

Rolls-Royce Harriers & Congleton Harriers - Traverse of England Challenge - 28th April to 3rd May 2011

| Stage | From | To | Path | Team | Leg Miles | Total Miles | Stage Rating | Day | Plan | | | | | Actuals | | | | | Runners |
|-------|------------------|------------------|----------|------|-----------|-------------|--------------|-----|----------|---------|------------|----------|----------|----------|---------|-----------|----------|----------|----------------|
| | | | | | | | | | Time Out | Time In | Dark Light | Leg Time | Pace mph | Time Out | Time In | Stop Time | Run Time | Pace mph | |
| 1 | Gretna | Rockcliffe | CCW | B | 5.6 | 5.6 | 1 | Thu | 13:00 | 13:52 | L | 0:52 | 6.5 | 13:00 | 14:02 | | 1:02 | 5.5 | AW,JK |
| 2 | Rockcliffe | Carlisle Castle | CCW | B | 7.6 | 13.3 | 1 | Thu | 13:52 | 15:03 | L | 1:11 | 6.5 | 14:03 | 15:17 | 0:01 | 1:14 | 6.2 | AS,JK |
| 3 | Carlisle Castle | Bridge End | CW | B | 5.8 | 19.1 | 1 | Thu | 15:03 | 15:57 | L | 0:54 | 6.5 | 15:20 | 16:15 | 0:03 | 0:55 | 6.4 | BS,JK |
| 4 | Bridge End | Bell Bridge | CW | B | 4.2 | 23.3 | 2 | Thu | 15:57 | 16:46 | L | 0:49 | 5.1 | 16:19 | 17:01 | 0:04 | 0:42 | 6.0 | AE,AS,JK |
| 5 | Bell Bridge | Caldbeck | CW | A | 4.0 | 27.3 | 2 | Thu | 16:46 | 17:33 | L | 0:47 | 5.1 | 17:02 | 17:44 | 0:01 | 0:42 | 5.8 | AC,RC |
| 6 | Caldbeck | Keswick Latrigg | CW | A | 12.6 | 39.9 | 4 | Thu | 17:33 | 20:43 | L | 3:10 | 4.0 | 17:46 | 20:20 | 0:02 | 2:34 | 4.9 | RC,ST |
| 7 | Keswick Latrigg | Derwent Bay | CW | A | 4.2 | 44.1 | 2 | Thu | 20:43 | 21:37 | LD | 0:54 | 4.7 | 20:23 | 21:04 | 0:03 | 0:41 | 6.2 | RC,SL |
| 8 | Derwent Bay | Rosthwaite | CW | C | 4.9 | 49.0 | 2 | Thu | 21:37 | 22:44 | | 1:07 | 4.4 | 21:13 | | | | | BL,JK |
| 9 | Rosthwaite | Great Langdale | CW | C | 7.5 | 56.5 | 4 | Thu | 22:44 | 0:53 | | 2:09 | 3.5 | | 0:38 | 0:09 | 3:25 | 3.6 | BL,JK |
| 10 | Great Langdale | Skelwith Bridge | CW | C | 4.5 | 61.0 | 2 | Fri | 0:53 | 1:55 | | 1:02 | 4.4 | 0:42 | 1:48 | 0:04 | 1:06 | 4.1 | BL,HS,JL,LS |
| 11 | Skelwith Bridge | Troutbeck Bridge | X1 | C | 5.7 | 66.7 | 1 | Fri | 1:55 | 3:02 | | 1:07 | 5.1 | 1:51 | 2:46 | 0:03 | 0:55 | 6.2 | BB,BL,KB |
| 12 | Troutbeck Bridge | New Hall | X1, DW | A | 6.3 | 73.0 | 2 | Fri | 3:02 | 4:29 | | 1:27 | 4.4 | 2:47 | 4:05 | 0:01 | 1:18 | 4.9 | RC,ST |
| 13 | New Hall | Skelsmergh | DW | A | 5.9 | 78.9 | 2 | Fri | 4:29 | 5:44 | DL | 1:15 | 4.7 | 4:07 | 5:34 | 0:02 | 1:27 | 4.1 | RC,AP |
| 14 | Skelsmergh | Beck Foot | DW | A | 7.0 | 85.9 | 2 | Fri | 5:44 | 7:06 | L | 1:22 | 5.1 | 5:40 | 7:02 | 0:06 | 1:22 | 5.2 | RC,SL |
| 15 | Beck Foot | Millthrop Bridge | DW | A | 7.3 | 93.2 | 2 | Fri | 7:06 | 8:31 | L | 1:25 | 5.1 | 7:08 | 8:30 | 0:06 | 1:22 | 5.3 | RC,AC |
| 16 | Millthrop Bridge | Dent | DW | A | 4.7 | 98.0 | 2 | Fri | 8:31 | 9:26 | L | 0:55 | 5.1 | 8:34 | 9:25 | 0:04 | 0:51 | 5.6 | RC,ST |
| 17 | Dent | Stone House | DW | B | 5.4 | 103.4 | 2 | Fri | 9:26 | 10:30 | L | 1:04 | 5.1 | 9:26 | 10:36 | 0:01 | 1:10 | 4.7 | AS,AW,JK |
