

Storm Cross Country has Big Numbers, High Hopes

By John Sandstrom

The North Shore Storm cross country team includes runners from Cook County, Silver Bay, and Two Harbors. Their roster has an amazing sixty-eight runners (boys and girls.) Of that roster, eight team members are seniors and fifteen are juniors.

The team has had two meets to date. One was in Cook County at the Pincushion Trail. The girls tied for second place with Proctor behind Duluth East while the boys took fifth. The second meet was in Superior where the girls again placed second. The Jr. High team took first, edging out Duluth East.

Head Coach for the Storm is April Wahlstrom from Cook County, while Keri Bilben coaches the Silver Bay runners and Jeff Packer coaches the Two Harbors team members. Emma Spoon is a Cook County assistant.

Wahlstrom said her favorite moment of the season has been the cross country camp at Mink Lake early in the season "We spent three nights there. Between workouts, we play a lot

of games and have an amazing time just watching the kids be silly. It is a great experience."

Kean Selin, a senior at Cook County is one of the captains, along with fellow seniors Olya Wright of Cook County and Lamar Gordon and Ian Thorpe of Two Harbors. Kean, who dreams of running cross country in college, says, "My responsibility as a captain is to set a good example, encourage and teach our younger teammates, and just be a good leader. I have been spending a lot of time with my fellow captains and getting to know them better. My favorite part of the sport is the camaraderie and the spirit of helping each other grow and improve. We cheer for everyone on the team."

Kean hopes both the girls and boys team can end up at the state meet this season, but at least continue to improve and display great team spirit. "We have a couple of injured runners right now, so that may affect our progress,"

Right now, the team just needs to keep improving and focus on the conference and section meets ahead.

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