to join us at this conference and experience high quality professional development for **PARA-EDUCATORS** and an opportunity for **PARENTS** to gain vital information and develop leadership skills. CABE believes that professional development is an ongoing process and is most effective when grounded in a sound theoretical and philosophical base and responds to the background, experiences, and the current context of our attendees.

# **CABE Monterey Parent and Para-Educator Conference** Oct 26, 2017

7:30 am - 3:30 pm

\$ 175.00 on or before 10/05/17

Please make check or purchase order payable to:

California Association of Bilingual Education

16033 E. San Bernardino Rd.

Covina CA 91722

Monterey Marriott 350 Calle Principal Monterey, CA 93940

Note: Parking: \$7.00

Ruth Navarette conferences@bilingualeducation.org

P: (626) 814-4441 ext. 100

https://cabe.k12oms.org/eventdetail.php?gid=1524&id=135332

## California Parent Training and Information Centers

<u>Disabilities Rights Education and Defense</u>

Fund (Berkeley)

Exceptional Parents Unlimited (Fresno)

MATRIX (Marin, Napa, Solano and Sonoma Counties)

Parents Helping Parents (Santa Clara)

Support for Families of Children with

Disabilities (San Francisco)

WarmLine FRC (Sacramento)

#### **California Community Parent Resource Centers**

<u>Chinese Parents Association for the Disabled</u> (San Gabriel - Chinese)

<u>Fiesta Educativa</u> (Los Angeles - Spanish) ParentsCAN (Napa)

http://www.taskca.org/weblinksresources.html





parents they serve rather than demand that the parents meet the needs of the program...

A match between parent needs and involvement opportunities increases the possibility that the parent will become actively involved in the program."

Elizabeth Landerholm and Jo Ann Karr, "Designing Parent Involvement Program Activities to Deal with Parents' Needs"



Tana Donaghy, President, Educational Equity For All Misstanad@educationaequityforall.org; 909-964-5057 http://www.educationalequity4all.com/

#### Feature Idea of Month



...dedicated to the needs of diverse families who have loved ones with developmental disabilities and special health care needs

Diverse families of loved ones with disabilities often don't receive the services they need Help families' access critical assistance.

Open Doors for Multicultural Families has developed an Information and Resource Guide in collaboration with Center for Change in Transition Services for the families and their youth with disabilities, who are preparing to transition from high school to adult life. CLICK HERE to download the guide in available languages.

https://www.multiculturalfamilies.org/



Grants for Home Modification: 16 Resources for Homeowners with Disabilities

This **guide** is designed to provide information on many of the available grants to improve the quality of home life for people with disabilities. It links readers to grants that are intended for all kinds of recipients, whether the person's disability is one they were born with or the result of a previous medical condition. There is information on nationwide and state specific programs, as well as suggestions on what modifications may be the most rewarding for individuals.

https://goo.gl/JkQzn5



apps.html

Free early learning apps are available for download from the App Store, Googe Play or Amazon Fire.

1) Vroom is a Seattle-based developer of quality early learning apps and tools funded by the Bezos Family Foundation. Vroom was developed by a group of more than a dozen leading researchers in neuroscience, psychology, behavioral economics, parenting and early childhood development. Among other tools, Vroom has created an easy to use bilingual, individualized quality early learning app. The app provides daily ideas on how to implement learning opportunities in everyday life. http://www.crcnapa.org/who-we-serve/parents/free-early-learning-

**WEBSITES AND RESOURCES** 

https://goo.gl/JjA8df http://freeresources.smarttutor.com/ https://goo.gl/eBQECe





Parent Toolkit is a one-stop resource developed with parents in mind. It's produced by NBC News Education Nation and supported by Pearson and includes information about almost every aspect of your child's development, because they're all connected. Healthy, successful children can excel in many areas – in the classroom, on the court, and in their relationships with peers and adults. Our advice also covers important topics for navigating life after high school.

http://www.parenttoolkit.com/

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CHILDREN WITH SPECIAL NEEDS: BENEFITS OF PHYSICAL ACTIVITIES AND ADAPTIVE SPORTS

CHEWABLE. FUNCTIONAL. WEARABLE.

All individuals benefit from regular physical activity and children with special needs especially. We could all gain from these physical, mental and social benefits of being active

- See improvements in muscle strength, coordination, and flexibility.
- Improve exercise endurance, cardiovascular efficiency, and possibly increased life expectancy.
- Experience better balance, motor skills and body awareness.
- Will show improvement in behavior, academics, self-confidence and building friendships.
- Will have positive changes in their health, quality of life and boost to their self-esteem.
- Gets to experiences a sense of accomplishment and possibly the taste of winning or personal satisfaction.
- Experience increases in attention span, on-task behavior, and level of correct responding.
- Will increase appetite and improve quality of sleep.
- Will see a decrease in secondary health complications like obesity, high blood pressure, low HDL ("good") cholesterol and diabetes.
- Will find an outlet for their physical energy, will help them cope with stress, anxiety and depression.

https://goo.gl/qcYsNL