| 18 | Stone House | Ribblehead | DW | B | 4.6 | 108.0 | 2 | Fri | 10:30 | 11:24 | L | 0:54 | 5.1 | 10:37 | 11:24 | 0:01 | 0:47 | 5.9 | AE,JK |
| 19 | Ribblehead | Horton | DW, PW | B | 6.9 | 114.9 | 3 | Fri | 11:24 | 12:59 | L | 1:35 | 4.4 | 11:25 | 12:37 | 0:01 | 1:12 | 5.8 | AS,JK |
| 20 | Horton | Silverdale | PW | B | 4.9 | 119.9 | 4 | Fri | 12:59 | 14:14 | L | 1:15 | 4.0 | 12:45 | 13:51 | 0:08 | 1:06 | 4.5 | BS,JK |
| 21 | Silverdale | Malham Tarn | PW | B | 7.6 | 127.4 | 3 | Fri | 14:14 | 15:58 | L | 1:44 | 4.4 | 13:54 | 15:16 | 0:03 | 1:22 | 5.5 | AS,JK |
| 22 | Malham Tarn | Airton | PW | C | 4.9 | 132.4 | 2 | Fri | 15:58 | 16:56 | L | 0:58 | 5.1 | 15:18 | 16:18 | 0:02 | 1:00 | 4.9 | BL,HS,JL,LS |
| 23 | Airton | East Marton | PW | C | 6.5 | 138.9 | 2 | Fri | 16:56 | 18:12 | L | 1:16 | 5.1 | 16:22 | 17:38 | 0:04 | 1:16 | 5.2 | BL,HS,KB,LS |
| 24 | East Marton | Lothersdale | PW | C | 6.1 | 145.0 | 3 | Fri | 18:12 | 19:37 | L | 1:25 | 4.4 | 17:41 | 19:02 | 0:03 | 1:21 | 4.6 | BB,BL |
| 25 | Lothersdale | Ponden Reservoir | PW | C | 7.2 | 152.2 | 3 | Fri | 19:37 | 21:23 | LD | 1:46 | 4.1 | 19:10 | | | | | BL,JK |
| 26 | Ponden Reservoir | Widdop | PW | C | 6.4 | 158.6 | 3 | Fri | 21:23 | 23:04 | | 1:41 | 3.8 | | 22:29 | 0:08 | 3:19 | 4.1 | BL,JK |
| 27 | Widdop | Charlestown | PW | A | 4.9 | 163.6 | 3 | Fri | 23:04 | 0:22 | | 1:18 | 3.8 | 22:40 | 23:57 | 0:11 | 1:17 | 3.8 | AC,AP,RC |
| 28 | Charlestown | Blackstone Edge | PW | A | 8.5 | 172.1 | 3 | Sat | 0:22 | 2:37 | | 2:15 | 3.8 | 0:01 | 1:40 | 0:04 | 1:39 | 5.2 | RC,ST |
| 29 | Blackstone Edge | Denshaw Moor | PW | A | 5.1 | 177.1 | 3 | Sat | 2:37 | 3:57 | | 1:20 | 3.8 | 1:42 | 2:59 | 0:02 | 1:17 | 3.9 | AC,RC,ST |
| 30 | Denshaw Moor | Wessenden Head | PW | A | 7.3 | 184.4 | 3 | Sat | 3:57 | 5:45 | DL | 1:48 | 4.1 | 3:02 | 4:43 | 0:03 | 1:41 | 4.3 | RC,SL |
| 31 | Wessenden Head | Torside | PW | B | 7.7 | 192.1 | 4 | Sat | 5:45 | 7:41 | L | 1:56 | 4.0 | 4:45 | 6:35 | 0:02 | 1:50 | 4.2 | AE,AS,JK |
| 32 | Torside | Snake Top | PW | B | 5.6 | 197.7 | 4 | Sat | 7:41 | 9:05 | L | 1:24 | 4.0 | 6:44 | 8:05 | 0:09 | 1:21 | 4.1 | AW,BS,JK |
| 33 | Snake Top | Barber Booth | PW | B | 8.5 | 206.2 | 4 | Sat | 9:05 | 11:14 | L | 2:09 | 4.0 | 8:08 | 9:49 | 0:03 | 1:41 | 5.1 | AS,DG,JK |
| 34 | Barber Booth | Peak Forest | X2, LW | C | 6.8 | 213.0 | 3 | Sat | 11:14 | 12:47 | L | 1:33 | 4.4 | 9:56 | 11:12 | 0:07 | 1:16 | 5.4 | BL,CB,JL,LS |
| 35 | Peak Forest | Chelmorton | LW | C | 6.7 | 219.6 | 3 | Sat | 12:47 | 14:19 | L | 1:32 | 4.4 | 11:16 | 12:34 | 0:04 | 1:18 | 5.1 | BL,CB,JL |
| 36 | Chelmorton | Youlgreave | LW | C | 6.5 | 226.1 | 3 | Sat | 14:19 | 15:48 | L | 1:29 | 4.4 | 12:37 | 13:39 | 0:03 | 1:02 | 6.3 | BB,BL,HS |
| 37 | Youlgreave | Winster | LW | C | 6.7 | 232.8 | 2 | Sat | 15:48 | 17:06 | L | 1:18 | 5.1 | 13:45 | 15:02 | 0:06 | 1:17 | 5.2 | BL,CB,HS,KB,LS |
| 38 | Winster | Parwich | X3, LW | A | 6.7 | 239.4 | 2 | Sat | 17:06 | 18:24 | L | 1:18 | 5.1 | 15:03 | 16:14 | 0:01 | 1:11 | 5.6 | RC,ST |
