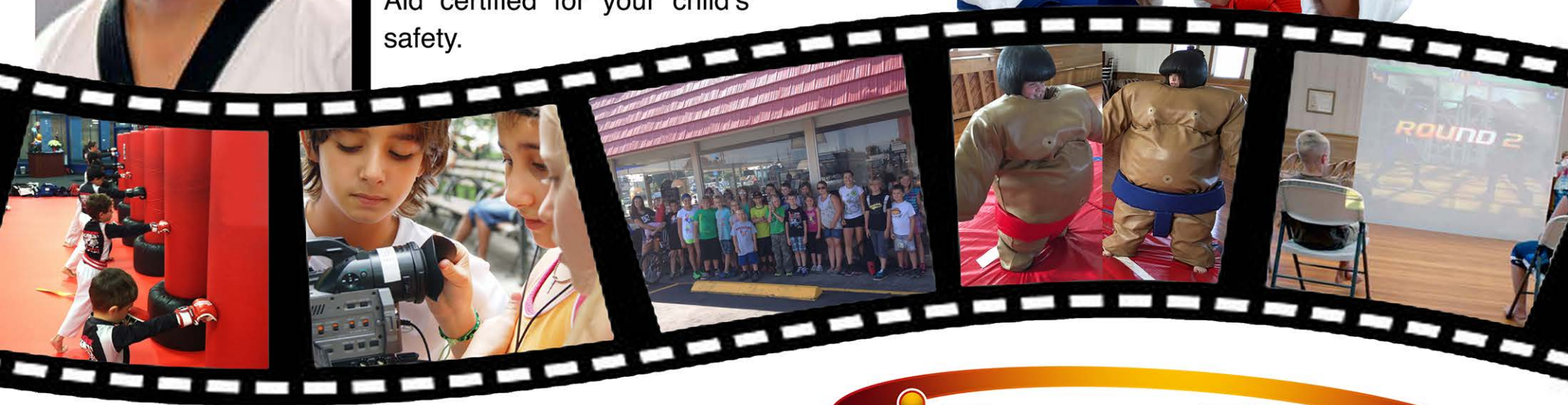




## Camp Director

Gary Martin, Dean of Students at Martial Arts America, is a 7<sup>th</sup> degree black belt, Grandmaster Instructor, National Champion and World Championship competitor. Grandmaster Martin and his staff have all been CPR/First Aid certified for your child's safety.



1420 Kalmia Street • Junction City • 541.321.2185

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**iBULLYPROOF**  
**Summer**  
**Camps**

**June 20 - July 15**

[www.iBullyProof.com](http://www.iBullyProof.com)



# 1 IN 4 KIDS WILL BE BULLIED...

But rest assured Martial Arts America's iBullyProof Summer Camp is *the* solution to your worries. In our four weekly camps we will empower your child with proven strategies to avoid, diffuse and overcome bullying without the use of violence. We will boost your child's confidence and teach powerful social skills to eliminate your child as a target for the schoolyard bully.

*Empower Your Child This Summer!*



Our camp is a positive, safe and structured environment that is guaranteed to be a summertime boredom buster.

Whether your child is a first-time camper or a master martial artist, our patient and enthusiastic staff will make martial arts fun and easy to learn!

While your child is having a blast learning life-saving self-defense skills, we are “*secretly*” infusing lessons on resolving conflict and equipping your child with unshakeable confidence while reinforcing positive character building values. The qualities your child will gain from our camps will help better prepare them for school and life.

We must warn you that our campers have so much fun they may never want to leave. After all, our camp is action-packed and chock-full of exciting activities, including: daily visits to the swimming pool, games designed to beat the summer heat and our popular Xbox 360 tournament on a giant 8'x8' projector screen.

In each of our weekly camps campers will learn the essentials of filmmaking with the production of four bully themed short movies. Campers will learn the following technical skills: pre-production, directing, shot selections, acting, choreography and post-production editing. Teen students will have an opportunity to use their creativity to write, direct and film their own short film. Become a star in your very own movie!

## June 20-24 Verbal Bullying

Learn the three most common child behaviors and understand how to manage them, four types of bullying and the iBullyProof system to resolving conflict peacefully. Special training: Nunchakus.

## June 27-July 1 Physical Bullying

Setting verbal boundaries, ABC's of how to avoid bullies, three secret qualities a child must have to minimize conflict, how to assert yourself and fear management. Special training: Ninja training.

## July 4-8 Psychological Bullying

Learn the “Roll with it” technique for confusing a bully, how to stop bullies from targeting others and how to project confidence, 5 steps to having greater self-esteem. Special training: Bo/Staff.

## July 11-15 Cyber Bullying

Learn social problem-solving and empathy skills, who to speak with when you're being bullied, what to do when you witness others being bullied. Special training: Chanbura (padded sword).



# Daily Camp Schedule

*(camp schedule is estimated and is subject to change)*

## Monday - Friday

- 9:00-9:30 Breakfast provided  
9:30-10:00 Fun park activities  
10:00-11:00 Film production/Acting (DQ field trip on Friday)  
11:00-12:00 Martial Arts training/Bully prevention  
12:00-12:30 Lunch provided  
12:30-2:00 Swimming  
2:00-2:30 Snack/supervised free-time  
2:30-3:00 Martial Arts training  
3:00-3:30 Film production/Supervised free-time  
3:30-4:30 Fun Activity
- Monday: Nerf gun battles  
Tuesday: Ninja duels  
Wednesday: Water balloon wars  
Thursday: Sumo suit wrestling  
Friday: XBox 360 tournament
- 4:30-4:45 Game time  
4:45-5:00 Clean-up

**Parents, don't miss our red carpet movie screening and performance every Friday from 4:30-5:00PM!**

## What to Bring

- Non-perishable snack  
Bottles of water  
Spray suntan lotion  
Swimming shorts/bathing suit  
Towel  
Athletic shoes (no open-toed shoes)  
Backpack

# Registration Form

I the undersigned, do hereby voluntarily submit my application for participation in Martial Arts America's iBullyProof Summer Camp. I assume full responsibility while attending or participating. I waive all claims against the owners, instructors, staff and students, for any damages or losses that may be sustained.

I realize if my child is picked up after the dismissal time I will be assessed a late pickup fee of \$.50/minute, as determined by the office clock. Sorry, no refunds.

Parent Name *(please print)*: \_\_\_\_\_

Signature: \_\_\_\_\_

Mobile or work phone #: \_\_\_\_\_

Camper(s) Name(s):

\_\_\_\_\_ Age: \_\_\_\_\_

\_\_\_\_\_ Age: \_\_\_\_\_

## Full Day Camp fees:

- |                              |            |
|------------------------------|------------|
| Martial Arts America student | \$139/week |
| Non-member                   | \$169/week |

## Prepaid Camp fees *(all 4 camps)*:

- |                              |       |
|------------------------------|-------|
| Martial Arts America student | \$499 |
| Non-member                   | \$599 |

## 1/2 Day Camp fees *(9AM-1PM or 1-5PM)*:

- |                              |            |
|------------------------------|------------|
| Martial Arts America student | \$89/week  |
| Non-member                   | \$109/week |

## Extended Care:

- |                    |           |
|--------------------|-----------|
| 8-9AM and/or 5-6PM | \$25/week |
|--------------------|-----------|

## Drop-in fee:

- |          |          |
|----------|----------|
| Full Day | \$39/Day |
| Half Day | \$25/Day |

*10% discount for additional family members*

**over for more information →**