



# Kiddos Academy

July 16<sup>th</sup> to July 20<sup>th</sup>



Menu	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> <b>7:30</b> <b>8:30</b>	<ul style="list-style-type: none"> <li>✓ Scrambled Eggs with Potato Cubes</li> <li>✓ Wheat Toast</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ French Toast with Syrup topped with berried or Banana</li> <li>✓ Orange Juice</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Whole Grain Cereal</li> <li>✓ Pineapple</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Oatmeal with Peach topped with Honey</li> <li>✓ Buttermilk Biscuits</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Eggs with Chunks of Roasted Garlic Chicken Sausage</li> <li>✓ Buttered Wheat Toast Bread</li> <li>✓ Banana</li> <li>✓ Milk</li> </ul>
<b>Lunch</b> <b>11:00</b> <b>11:30</b>	<ul style="list-style-type: none"> <li>✓ Chicken and Three-Cheese Mini Tacos</li> <li>✓ Mixed Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Fish Sticks</li> <li>✓ Mac &amp; Cheese</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken &amp; Cheese Ravioli</li> <li>✓ Green Salad &amp; Rach Dressing</li> <li>✓ Wheat Toast Bread</li> <li>✓ Banana</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Breaded Wild Cod</li> <li>✓ Tartar sauce</li> <li>✓ Cream of Mushroom Soup</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Cheeseburger Sliders</li> <li>✓ French Fries &amp; Cheese</li> <li>✓ Mango</li> <li>✓ Milk</li> </ul>
<b>Snack</b> <b>2:00</b> <b>2:30</b>	<ul style="list-style-type: none"> <li>✓ Animal Cracker</li> <li>✓ Pineapple</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken Salad</li> <li>✓ Ritz Crackers</li> <li>✓ Peach</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ WG Honey Graham Crackers</li> <li>✓ Pears</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Soft Pretzels</li> <li>✓ Pears</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Organic String Cheese</li> <li>✓ Wheat Thins Crackers</li> <li>✓ Tropical Fruit</li> <li>✓ Milk</li> </ul>
<b>Dinner</b> <b>4:00</b> <b>5:30</b>	<ul style="list-style-type: none"> <li>✓ Butterball Turkey Burgers on Wheat Bread</li> <li>✓ Chicken Noodle</li> <li>✓ French Fries</li> <li>✓ Mandarin Orange</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Parmesan Encrusted Tilapia</li> <li>✓ French Fries</li> <li>✓ Honey Wheat Rolls</li> <li>✓ Strawberry</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Beef Fajita</li> <li>✓ Refried Beans</li> <li>✓ Honey Wheat Dinner Rolls</li> <li>✓ Pineapple</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Chicken and Monterey Jack Cheese Quesadillas</li> <li>✓ WG Brown Rice</li> <li>✓ Mango</li> <li>✓ Milk</li> </ul>	<ul style="list-style-type: none"> <li>✓ Beef and Broccoli</li> <li>✓ WG Brown Rice</li> <li>✓ Garlic Bread</li> <li>✓ Peach</li> <li>✓ Milk</li> </ul>

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