| 39 | Parwich | Blore | LW | A | 5.4 | 244.9 | 2 | Sat | 18:24 | 19:28 | L | 1:04 | 5.1 | 16:16 | 17:21 | 0:02 | 1:05 | 5.0 | AC,RC |
| 40 | Blore | Elastone | LW | A | 5.8 | 250.7 | 2 | Sat | 19:28 | 20:36 | L | 1:08 | 5.1 | 17:22 | 18:25 | 0:01 | 1:03 | 5.5 | AP,RC |
| 41 | Elastone | Uttoxeter | LW, STW | A | 6.7 | 257.4 | 2 | Sat | 20:36 | 22:02 | LD | 1:26 | 4.7 | 18:29 | 19:51 | 0:04 | 1:22 | 4.9 | RC,ST |
| 42 | Uttoxeter | Abbots Bromley | STW | A | 6.6 | 264.0 | 2 | Sat | 22:02 | 23:33 | | 1:31 | 4.4 | 19:52 | 21:16 | 0:01 | 1:24 | 4.7 | RC,SL,ST |
| 43 | Abbots Bromley | Rugeley | STW | B | 4.4 | 268.4 | 2 | Sat | 23:33 | 0:33 | | 1:00 | 4.4 | 21:18 | 22:14 | 0:02 | 0:56 | 4.7 | AW,DG,JK |
| 44 | Rugeley | Handsacre | TMC | B | 5.9 | 274.3 | 1 | Sun | 0:33 | 1:42 | | 1:09 | 5.1 | 22:16 | 23:24 | 0:02 | 1:08 | 5.2 | AE,AS,JK |
| 45 | Handsacre | Fradley South | TMC, CVC | B | 5.8 | 280.1 | 1 | Sun | 1:42 | 2:49 | | 1:07 | 5.1 | 23:28 | 0:28 | 0:04 | 1:00 | 5.8 | BS,DG,JK |
| 46 | Fradley South | Hopwas | CVC | B | 6.2 | 286.2 | 1 | Sun | 2:49 | 4:02 | | 1:13 | 5.1 | 0:32 | 1:36 | 0:04 | 1:04 | 5.8 | AS,JK |
| 47 | Hopwas | Alvecote | CVC | B | 6.5 | 292.7 | 1 | Sun | 4:02 | 5:10 | DL | 1:08 | 5.7 | 1:42 | 2:51 | 0:06 | 1:09 | 5.6 | AE,DG,JK |
| 48 | Alvecote | Whittingham | CVC | B | 5.8 | 298.5 | 1 | Sun | 5:10 | 6:04 | L | 0:54 | 6.5 | 2:56 | 3:51 | 0:05 | 0:55 | 6.3 | BS,JK |
| 49 | Whittingham | Hartshill | CVC | B | 4.9 | 303.3 | 1 | Sun | 6:04 | 6:49 | L | 0:45 | 6.5 | 3:55 | 4:43 | 0:04 | 0:48 | 6.1 | AS,JK |
| 50 | Hartshill | Marston Junction | CVC | C | 4.9 | 308.2 | 1 | Sun | 6:49 | 7:34 | L | 0:45 | 6.5 | 4:48 | 5:34 | 0:05 | 0:46 | 6.3 | BB,BL,KB |
| 51 | Marston Junction | Ansty | CVC, OXC | C | 5.7 | 313.9 | 1 | Sun | 7:34 | 8:27 | L | 0:53 | 6.5 | 5:36 | 6:46 | 0:02 | 1:10 | 4.9 | BL,JK |

Rolls-Royce Harriers & Congleton Harriers - Traverse of England Challenge - 28th April to 3rd May 2011

| Stage | From | To | Path | Team | Leg Miles | Total Miles | Stage Rating | Day | Plan | | | | | Actuals | | | | | | | | |
|--------------------|-------------------|-------------------|----------|------|-----------|-------------|--------------|-----|----------|---------|------------|----------|----------|---------------|---------|------------|----------|-------------|----------------|---------------|--|------------|
| | | | | | | | | | Time Out | Time In | Dark Light | Leg Time | Pace mph | Time Out | Time In | Stop Time | Run Time | Pace mph | Runners | | | |
| 52 | Ansty | Brinklow | OXC | C | 4.8 | 318.7 | 1 | Sun | 8:27 | 9:12 | L | 0:45 | 6.5 | 6:49 | 7:36 | 0:03 | 0:47 | 6.1 | BL,HS,KB,LS | | | |
| 53 | Brinklow | Rugby | OXC | C | 5.8 | 324.5 | 1 | Sun | 9:12 | 10:06 | L | 0:54 | 6.5 | 7:42 | 8:37 | 0:06 | 0:55 | 6.4 | BL,HS,LS | | | |
| 54 | Rugby | Willoughby | OXC | C | 6.5 | 331.1 | 1 | Sun | 10:06 | 11:07 | L | 1:01 | 6.5 | 8:41 | 9:38 | 0:04 | 0:57 | 6.9 | BL,LS | | | |
