January-June



11327 FOLSOM BLVD, RANCHO CORDOVA, CA

TIME: 3-6PM

COST: \$5.00 TO JUMP/\$2 FOR SOCKS

SOCIAL GROUP EVERY MONTH-2017 Fríday Night Club

This is a monthly social group meet up in Elk Grove on the last Friday of each month. This is not a Fly Brave event but Fly Brave attends and has

a great time.

Location: Light of the Valley Church, Elk Grove, CA

FEBRUARY
February 11th, 2017
Valentine Indoor Swimming Party
Swimstitute



11335 Folsom Blvd, Ste. B, Rancho Cordova, CH

Cost: \$5.00 per swimmer, non swimmers are free,

Please RSVP at flybravefoundation Qgmail,com

Max of 85 swimmers allowed,

The pool is heated

MARCH

March 4th, 2017



St. Patty's Pay Indoor Swimming Party

Swimstitute

11335 Folsom Blvd. Ste. B. Rancho Cordova. CA

Cost: \$5.00 per swimmer, non swimmers are free.

Please RSVP at flybravefoundation@gmail.com

Max of 85 swimmers allowed

The pool is heated.

APRIL

Fly Brave Run Club!



We're back for our 2nd season.

6 week Special Needs Run Club

Monday, April 3rd, 2017

5:30-6:30pm

McKinley Park

601 Alhambra Blvd.

Sacramento, CA

Join us in front of the playground, by the picnic tables next to the pond, for a light workout followed by running/walking around the park. The park is 1 mile around. Open to everyone and there is no cost.

We hope to see you there!

Free Autism Awareness Seminar

Fly Brave has partnered with SMUD for offer a free seminar on

April 6th, 2017 at

4:30-7pm

MAY





Open to all special needs ages 14-up.
Saturday, May 27th, 2017
5-8pm
\$10 per person

VC Davis MUND Institute Auditorium 2825 50th Street Sacramento, CA

<u>**JUNE**</u>



Bring your towels, lounge chairs and sunscreen and join us as we kick off summer with good vibes, cupcakes and swimming.

Cottage Pool

Sunday, June 18th

12-2_{pm}

September

Save the Day!

Fly Brave is putting on an Autism Fashion Show/Silent Auction with musical talent from one of our young adults and self-taught pianists, Mark.

Cal Auto Museum

Sunday, September 10th, 2017

4-7pm