| 55 | Willoughby | Lower Schuckburgh | OXC | C | 5.1 | 336.2 | 1 | Sun | 11:07 | 11:55 | L | 0:48 | 6.5 | 9:42 | 10:36 | 0:04 | 0:54 | 5.7 | BL,JL | | | |
| 56 | Lower Schuckburgh | Marston Doles | OXC | C | 5.3 | 341.4 | 1 | Sun | 11:55 | 12:44 | L | 0:49 | 6.5 | 10:40 | 11:34 | 0:04 | 0:54 | 5.8 | BL,JL | | | |
| 57 | Marston Doles | Claydon | X4 | C | 6.3 | 347.8 | 1 | Sun | 12:44 | 13:43 | L | 0:59 | 6.5 | 11:36 | 12:34 | 0:02 | 0:58 | 6.6 | BB,BL | | | |
| 58 | Claydon | Banbury | OXC | A | 5.7 | 353.5 | 1 | Sun | 13:43 | 14:36 | L | 0:53 | 6.5 | 12:34 | 13:23 | 0:00 | 0:49 | 7.0 | MR,RC | | | |
| 59 | Banbury | Kings Sutton | OXC | A | 4.0 | 357.5 | 1 | Sun | 14:36 | 15:13 | L | 0:37 | 6.5 | 13:24 | 13:57 | 0:01 | 0:33 | 7.2 | AC,MR,RC | | | |
| 60 | Kings Sutton | Aynho | OXC | A | 3.8 | 361.2 | 1 | Sun | 15:13 | 15:48 | L | 0:35 | 6.5 | 13:58 | 14:34 | 0:01 | 0:36 | 6.3 | AP,RC | | | |
| 61 | Aynho | Heyford | OXC | A | 6.0 | 367.3 | 1 | Sun | 15:48 | 16:44 | L | 0:56 | 6.5 | 14:35 | 15:28 | 0:01 | 0:53 | 6.8 | RC,SL | | | |
| 62 | Heyford | Enslow | OXC | A | 5.3 | 372.6 | 1 | Sun | 16:44 | 17:33 | L | 0:49 | 6.5 | 15:32 | 16:21 | 0:04 | 0:49 | 6.5 | MR,RC | | | |
| 63 | Enslow | Yarnton | OXC | A | 5.4 | 378.0 | 1 | Sun | 17:33 | 18:24 | L | 0:51 | 6.5 | 16:24 | 17:16 | 0:03 | 0:52 | 6.3 | AC,RC | | | |
| 64 | Yarnton | Oxford | OXC | A | 3.1 | 381.1 | 1 | Sun | 18:24 | 18:53 | L | 0:29 | 6.5 | 17:18 | 17:51 | 0:02 | 0:33 | 5.6 | AP,RC | | | |
| 65 | Oxford | Sandford | TP | A | 5.3 | 386.4 | 1 | Sun | 18:53 | 19:42 | L | 0:49 | 6.5 | 17:55 | 18:52 | 0:04 | 0:57 | 5.6 | RC,SL | | | |
| 66 | Sandford | Abingdon | TP | B | 5.3 | 391.7 | 1 | Sun | 19:42 | 20:31 | L | 0:49 | 6.5 | 18:52 | 19:42 | 0:00 | 0:50 | 6.4 | AE,AS,JK | | | |
| 67 | Abingdon | Clifton Hampden | TP | B | 5.4 | 397.2 | 1 | Sun | 20:31 | 21:28 | LD | 0:57 | 5.7 | 19:43 | 20:37 | 0:01 | 0:54 | 6.0 | BS,IP,JK | | | |
| 68 | Clifton Hampden | Benson | TP | B | 6.7 | 403.8 | 1 | Sun | 21:28 | 22:46 | | 1:18 | 5.1 | 20:41 | 21:45 | 0:04 | 1:04 | 6.2 | AS,DG,JK | | | |
| 69 | Benson | Moulsford | TP | B | 5.8 | 409.6 | 1 | Sun | 22:46 | 23:53 | | 1:07 | 5.1 | 21:48 | 22:46 | 0:03 | 0:58 | 6.0 | DG,IP,JK | | | |
| 70 | Moulsford | Streatley | TP | B | 2.9 | 412.5 | 1 | Sun | 23:53 | 0:27 | | 0:34 | 5.1 | 22:48 | 23:20 | 0:02 | 0:32 | 5.5 | AE,AS,IP,JK | | | |
| 71 | Streatley | Pangbourne | TP | B | 4.7 | 417.3 | 1 | Mon | 0:27 | 1:22 | | 0:55 | 5.1 | 23:28 | 0:13 | 0:08 | 0:45 | 6.3 | BS,DG,JK | | | |
| 72 | Pangbourne | Caversham Bridge | TP | C | 6.4 | 423.7 | 1 | Mon | 1:22 | 2:37 | | 1:15 | 5.1 | 0:15 | 1:13 | 0:02 | 0:58 | 6.6 | BB,BL | | | |
| 73 | Caversham Bridge | Shiplake | TP | C | 6.5 | 430.2 | 1 | Mon | 2:37 | 3:53 | | 1:16 | 5.1 | 1:15 | 2:55 | 0:02 | 1:40 | 3.9 | BL,JL | | | |
| 74 | Shiplake | Aston | TP | C | 6.1 | 436.3 | 1 | Mon | 3:53 | 5:05 | | 1:12 | 5.1 | 2:57 | 4:00 | 0:02 | 1:03 | 5.9 | BL,HS | | | |
| 75 | Aston | Marlow | TP | C | 5.6 | 442.0 | 1 | Mon | 5:05 | 5:57 | DL | 0:52 | 6.5 | 4:04 | 5:08 | 0:04 | 1:04 | 5.3 | BL,JL | | | |
| 76 | Marlow | Maidenhead | TP | C | 7.1 | 449.1 | 1 | Mon | 5:57 | 7:03 | L | 1:06 | 6.5 | 5:12 | 6:30 | 0:04 | 1:18 | 5.5 | BL,JL,LS | | | |
| 77 | Maidenhead | Boveney | TP | C | 5.3 | 454.4 | 1 | Mon | 7:03 | 7:52 | L | 0:49 | 6.5 | 6:31 | 7:25 | 0:01 | 0:54 | 5.9 | BL,KB | | | |
| 78 | Boveney | Datchet | TP | A | 4.6 | 459.0 | 1 | Mon | 7:52 | 8:35 | L | 0:43 | 6.5 | 7:25 | 8:06 | 0:00 | 0:41 | 6.7 | AP,MR | | | |
| 79 | Datchet | Staines | TP | A | 5.9 | 464.9 | 1 | Mon | 8:35 | 9:30 | L | 0:55 | 6.5 | 8:06 | 8:58 | 0:00 | 0:52 | 6.8 | SL | | | |
| 80 | Staines | Chertsey | TP, X5 | A | 4.2 | 469.1 | 1 | Mon | 9:30 | 10:09 | L | 0:39 | 6.5 | 8:58 | 9:33 | 0:00 | 0:35 | 7.2 | AC | | | |
| 81 | Chertsey | Pyrford Lock | X5, WYN | A | 5.8 | 475.0 | 1 | Mon | 10:09 | 11:03 | L | 0:54 | 6.5 | 9:33 | 10:25 | 0:00 | 0:52 | 6.7 | MR,RC | | | |
| 82 | Pyrford Lock | Cartbridge | WYN | A | 4.0 | 478.9 | 1 | Mon | 11:03 | 11:40 | L | 0:37 | 6.5 | 10:25 | 11:00 | 0:00 | 0:35 | 6.8 | AP | | | |
| 83 | Cartbridge | Guildford | WYN | A | 5.8 | 484.7 | 1 | Mon | 11:40 | 12:34 | L | 0:54 | 6.5 | 11:01 | 11:54 | 0:01 | 0:53 | 6.5 | SL | | | |
| 84 | Guildford | Newlands Corner | WYN, NDW | A | 5.3 | 489.9 | 2 | Mon | 12:34 | 13:35 | L | 1:01 | 5.1 | 11:54 | 12:55 | 0:00 | 1:01 | 5.2 | AC,MR | | | |
| 85 | Newlands Corner | Ranmore Common | NDW | A | 7.4 | 497.3 | 2 | Mon | 13:35 | 15:01 | L | 1:26 | 5.1 | 12:55 | 13:56 | 0:00 | 1:01 | 7.2 | RC | | | |
| 86 | Ranmore Common | Betchworth | NDW | B | 5.5 | 502.8 | 2 | Mon | 15:01 | 16:05 | L | 1:04 | 5.1 | 13:57 | 15:10 | 0:01 | 1:13 | 4.5 | AE,AS,IP,JK | | | |
| 87 | Betchworth | Reigate Hill | NDW | B | 4.5 | 507.2 | 2 | Mon | 16:05 | 16:58 | L | 0:53 | 5.1 | 15:11 | 16:00 | 0:01 | 0:49 | 5.6 | BS,IP,JK | | | |
| 88 | Reigate Hill | White Hill | NDW | B | 5.0 | 512.4 | 2 | Mon | 16:58 | 17:56 | L | 0:58 | 5.1 | 16:01 | 16:57 | 0:01 | 0:56 | 5.4 | AS,DG,JK | | | |
| 89 | White Hill | Botley Hill | NDW | B | 6.9 | 519.2 | 2 | Mon | 17:56 | 19:16 | L | 1:20 | 5.1 | 17:00 | 18:16 | 0:03 | 1:16 | 5.4 | DG,JK | | | |
| 90 | Botley Hill | Knockholt | NDW | B | 6.0 | 525.2 | 2 | Mon | 19:16 | 20:26 | L | 1:10 | 5.1 | 18:16 | 19:22 | 0:00 | 1:06 | 5.5 | AE,BS,DG,JK | | | |
| 91 | Knockholt | Otford | NDW | B | 5.1 | 530.4 | 2 | Mon | 20:26 | 21:31 | LD | 1:05 | 4.7 | 19:23 | 20:09 | 0:01 | 0:46 | 6.7 | AS,IP,JK | | | |
| 92 | Otford | Wrotham | NDW | C | 6.5 | 536.8 | 2 | Mon | 21:31 | 23:00 | | 1:29 | 4.4 | 20:11 | 21:26 | 0:02 | 1:15 | 5.2 | BL,JL,LS | | | |
| 93 | Wrotham | Holly Hill | NDW | C | 5.3 | 542.1 | 2 | Mon | 23:00 | 0:12 | | 1:12 | 4.4 | 21:31 | 22:40 | 0:05 | 1:09 | 4.6 | BL,JL | | | |
| 94 | Holly Hill | Rochester | NDW | C | 5.4 | 547.5 | 2 | Mon | 0:12 | 1:27 | | 1:15 | 4.4 | 22:43 | 23:46 | 0:03 | 1:03 | 5.2 | BB,BL,JL | | | |
| 95 | Rochester | Blue Bell Hill | NDW | C | 5.1 | 552.6 | 2 | Tue | 1:27 | 2:37 | | 1:10 | 4.4 | 23:49 | 0:55 | 0:03 | 1:06 | 4.7 | BL,KB | | | |
| 96 | Blue Bell Hill | Detling | NDW | C | 6.0 | 558.6 | 2 | Tue | 2:37 | 3:59 | | 1:22 | 4.4 | 0:58 | 2:17 | 0:03 | 1:19 | 4.5 | BL,HS | | | |
| 97 | Detling | Hollingbourne | NDW | A | 5.6 | 564.2 | 2 | Tue | 3:59 | 5:11 | DL | 1:12 | 4.7 | 2:18 | 3:42 | 0:01 | 1:24 | 4.0 | MR,SL | | | |
| 98 | Hollingbourne | Warren Street | NDW | A | 5.1 | 569.3 | 2 | Tue | 5:11 | 6:10 | L | 0:59 | 5.1 | 3:43 | 4:37 | 0:01 | 0:54 | 5.6 | AC,AP | | | |
| 99 | Warren Street | Dunn Street | NDW | B | 5.9 | 575.2 | 2 | Tue | 6:10 | 7:19 | L | 1:09 | 5.1 | 4:42 | 5:45 | 0:05 | 1:03 | 5.6 | AE,AS,JK | | | |
| 100 | Dunn Street | Wye | NDW | B | 5.4 | 580.6 | 2 | Tue | 7:19 | 8:23 | L | 1:04 | 5.1 | 5:46 | 6:45 | 0:01 | 0:59 | 5.5 | DG,IP,JK | | | |
| 101 | Wye | Stowting Court | NDW | B | 6.0 | 586.6 | 2 | Tue | 8:23 | 9:33 | L | 1:10 | 5.1 | 6:46 | 7:53 | 0:01 | 1:07 | 5.3 | AS,BS,IP,JK | | | |
| 102 | Stowting Court | Peene | NDW | B | 6.7 | 593.2 | 2 | Tue | 9:33 | 10:51 | L | 1:18 | 5.1 | 7:53 | 9:29 | 0:00 | 1:36 | 4.2 | DG,JK | | | |
| 103 | Peene | Capel-le-Ferne | NDW | C | 5.2 | 598.4 | 2 | Tue | 10:51 | 11:52 | L | 1:01 | 5.1 | 9:30 | 10:35 | 0:01 | 1:05 | 4.8 | BB,BL,HS,JL,LS | | | |
| 104 | Capel-le-Ferne | Dover | NDW | C | 5.4 | 603.9 | 2 | Tue | 11:52 | 12:56 | L | 1:04 | 5.1 | 10:38 | 11:37 | 0:03 | 0:59 | 5.5 | See Note 1 | | | |
| Total Times | | | | | | | | | | | | | | 120:00 | | 5.0 | | 4:46 | | 113:51 | | 5.3 |

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|----------------|-------------------------|------------------|--------------------------------|-----------------------------|
| SUMMARY | Planned distance | 604 miles | Actual distance covered | 604 miles |
| | Planned time | 120 hours | Actual (elapsed) time | 118 hours 37 minutes |

Rolls-Royce Harriers & Congleton Harriers - Traverse of England Challenge - 28th April to 3rd May 2011

| Stage | From | To | Path | Team | Leg Miles | Total Miles | Plan | | | | | | Actuals | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------|--|----------------|------------|------|-----------|-------------|--|-----|----------|---------|------------|----------|--|----------|---------|-----------|--------------|-----------|----------------|------------|---|-----|-----|-----|---|-----|-----|-----|---|-----|-----|-----|---|-----|-----|-----|---|-----|-----|-----|---|--|--|--|--|
| | | | | | | | Stage Rating | Day | Time Out | Time In | Dark Light | Leg Time | Pace mph | Time Out | Time In | Stop Time | Run Time | Pace mph | Runners | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Paths | | | | | | | Stage Rating | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CCW | Cumbrian Coastal Way | | | | | | 1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CW | Cumbria Way | | | | | | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| X1 | Link from Skelwith Bridge to join Dales Way | | | | | | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| DW | Dales Way | | | | | | 4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| PW | Pennine Way | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| X2 | Link from Barber Booth to Castleton to join Limestone Way | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| LW | Limestone Way | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| X3 | Link from Winster to Grangemill to avoid detour in LW to Upper Town | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| SW | Staffordshire Way | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TMC | Trent and Mersey Canal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CVC | Coventry Canal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| OXC | Oxford Canal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| X4 | Link from Marston Doles to Claydon to cut out large loops in Oxford Canal | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| TP | Thames Path | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| X5 | Link from Chertsey Bridge to Wey Navigation to avoid use of the Shepperton Ferry | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| WYN | Wey Navigation | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| NDW | North Downs Way | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Notes | | | | | | | <p>1 Final leg was run by AC, AE, AS, BB, BL, BS, HS, JL, KB, LS, MR, SL</p> <p>2 Special thanks to Ken Northard (travelling support for team A), Bev and Malc Marchant (support to all three teams in Derbyshire), Helen and Paul Eccleston (support to team B in Oxfordshire) and Steve Southgate (photos at the finish).</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Total Miles Run | | | | | | | Planned pace calculations | | | | | | <table border="1"> <thead> <tr> <th>Stage Rating</th> <th>Day m.p.h</th> <th>Twilight m.p.h</th> <th>Dark m.p.h</th> </tr> </thead> <tbody> <tr> <td>1</td> <td>6.5</td> <td>5.7</td> <td>5.1</td> </tr> <tr> <td>2</td> <td>5.1</td> <td>4.7</td> <td>4.4</td> </tr> <tr> <td>3</td> <td>4.4</td> <td>4.1</td> <td>3.8</td> </tr> <tr> <td>4</td> <td>4.0</td> <td>3.7</td> <td>3.5</td> </tr> <tr> <td>5</td> <td>3.6</td> <td>3.4</td> <td>3.1</td> </tr> </tbody> </table> | | | | Stage Rating | Day m.p.h | Twilight m.p.h | Dark m.p.h | 1 | 6.5 | 5.7 | 5.1 | 2 | 5.1 | 4.7 | 4.4 | 3 | 4.4 | 4.1 | 3.8 | 4 | 4.0 | 3.7 | 3.5 | 5 | 3.6 | 3.4 | 3.1 | <p>The scheduled (planned) pace for each leg was based on this table which takes into account the type of terrain (stage rating factor) and whether the leg is completed in daylight or darkness.</p> | | | | |
| Stage Rating | Day m.p.h | Twilight m.p.h | Dark m.p.h | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 1 | 6.5 | 5.7 | 5.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 2 | 5.1 | 4.7 | 4.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 3 | 4.4 | 4.1 | 3.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 4 | 4.0 | 3.7 | 3.5 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | 3.6 | 3.4 | 3.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AC | Amanda Carter | 56.2 | | | | | Completed all team legs for team C | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AE | Alan Eccleston | 60.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AP | Allan Pollock | 37.1 | | | | | Completed all team legs for team B | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AS | Andy Swift | 112.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| AW | Andy Ward | 21.0 | | | | | <p>Team Logistics</p> <p>20 runners in total took part. 14 runners took part in the whole event, a further 6 just joined for some sections.</p> <p>The runners were split into three teams: A, B, C, with roughly equal numbers and capability. One team e.g. team A, would cover a sequence of legs scheduled to take 6 to 7 hours in total before handing over to team B who would then hand over to team C, and so on from start to finish. We used a 3 team approach for the Traverse of England compared to 2 teams for the Traverse of Scotland and Traverse of Wales to ensure drivers in particular got sufficient rest over the 5 day event. We changed the team order at the start with shorter team sections on the first and last day to get an equal balance of total miles covered by each team.</p> <p>One runner in each team took on the additional challenge of trying to run all of their teams legs which two successfully completed.</p> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| BB | Bob Bond | 52.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| BL | Bryan Lomas | 200.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| BS | Bill Southgate | 60.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| CB | Chris Booth | 20.1 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| DG | Des Gosling | 72.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| HS | Harry Stubbs | 62.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| IP | Ian Page | 40.7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| JK | Jon Kinder | 201.7 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| JL | Jon Leek | 111.9 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| KB | Kevin Berry | 44.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| LS | Laura Stubbs | 70.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| MR | Mark Rogerson | 41.8 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| RC | Robin Carter | 161.0 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| SL | Steve Leach | 59.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| ST | Stephen Turnough | 57.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Runner miles | | | | | | | 1543.4 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Average miles per runner | | | | | | | 77.2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |